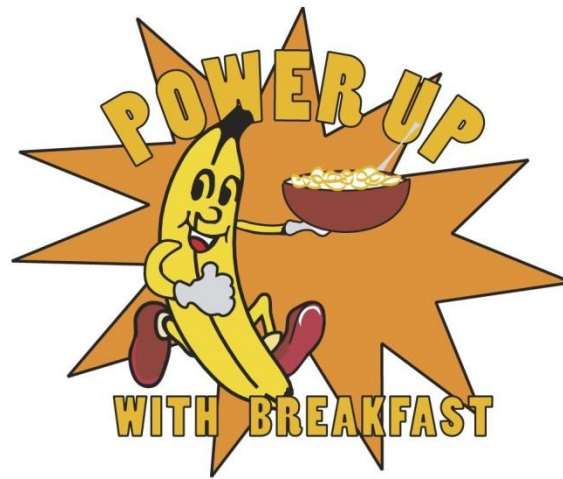


# **East Canton Schools offer breakfast every day school is in session.**

**\$1.25 Student price  
\$1.25 Adult price**



## **WHY EAT BREAKFAST?**

- **It's a great way to spend time with friends.**
- **Breakfast at school cost less than at the convenience store.**
- **Eating breakfast gives your brain energy to think clearly in your classes and gets you "charged up" for the day.**
- **Breakfast has vitamins and nutrients for a strong and healthy body.**
- **Starting the day with a healthy breakfast revs your metabolism and keeps it going strong for the rest of the day.**
- **Studies show that when you eat breakfast, you are less likely to overeat during the day.**

**This institution is an equal opportunity provider.**