

## Bullying Behavior Chart

<b>Physical Bullying</b> Harm to someone's body or property		<b>Emotional Bullying</b> Harm to someone's self-esteem or feeling of safety		<b>Social Bullying</b> Harm to someone's group acceptance	
<i>Verbal</i>	<i>Nonverbal</i>	<i>Verbal</i>	<i>Nonverbal</i>	<i>Verbal</i>	<i>Nonverbal</i>
<b>LEVEL ONE</b>					
<ul style="list-style-type: none"> <li>Expressing physical superiority</li> <li>Blaming the victim for starting the conflict</li> </ul>	<ul style="list-style-type: none"> <li>Making threatening gestures</li> <li>Defacing property</li> <li>Pushing/shoving</li> <li>Taking small items from others</li> </ul>	<ul style="list-style-type: none"> <li>Insulting remarks</li> <li>Calling names</li> <li>Teasing about possessions, clothes, physical appearance</li> </ul>	<ul style="list-style-type: none"> <li>Giving dirty looks</li> <li>Holding nose or other insulting gestures</li> </ul>	<ul style="list-style-type: none"> <li>Gossiping</li> <li>Starting or spreading rumors</li> <li>Teasing publicly about clothes, looks, relationships with boys/girls, etc.</li> </ul>	<ul style="list-style-type: none"> <li>Ignoring someone and excluding them from a group</li> </ul>
<b>LEVEL TWO (some of these behaviors are against the law)</b>					
<ul style="list-style-type: none"> <li>Threatening physical harm</li> </ul>	<ul style="list-style-type: none"> <li>Damaging property</li> <li>Stealing</li> <li>Starting fights</li> <li>Scratching or biting</li> <li>Pushing, tripping, or causing a fall</li> <li>Assaulting</li> </ul>	<ul style="list-style-type: none"> <li>Insulting family</li> <li>Harassing with phone calls</li> <li>Insulting your size, intelligence, athletic ability, race, color, religion, ethnicity, gender, disability, or sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li>Defacing school work or other personal property, such as clothing, locker, or books</li> <li>Saying someone is related to a person considered an enemy of this country (e.g., Osama bin Laden)</li> </ul>	<ul style="list-style-type: none"> <li>Ostracizing using notes, Instant Messaging, e-mail, etc.</li> <li>Posting slander in public places (such as writing derogatory comments about someone in the school bathroom)</li> </ul>	<ul style="list-style-type: none"> <li>Playing mean tricks to embarrass someone</li> </ul>
<b>LEVEL THREE (most of these behaviors are against the law)</b>					
<ul style="list-style-type: none"> <li>Making repeated and/or graphic threats (harassing)</li> <li>Practicing extortion (such as taking lunch money)</li> <li>Threatening to keep someone silent: "If you tell, it will be a lot worse!"</li> </ul>	<ul style="list-style-type: none"> <li>Destroying property</li> <li>Setting fires</li> <li>Physical cruelty</li> <li>Repeatedly acting in a violent, threatening manner</li> <li>Assaulting with a weapon</li> </ul>	<ul style="list-style-type: none"> <li>Harassing you because of bias against your race, color, religion, ethnicity, gender, disability, or sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li>Destroying personal property, such as clothing, books, jewelry</li> <li>Writing graffiti with bias against your race, color, religion, ethnicity, gender, disability, or sexual orientation</li> </ul>	<ul style="list-style-type: none"> <li>Enforcing total group exclusion against someone by threatening others if they don't comply</li> </ul>	<ul style="list-style-type: none"> <li>Arranging public humiliation</li> </ul>