

PARENT INFORMATION- IMPORTANT **NOTICE**

From the Health Services **Department** **January 2017**

The City School District of New Rochelle has been selected to participate in a survey by the New York State Department of Health (NYSDOH) on BMI. BMI, body mass index, is a measure used to determine if a person is in a healthy weight range. It is calculated based on an individual's height and weight. BMI is now part of the routine physical examination performed by your child's health care practitioner.

After calculating BMI, a "weight status category" is determined and reflects whether the weight range is healthy, too high, or too low. This is the information that we will be providing to NYSDOH. Our students who attended Kindergarten and grades 2, 4, 7, and 10 for the 2015-2016 school year (in other words students currently in Grades 1,3,5,8 and 11) will be included in this survey. No names and no information about individuals are sent to NYSDOH. Only a summary of the data is provided.

It is your option to have your child's information excluded from the survey report. If you do not wish to have your child's weight status category information shared, you need to make this request in writing. A form for this purpose is available on the Health Services page of www.nred.org, from your School Nurse, the Health Services Department at 576-4264. Forms are due in the Health Services Office by January 23. Our fax number is 914-632-3371.