



Continuing Education

Fall/Spring 2016-2017



New Rochelle High School

*“Anyone who stops learning is old, whether at 20 or 80.
Anyone who keeps learning stays young.” – Henry Ford*

Welcome to the New Rochelle High School Continuing Education program. It is our goal to present a wide range of courses to the New Rochelle community and beyond. As the program begins to develop and grow, many exciting changes are taking shape. I look forward to offering new learning experiences to all who attend. So whether you are searching to discover a new skill for yourself, or simply want to improve upon an old one, I am confident that our program can satisfy your needs.

*Sincerely,
Maureen Maire
Director of Continuing Education*

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In the administration of its programs and policies, the City School District of New Rochelle does not discriminate on the basis of age, sex, race, creed, color, national origin or disability. It complies with the Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1973, the Americans with Disabilities Act of 1990, and the individuals with Disabilities Act. Inquiries regarding this policy should be referred to: District's Compliance Officer, Dr. Diane Massimo 515 North Avenue New Rochelle, NY 10801-3416 (914) 576-4206.

INFORMATION

The New Rochelle Board of Education maintains an extensive Adult Education program for residents and non residents of New Rochelle. Questions concerning the program can be answered by calling: (914) 576-4547 after 3:00 pm Monday through Thursday evenings only, e-mail: mmaire@nredlearn.org, or in person. The Continuing Education office is located in room 145 at New Rochelle High School.

A minimum of eight students is required for most courses to run. Children under the age of 18 are not permitted to take courses. By submitting the registration form and payment, you are officially enrolling in the program and placed on the class list. We will send you an e-mail confirmation if the class is running, or return your check if the class is canceled.

New Rochelle High School Continuing Education does not assume any responsibility for damage or loss of personal property or injury on or off premises. We reserve the right to cancel under-enrolled courses, change class times and locations or substitute instructors when necessary.

- A. **REGISTER IN PERSON:** Registration runs one month prior to the start date of the class in Room 145 at New Rochelle High School between 3:00 and 8:00 pm Monday through Thursday. The Adult Education office opens daily at 3:00 pm and is closed on Fridays.
- B. **METHODS OF PAYMENT:** We accept Checks, Money Orders, and Cash ONLY. Please provide separate checks for each class that you are registering for. We **do not** accept Credit/Debit cards. **Returned checks will be subject to a bank fee which is usually \$35.00.**
- C. **REGISTER BY MAIL:** Complete the registration form below. Send the form with a check payable to **CITY SCHOOL DISTRICT OF NEW ROCHELLE**, with a self-addressed stamped envelope for confirmation to: DIRECTOR OF CONTINUING EDUCATION, NEW ROCHELLE HIGH SCHOOL, 265 CLOVE ROAD, NEW ROCHELLE, NEW YORK 10801.
- D. **REFUNDS:** The student assumes the risk of **all** changes in business and personal affairs. As such, **refunds are not given unless the class is canceled** by the director.
- E. **SENIOR DISCOUNT:** Upon presentation of proof of age over 65, Senior citizens pay only half the fee (except for Computer courses).
- F. **WEBSITE:** nrhs.nred.org click on Adult Education to find registration forms, course listings, and the latest about the program.

FINE ARTS & CRAFTS

CERAMICS

Mondays 7-9:30 pm

Fall

Spring

Introduces the basics of ceramic production through a variety of hand building techniques and various methods of decorating with glaze.

A materials fee of \$30 must be paid at first class. Class size is limited to 15 students.

G. Fraioli

8 Sessions Room 434

\$125

Starts Monday October 17th-December 12th

Starts Monday February 27th - April 24th

CERAMICS II

Wednesdays 7-9:30 pm

Fall

Spring

Advanced hand building techniques will be introduced along with basic wheel throwing. Introduction to making functional pottery and advanced glazing techniques. **A materials fee of \$30 must be paid at first class.** Class size is limited to 15 students.

G. Fraioli

8 Sessions Room 434 \$125

Starts Wednesday October 19th- Dec. 14th

Starts Wednesday March 1st - April 26th

COLLAGE

Tuesdays 7-9:00 pm

Fall

Spring

Join us for the excitement of making collages whether it be two dimensional or three dimensional using paper, fabric, old photographs and found objects. Themes and project possibilities will be offered for participants to consider. Technical advice on what papers, materials and adhesives to use will also be discussed. To inspire us we'll look at the work of famous artists who made collages such as Robert Motherwell, Kurt Schwitters and Hannah Hoch among others. We'll also create ways to find, collect and store materials for ongoing work. **There is a \$20.00 materials fee.**

S. Miller

8 Sessions Room 430

\$125

Starts Tuesday October 18th - December 13th

Starts Tuesday February 28th - April 25th

CROCHET BEGINNER/INTERMEDIATE

Mondays 7-9:00 pm

Fall

Spring

This class offers an introduction to the world of crochet. Step by step hands-on instruction into basic crochet stitches that will include projects such as change purses, granny squares, infinity scarves, slouchy hats, men's and women's slippers. **Students must bring their own supplies.**

M. Tarantino

8 Sessions Room 203

\$125

Starts Monday October 17th - December 12th

Starts Monday February 27th - April 24th

Don't be the reason your class doesn't run!

Register early: Classes are cancelled for under-enrollment several days in advance. We recommend that you register **TWO** weeks in advance of the course start date.

FINE ARTS & CRAFTS Cont...

DRAWING I: Seeing

Wednesdays 7-9:00 pm

Fall

Spring

Grow artistically by exploring the fundamentals of drawing. Study drawing techniques for creating volume, space, light, color, composition and concept with the use of graphite, charcoal, soft and hard pastels and watercolors. You will investigate gesture and expressiveness as it relates to drawing issues. We will work with still life, on landscapes ("en plein air") as well as the figure through short and sustained model poses. Materials Fee: \$20

S. Seaboldt & S. Miller

8 Sessions Room 430 \$125

Starts Wednesday October 19th - December 14th

Starts Wednesday March 1st - April 26th

DRAWING II: Drawing Dynamics

Wednesdays 7-9:00 pm

Fall

Spring

A continuance of the many issues from Drawing 1, but now students will learn to express personal interests through individual projects. Materials Fee: \$20

S. Seaboldt & S. Miller

8 Sessions Room 430 \$125

Starts Wednesday October 19th - December 14th

Starts Wednesday March 1st - April 26th

JEWELRY ENAMELING

N. Pottberg-Zahour

Thursdays 7-9:30 pm

8 Sessions Room 424 \$125

Fall Starts Thursday October 20th - December 15th

Spring Starts Thursday March 2nd - April 27th

Learn the ancient art of enamel jewelry. Start creating a colorful pendant in your first class! Use a small jeweler's kiln to meld colored glass on to copper, silver and precious metal. No prior jewelry experience necessary. Bring your ideas and creativity to class. A materials fee of \$45 must be paid at the first class.

KNITTING

A. Giunta

Wednesdays 7-9:00 pm

8 Sessions Store \$125

Fall Starts Wednesday October 19th - December 14th

Spring Starts Wednesday March 1st - April 26th

This course offers step by step instruction in knitting and crocheting as well as following directions in pattern books and making attractive small garments, such as hats, scarves, vests, and sweaters. **Students must supply all of their own materials.**

SAVE THE CATALOG!

Use this catalog to register for the spring session:

Extra registration forms are provided in the back. Spring registration begins in January.

COMPUTER & TECHNOLOGY

BASIC PC

C. Ruby

Wednesdays 6:30-7:30 pm

8 Sessions Room 236 \$125

Fall Starts Wednesday October 19th - December 14th

Spring Starts Wednesday March 1st - April 26th

In this course, you will learn the basics of using computers: hardware, software and operating systems like Windows. No experience with computers is required. **Senior discount does not apply.**

KEYBOARDING

C. Ruby

Wednesdays 7:30-8:30 pm

8 Sessions Room 236 \$125

Fall Starts Wednesday October 19th - December 14th

Spring Starts Wednesday March 1st - April 26th

Designed for individuals who have little to no training in typing or keyboarding. This course introduces students to techniques that will allow them to progress past pecking at keys. Students memorize the order of the keys and practice typing for speed and accuracy. The course stresses typing without looking at the computer keyboard or backtracking to fix mistakes. **Senior discount does not apply.**

MICROSOFT EXCEL & POWERPOINT

C. Dellicarpini

Thursdays 8-9:00 pm

8 Sessions Room Library Comp. Lab \$125

Fall Starts Thursday October 20th - December 15th

Spring Starts Thursday March 2nd - April 27th

In this course, you will learn the most important topics of Microsoft Excel & Powerpoint. Basic experience with Windows is assumed. You will learn how to build, edit, design and format worksheets, charts and slideshows. Basic PC knowledge is required. This is not a certificate bearing class. **Senior discount does not apply.**

MICROSOFT WORD

C. Ruby

Thursdays 6:30-7:30 pm

8 Sessions Room 236 \$125

Fall Starts Thursday October 20th - December 15th

Spring Starts Thursday March 2nd - April 27th

This is an introduction to Word Processing. Learn how to create and edit documents, control the appearance of text, move and copy data, spell check, cut, paste and merge documents. All of the basic operational functions of this program will be covered. Basic PC knowledge is required. This is not a certificate bearing class. **Senior Discount does not apply.**

HEALTH & FITNESS

PILATES

L. Lynn

Thursdays 7-8:00

12 Sessions Room 1103 \$150

Fall Starts Thursday October 20th- January 19th

Spring Starts Thursday March 2nd - May 25th

This particular form of exercise concentrates on using the mind to direct targeted muscle groups. This can be achieved through focusing on back muscles that control posture, core movements, overall balance, and support of the spine. Breathing forms the foundation for all of the movements and will be taught for maximum results.

SWIMMING I

P. Williams

Tuesdays/Thursdays 7:30-8:30

12 Sessions Room Pool \$150

Fall Starts Tuesday October 18th – December 1st

Spring Starts Tuesday February 28th- April 6th

The objective of this course is to give the individual basic water safety skills and swimming knowledge. This first course is for the non-swimmer/novice.

SWIMMING II

P. Williams

Tuesdays/Thursdays 8:30-9:30

12 Sessions Room Pool \$150

Fall Starts Tuesday October 18th – December 1st

Spring Starts Tuesday February 28th- April 6th

The objective of this course is to further the individual's water safety skills and swimming knowledge. This second course is for the individual who knows how to swim or has taken Swimming I.

WATER AEROBICS

L. Zeiss

Mondays/Wednesdays 7:30-8:30

12 Sessions Room Pool \$150

Fall Starts Monday October 17th-November 30th

Spring Starts Monday February 27th - April 5th

An exciting cardiovascular workout set to music, complete with warm-up, a choreographed workout, cool down and stretching. This is an opportunity to add a new twist to your fitness routine. Water aerobics is a workout with minimal impact on your body. Open to swimmers and non-swimmers.

YOGA I

E. Pecora

Tuesdays 7-8:00

12 Sessions Room Library \$150

Fall Starts Tuesday October 18th –January 17th

Spring Starts Tuesday February 28th-May 23rd

Yoga is an ancient system of physical education for the harmonious development of body and mind. We will study stretching postures, which bring the physical, mental and emotional bodies into harmony. We will also study breath control with different breathing techniques.

LANGUAGES

GERMAN FOR BEGINNERS

L. Guy

Wednesdays 6:30-8:00 pm 12 Sessions Room 1215 \$150

Fall Starts Wednesday October 19th – January 18th

Spring Starts Wednesday March 1st - May 24th

This introductory class focuses on the acquisition of vocabulary, sentence building, proper pronunciation, idiomatic expression and grammar in a casual fun setting. The students will learn to speak German by relating to objects and situations starting with greetings, basic conversation, the home, the office, the town, the weather, etc. **An English/German dictionary is needed.**

BEGINNING ITALIAN

G. Di Salvo

Mondays 8:30-10:00 pm 12 Sessions Room 121 \$150

Fall Starts Monday October 17th – February 6th

Spring Starts Monday February 22nd - May 22nd

This is an introductory course designed to provide the beginning student with an opportunity to master correct pronunciation, basic grammar, idiomatic expressions, and the confidence to speak Italian. Readings and exercises come from the textbook *Italian is Fun* available the first night of class for \$25.

INTERMEDIATE/ADVANCED ITALIAN

G. Di Salvo

Mondays 7-8:30 pm 12 Sessions Room 121 \$150

Fall Starts Monday October 17th – February 6th

Spring Starts Monday February 22nd - May 22nd

Previous Italian instruction is a pre-requisite for this course. Students will continue learning grammar, expressions, verbs (past, present and future) adjectives, contractions, etc. Readings and exercises come from the textbook *Avventure in Citta* which is available the first night of class for \$25.

BEGINNING SPANISH

M. Mejia

Tuesdays 7-8:30 pm 12 Sessions Room 215 \$150

Fall Starts Tuesday October 18th – January 17th

Spring Starts Tuesday February 28th – May 23rd

This class focuses on vocabulary, structured sentences, expressions and grammar. Readings, short compositions, written and oral exercises come from the textbook *Spanish is Fun* which is available the first night of class for \$25.

INTERMEDIATE/ADVANCED SPANISH

M. Mejia

Thursdays 7-8:30 pm 12 Sessions Room 215 \$150

Fall Starts Thursday October 20th - January 19th

Spring Starts Thursday March 2nd - May 25th

Previous Spanish instruction is a pre-requisite for this course. It is a continuation of Beginning Spanish. Further readings, short compositions, written and oral exercises come from the textbook *Spanish is Fun* which is available the first night of class for \$25.

MUSIC & DANCE

ARGENTINE TANGO DANCING

K. Cresent

Mondays 6:30-8:00 pm

10 Sessions

Room 1103 \$125

Fall Starts Monday October 17th – January 9th

Spring Starts Monday February 27th - May 8th

Learn the basic elements and steps of this romantic dance. We will study posture, the tango walk, and making your way around the dance floor. The only requirements are your enthusiasm and a pair of shoes with leather soles.

BELLY DANCING

M. & A. Searles

Thursdays 6:30-7:30 pm 10 Sessions Room 431 \$125

Fall Starts Thursday October 20th - January 5th

Spring Starts Thursday March 2nd - May 11th

Learn the basics of Middle Eastern Belly Dancing. We will begin with the basic core movements and advance to techniques for creating and applying them harmoniously and gracefully to music.

PIANO I

Mondays 7-8:00 pm

Fall

Spring

No previous training is required for this course which offers the basic foundations in piano. The course involves keyboard theory and theory in music notation that will enable the student to read music and to correlate it to the keyboard. Keyboards are supplied in class, however, you are welcome to bring your own.

M. Jeraci

8 Sessions Room 158

\$100

Starts Monday October 17th – December 12th

Starts Monday February 27th – April 24th

RECREATION

MAH JONGG

Mondays 7:00-8:00 pm

Fall

Spring

Mah Jongg is a fascinating rummy-like game played with tiles rather than cards. The game originated in China dating back to the time of Confucius. There are several versions of Mah Jongg but each fall under two broad categories: American Mah Jongg and Chinese Mah Jongg. In this class, you will learn the tile names, rules, strategies and tactics of the game.

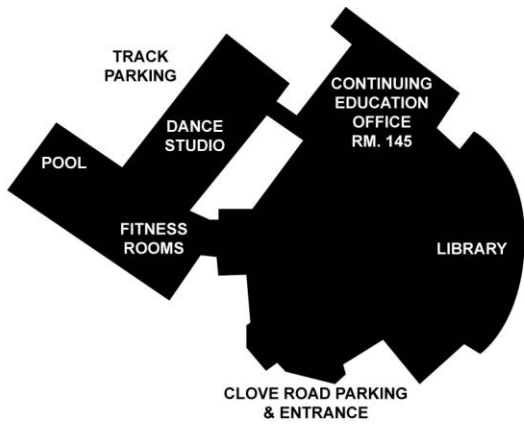
R. Klenosky

8 Sessions Room 207

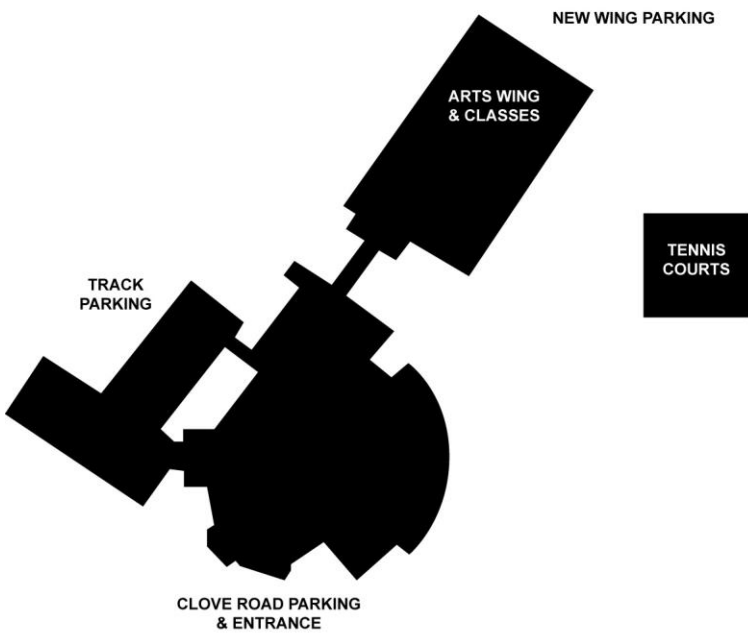
\$100

Starts Monday October 17th – December 12th

Starts Monday February 27th – April 24th



FIRST FLOOR



SECOND FLOOR

2016-2017 SCHOOL CLOSINGS

October 31, 2016	Halloween
November 8, 2016	Election Day
November 23-24, 2016	Thanksgiving Recess
December 26 - Jan. 2, 2017	Holiday Recess
January 16, 2017	Martin Luther King Jr. Day
January 23-27, 2017	Regents Exams
February 20-24, 2017	Winter Recess
April 10-14	Spring Break
May 29 - 30, 2017	Memorial Day

nrhs.nred.org

Click on Adult Education To Find Updated Information, School Closing Information & Schedule Changes.

REMINDER!!!

In an effort to be environmentally sound, we have combined our Fall and Spring Catalog. Save your catalog or this page as a reminder to visit our website in February for our Spring registration.

Fall Mail-in Registration begins
September 6, 2016

In-person Registration begins
September 19, 2016

Spring Mail-in Registration begins
January 3, ²⁰¹⁷

In-person Registration begins
February 6, 2017

Please visit our website at
nrhs.nred.org
(914) 576-4547
[*mmaire@nredlearn.org*](mailto:mmaire@nredlearn.org)

FALL REGISTRATION FORMS

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

SPRING REGISTRATION FORMS

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior (Proof Provided)

Paid By: _____ Receipt#: _____

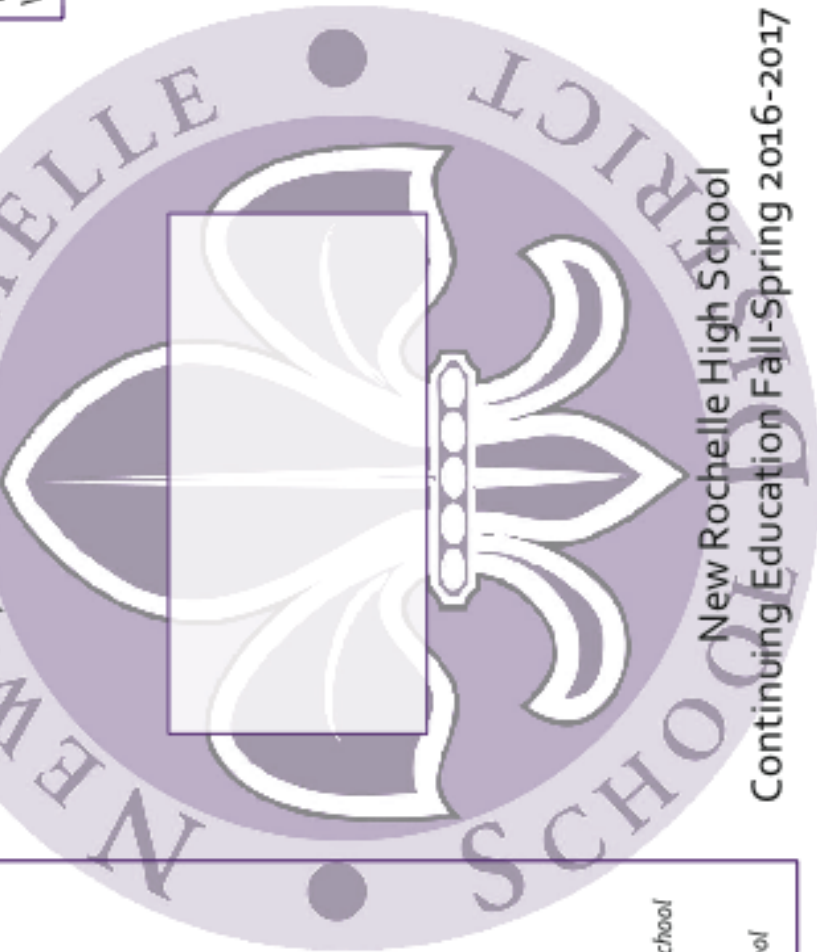
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Continuing Education
New Rochelle High School
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