

DATE: July 2015
TO: All Superintendents and 5A/6A Principals
FROM: Charles Breithaupt, Executive Director
SUBJECT: Orientation of UIL Sponsors, Advisors, Coaches, and Directors

Section 21 of the UIL *Constitution and Contest Rules* requires the superintendent to provide an annual orientation for all grade 9-12 UIL directors, sponsors, advisors and coaches regarding League rules, expectations, goals, purposes and appropriate conduct during UIL contests. The orientation is intended to emphasize the leadership of the superintendent in providing consistent competition within the rules, which is crucial to the success of your UIL programs.

The Legislative Council is aware of the demands on the time and energies of the superintendent. Accordingly, this responsibility may be delegated to appropriate staff members. Please instruct the administrator of each campus for students in grades 9-12 in your district to conduct an orientation for all UIL directors, advisors, sponsors and coaches near the beginning of the school year. You may have separate orientation sessions for academic coaches, music directors and athletic coaches at a time close to the beginning of their respective contest seasons.

The UIL staff has prepared the attached agenda materials and rules update. Please use as much or as little of it as appropriate for your school(s). These materials are being sent electronically to all superintendents and to principals of all 5A and 6A schools. As you will note, the agenda contains only topics with the location of detailed information about the topic. You may personalize the presentation to fit your school's needs.

ACADEMIC REQUIREMENTS (NO PASS, NO PLAY)

Eligibility for UIL Participants For The First Six Weeks

UIL participants are eligible to participate in contests during the first six weeks of the school year provided the following standards have been met:

- Students beginning grades nine and below must have been academically advanced from the previous grade prior to the beginning of the current school year. Note: “Placed” and “promoted” are viewed synonymously in regards to UIL participation.
- Students beginning their second year of high school must have earned five credits which count toward state high school graduation requirements.
- Students beginning their third year of high school either must have earned a total of ten credits which count toward state high school graduation credits or a total of five credits which count toward state high school graduation requirements must have been earned during the 12 months preceding the first day of the current school year.
- Students beginning their fourth year of high school either must have earned a total of 15 credits which count toward state high school graduation credits or a total of five credits which count toward state high school graduation requirements must have been earned during the 12 months preceding the first day of the current school year.

Exceptions:

- (a) When a migrant student enrolls for the first time during a school year, all criteria cited above applies. All other students who enroll too late to earn a passing grade for a grading period are ineligible.
- (b) High school students transferring from out-of-state may be eligible the first six weeks of school if they meet the criteria cited above or school officials are able to determine that they would have been eligible if they had remained in the out-of-state school from which they are transferring.

Students who are not in compliance with these provisions may request a hardship appeal of their academic eligibility through the UIL state office.

Local school boards may elect to adopt these standards for all activities to avoid having different standards for student participants (e.g., football, drill team, cheerleading, and all other extracurricular activities as defined by State Board of Education rule [TAC Chapter §76]).

Eligibility For All Extracurricular Participants After The First Six Weeks Of The School Year

A student who receives a grade below 70 at the end of any grading period (after the first six weeks of the school year) in any academic class (other than an honors class as defined in TAC Chapter 74.30) or a student with disabilities who fails to meet the standards in the Individual Education Plan (IEP) may not participate in extracurricular activities for at least three school weeks. An ineligible student may practice or rehearse, however. The student regains eligibility when the principal and teachers determine that he or she has: (1) earned a passing grade (70 or above) in all academic classes, other than honors classes as defined in TAC Chapter 74.30 and (2) completed the three school weeks of ineligibility and seven calendar day waiting period.

All schools must check grades for all participants at the end of the first six weeks of the school year. From that point, grades are checked at the end of the grading period whether it is six, nine, or twelve weeks in length. Students who pass remain eligible until the end of the next grading period.

Dr. Jamey Harrison is the UIL staff member responsible for this area. If he is unavailable, Dr. Kevin Jones can assist you.

Your leadership in all UIL matters is vital to the success of the League. Please call me or any member of the staff if we can assist you in any way.

UNIVERSITY INTERSCHOLASTIC LEAGUE
Directors, Sponsors, and Coaches Orientation
2015-2016

I. Purposes and Philosophy of the UIL

- Academic: Section 901 of the *Constitution and Contest Rules*
Music: Sections 1100 and 1101 of the *Constitution and Contest Rules*
Athletic: Sections 1200 and 1201 of the *Constitution and Contest Rules*
Section 1401 - 7th and 8th grade purposes.

II. Eligibility

Academic and music eligibility requirements are different from athletic eligibility. Please see the attached sheet for general requirements and the *Constitution and Contest Rules* for specific information.

	<u>High School</u>	<u>Elementary/Junior High</u>
Academic:	Sections 400 and 420	Section 1405
Music:	Sections 400, 430 and 1102	Section 1102
Athletic:	Sections 400, 440 and 1205	Section 1400 and 1478

III. Rules for Practice, Games and Contests

- Academic: Section 901 through Section 1034 (Specific contests are outlined separately)
Music: Section 1102 through Section 1115
Athletic: Sections 1206 and Section 1208, and pertinent athletic sections (i.e., football, baseball, etc.)
Athletic manuals: Please note the requirement in Section 1208 that a coach will receive an automatic penalty for being ejected from a contest.

NOTE: The *Constitution and Contest Rules* can be found on the UIL web site at www.uiltexas.org.

IV. Local Plan for Hosting Games, Meets and Contests

The home school is responsible for facilities, officials and security. Responsibility should be designated in each of the UIL contest areas.

V. Coordinated Communications with the UIL Staff

Designate who will make the contact. If communication within a school is good, one phone call should be sufficient. In some instances, multiple people from a school will contact different UIL staff members with slightly different fact situations about a question, possibly obtaining slightly different answers. It is always helpful if full and consistent information is furnished.

VI. Local Behavior Expectations. Outline Methods to Achieve Expectations:

- A. Coaches, directors and sponsors
- B. Student participants
- C. Fans

VII. Goal Settings and Value Objectives:

- A. School
- B. Academic department
- C. Music department
- D. Athletic department

VIII. Other Local Items

- A. Budget for each program
- B. Scheduling to reduce loss of school time
- C. No Pass, No Play

2015-16 GENERAL ELIGIBILITY RULES

According to UIL standards, students are eligible to represent their school in interscholastic activities if they:

- have not graduated from high school,
- are full-time, day students in the school, and have been in regular attendance at the school since the 6th class day of the present school year, or have been in regular attendance for 15 or more calendar days before the contest or competition,
- meet the UIL academic standard for the first six weeks of the school year found on page 1 of this document,
- are in compliance with state law and rules of the State Board of Education,
- are enrolled in a four year program of high school courses, and initially enrolled in the 9th grade not more than 4 years ago nor in the 10th grade not more than 3 years ago,
- were not recruited,
- are not in violation of the awards rule, and
- meet the specific eligibility requirements for academic, music and/or athletic competition.

NOTE: Any time a student changes schools, UIL staff strongly recommends the school check the residence of the parent(s) for varsity athletic participation and to be sure that the student complies with local transfer and admission policies. If the student has been continuously enrolled in and attending school for one calendar year and the parents leave the attendance zone, check to be sure that the student complies with local admission and transfer policies. (See Section 440.)

Understanding Rules for Scheduling Contests in Grades 9-12

- Schedules-The following combines state law, State Board of Education regulations, and UIL rules which can be found in the TEA-UIL Side-by-Side (available on the UIL website). The Texas Education Agency allows participation in one contest per school week. Participation is defined as involvement with the activity (e.g., traveling with the team, sitting on the bench). Example: On Tuesday night, the student's name is on the score book but she remains on the bench and does not actually enter the game. This counts as participation according to state law. That student cannot participate again until Friday after school. UIL limits participation in contests per calendar week in some sports. Participation is defined as a student actually entering a contest. Example: On Tuesday night, the student's name is on the scorebook but the student remains on the bench and does not actually enter the game. This does not count as participation in a UIL contest according to UIL but does count according to state law. That student cannot participate again until Friday after school. The Tuesday game does not count as one of the games UIL permits the student to participate in for that calendar week or for the season because the student did not go in the game.
- *Constitution and Contest Rules: Section 5: Definitions*
 - (a) Calendar week means 12:01 a.m. on Sunday through midnight on Saturday.
 - (y) School week means the week beginning at 12:01 a.m. on the first instructional day of a calendar week and ending at the close of instruction on the last instructional day of the calendar week, excluding holidays.
- Texas Administrative Code (TAC)
 - (1) One contest per school week: School districts shall adopt policies limiting extra-curricular activities from the beginning of the school week through the end of the school week (excluding holidays) by scheduling no more than one contest or performance per activity per student.
Exception: Tournaments and post-season competition, as well as district varsity contests postponed by weather or public disaster, may also be scheduled during the school week.
 - (2) Eight-hour practice rule: School districts shall adopt policies limiting extra-curricular activities from the beginning of the school week through the end of the school week (excluding holidays) by limiting practice outside the school day to a maximum of eight hours per school week per activity.

For the purposes of this regulation, the following situations are considered as one contest during the school week.

Volleyball:

- (1) A single match.
- (2) A dual match (a team plays two other teams or plays the same team twice at the same site on the same day.) A dual match counts as one of the two matches UIL permits students per calendar week and counts as two of the total matches for the student per season.)

- (3) A double header (a student may play in a varsity and a junior varsity match or a ninth grade and a varsity match at the same site the same night). A double header counts as the total two allowable matches UIL permits the student for the calendar week and counts as two of the total matches for the season.

Students could also play in a tournament the same week they participate in a single match, dual match, or double header.

Basketball and Soccer:

- (1) A single game; or
- (2) a double header (a student may play in a varsity and a junior varsity game or a ninth grade and a junior varsity game at the same site the same night). It counts as the two total games the student may play for the calendar week and two of the total games for the season.

Students may not play in a tournament the same week as they play in a double header.

Cross Country, Golf, Swimming, Team Tennis, Tennis, Wrestling:

An invitational meet/tournament, dual or triangular, competition. Schools shall not enter invitational tournaments/meets scheduled on more than one school day per any one tournament.

Baseball/Softball:

- (1) A single game; or
- (2) a double header (a student could play two back-to-back varsity games or in a varsity and junior varsity game, at the same site the same night. Each game counts as one of the student's total games for the season.)

Students may play in additional games at the conclusion of that school week because UIL does not limit the number of games per calendar week in these two team sports.

For State regulations and UIL policies and procedures, please check the UIL website at www.uiltexas.org for the *TEA & UIL Side X Side* manual.

Track and Field:

Students or teams representing a participant school are permitted to participate in an invitational track and field meet only as listed below:

- (1) After 2:30 on Friday or the last day of the school week, or as early as the end of the academic school day for all participating schools on a day preceding a holiday or break. **EXCEPTION:** A student representing a participant school may participate in a maximum of two meets which start no earlier than 12:00 noon on Friday.
- (2) Or on Saturday or school holidays;
- (3) Or on any school day other than the last day of the school week with the following conditions:
 - (a) Students shall not miss any school time other than the in-school athletic class period.
 - (b) Events shall not begin until after the end of the academic school day for all schools involved.
 - (c) Schools utilizing this option are limited to a one day meet.
 - (d) A school or student participating in this type of meet shall not enter another track and field meet during the same school week, Monday through Friday.
 - (e) No event shall start after 10:00 p.m.

Remember that the superintendent or a designee of the superintendent is responsible for approving all athletic schedules.

Dates and times for cross country, golf, swimming, team tennis, tennis, and track and field practices (involving a school coach and student athletes from that coach's attendance zone) that are scheduled during the summer vacation shall be pre-approved by the superintendent or his designee.

2015-16 UIL Academic Contest Information

Study Materials, Handbooks and Manuals

Be sure your coaches and academic coordinators are well prepared! They must have the most recent rules and contest procedures available in the handbooks and manuals that are updated annually. The high school study packets available from UIL contain the tests and answer keys from the previous contest year.

Study Materials, handbooks and manuals may be ordered from the UIL for high school contests. Many are available for free download from the website or digital copies are available in the Online Store for a minimal cost (<http://uiltexas.org/store>). Materials may also be ordered through a form on the website (<http://www.uiltexas.org/academics/resources/forms>).

Student Activities Conference Dates

The UIL will conduct four Student Activity Conferences this fall, featuring all the high school academic events at these four sites.

September 12	Tyler Junior College, Tyler
September 19	Texas Tech University, Lubbock
October 31	University of Texas-Austin
November 7	Sam Houston State University, Huntsville

- They're free! No pre-registration needed.
- Sessions will include discussions on contest preparation, demonstrations, performances and contest administration.
- The conferences begin at 9 a.m. and end at 1:30 p.m.
- Conferences feature lectures and presentations by UIL contest directors, college professors and high school teachers designed for beginning students, advanced students coaches, and academic coordinators.
- Students may choose from novice and advanced sessions in some academic areas, as well as small-group sessions in specific UIL activities.
- Tentative programs for each site will be posted on the UIL web site, and final programs will be available at each site.

Academic Competition Dates

Congress District (Pilot)	November 2-November 14
CX Debate District	January 4 - February 13
Student Film Contest (Pilot) Early Deadline	January 18
Theatrical Design Competition Entry Deadline	February 5
Congress State (Pilot)	January 11-13
Film Contest Entry Deadline	January 21
Barbara Jordan Historical and Latino History Essay Competition	March 11
CX Debate State	March 14-15 or 18-19
First Week for Academic District	March 21-26
Last Week for Academic District	April 1-6
One-Act Play Zone, District & Bi-district final date	April 2
Area One-Act Play	April 7-9
Regional Academic and One-Act Play	April 21-23
State Robotics Competition	May 20-21
State Academic and One-Act Play	May 23-25

2014-15 Testing Schedules

The Commissioner of Education encourages districts to avoid scheduling extracurricular activities or public performances the day or the evening before the administration of the Texas Assessment of Academic Readiness (STAAR) or Texas Assessment of Academic Readiness (TAKS) for grades 3-11.

CHAPTER 33. SERVICE PROGRAMS AND EXTRACURRICULAR ACTIVITIES SUBCHAPTER D.

§ 33.0812. SCHEDULING EXTRACURRICULAR ACTIVITIES PROHIBITED IN CERTAIN CIRCUMSTANCES.

- (a) The State Board of Education by rule shall prohibit participation in a University Interscholastic League area, regional, or state competition:
 - (1) on Monday through Thursday of the school week in which the primary administration of assessment instruments under Section 39.023(a), (c), or (1) occurs; or
 - (2) if the primary administration of the assessment instruments is completed before Thursday of the school week, beginning on Monday and ending on the last school day on which the assessment instruments are administered.

Districts are encouraged to consider the impact on students involved in the testing program before scheduling any extracurricular activity during this time period.

For current testing schedules, please refer to the following web sites:

TAKS/STAAR:	www.tea.state.tx.us
SAT, PSAT/NMSQT, AP:	www.collegeboard.com
ACT:	www.act.org

2015-2016 Rule Changes

All amendments are effective for the 2015-2016 school year, unless otherwise noted.

Constitution

- *Pilot Program* – Authorizes development of a pilot robotics competition for UIL Academics.
- *Pilot Program* – Authorizes development and pilot testing for 2nd grade and 7th/8th grade versions of the A+ Music Memory contest. The pilot would allow Music Memory to also serve as a pilot test for a new divisional structure that could be applied to other A+ events.
- *Pilot Program* – Authorizes development and pilot testing of a computer science event for A+ Academics.
- *Pilot Program* – Authorizes development of a copy editing contest as a pilot program for the 2015-16 school year.
- *Pilot Program* – Creates a state marching band contest pilot for 1A for the fall of 2015. 1A bands that receive an overall 1st division rating at the region contest would be certified to advance directly to the state contest.
- *Pilot Program* – Creates a State Mariachi Contest pilot for the 2015-16 school year. Mariachi ensembles that receive a Division I rating at the region medium ensemble contest would be eligible.
- *Volleyball Coaches Manual* – Creates a separate championship for Conference A volleyball for the 2015-16 school year.

High School Academic Contests

- *Section 1033 (c)(2)* – Allows schools that violate rules listed under 1033 (c)(2) to receive individual acting awards and would require that they attend the critique..
- *Section 1105 (g)(3)* – Adds an additional tiebreaker in the high school individual speaking events. This would apply to Prose and Poetry Interpretation, Informative and Persuasive Speaking contests.
- *Section 1024 (d)* – Eliminates the speaker at the state level for the Feature Writing Contest.

Music

- *Section 1108 (e)(3)* – Extends to students in 10th, 11th, or 12th grade the opportunity to enter a Class 3 Solo or Ensemble at the Region Solo and Ensemble Contest.
- *Section 1105 (g)(3)* – Modifies and standardizes the procedure for announcing each marching band at the region, area, and state marching band contests.
- *Section 1106 (j)(4)(5)* – Modifies the formula used to determine the number of bands advancing from the Area Marching Band Contest to the State Marching Band Contest.
- *Section 1105 (g)(5)* – Clarifies that a generator or DC power source may be placed on the field to provide power to electronic equipment.
- *Section 1112 (a)(12)* – Increases adjudicator honorariums for organization events from a maximum of \$250 per day to a maximum of \$300 per day and increase overtime from \$50 to \$60 for each hour over a scheduled eight-hour day. For solo and ensemble events the amendment would increase the honorarium from a maximum of \$200 per day to a maximum of \$250 per day and increase overtime from \$37.50 to \$50 for each hour over a scheduled eight-hour day.

High School Athletic Contests

- *Pilot* – for the 2015 football season in 6A football only, provides home field advantage to the higher seed in the first round of the playoffs.
- *Athletic Coaches Manuals* – Increases the number of teams advancing to the playoffs from each district from three (3) to four (4) for all conference 2A varsity team sports.
- *Section 1204 (m)(6)* – Fee payment approval for Swimming & Diving Officials.

- *Section 1230 (c)(2) and 1270 (d)(2)* – Allows teams and participants in basketball and soccer to participate in three (3) games per day in a one day tournament scheduled on a Saturday.
- *Section 1310 (g)(2)(B)* –Allows for the elimination of the championship and third place matches at the area meet in Team Tennis.
- *Section 1310 (d)(1)* – Changes the Team Tennis scoring format in both singles and doubles to a ten (10) point tiebreaker in lieu of a third set, when the first two sets are split.

Jr. High School Athletic Contests

- *Pilot Program* – Allows 5A and 6A high schools a three-day tryout period in May for sixth graders in preparation for seventh grade participation (for the 14-15 and 15-16 school years).

Athletic Rules Books

Be sure your coaches all have rules books for the activities they coach. The conduct that causes an automatic penalty to coaches for unsportsmanlike conduct is defined in the athletic rules books cited below. Be sure your staff is informed and has studied the rules of the game prior to their first contest.

Some coaches are penalized for breaking a rule due to lack of knowledge. If they have a rules book for their sport, they could avoid inadvertently breaking rules. **Superintendents should remind coaches that they are responsible for having access to UIL sports manuals and playing rules books at all times and that they are responsible for purchasing rules books prior to the first game.**

The UIL does not sell athletic rules books; however, each high school is mailed a complimentary copy of the following rules books: NCAA Football Rules, NFHS Volleyball Rules, NFHS Basketball Rules (one for girls' coach and one for boys' coach), NFHS Soccer Rules, NFHS Softball Rules, NFHS Baseball Rules. Rules books may be ordered from the appropriate organization listed below.

BASEBALL, BASKETBALL, SOCCER, SOFTBALL, TRACK & FIELD, VOLLEYBALL, WRESTLING
NFHS Customer Service
PO Box 361246
Indianapolis, IN 46236-5324
1-800-776-3462
FAX 1-317-899-7496
www.nfhs.com

GOLF
United States Golf Assoc. Order Dept
P.O. Box 2000
Far Hills, NJ 07931
1-800-336-4446
FAX 1-908-234-1472
www.usgapubs.com

TENNIS
USTA Online Store
Attention: Orders
2605 East Oakley Park Road, Suite C
Commerce Township, MI 48390
1-800-677-0275
FAX: 1-248-313-0393
www.ustashop.com

FOOTBALL
NCAA Publications
P.O. Box 361147
Indianapolis, IN 46236-5323
1-888-388-9748
FAX 1-317-899-7496
<http://ncaa.publications.com>

Cheerleading Guidelines

The UIL requires schools to follow the guidelines found in the NFHS *Spirit Rules Book* for cheerleading stunts during UIL contests. We also encourage schools to do the same for all cheer events. The ordering information is the same as for the National Federation rules books listed above.

Rules Compliance Program

The Legislative Council approved the UIL Rules Compliance Program (RCP) that is required for coaches and athletic trainers of grades 7-12. The RCP includes information from the UIL Constitution and Contest Rules (C&CR) and incorporates a section devoted to ethics and sportsmanship to replace COPE.

The RCP also satisfies the state requirements for safety training and steroid education.

The RCP, available on the UIL web site, provides a single source for athletic coaches and trainers to understand UIL rules.

As required by Section 1208 of the *UIL Constitution and Contest Rules*, all coaches shall complete the Rules Compliance Program prior to their sport season.

Section 1208: ATHLETIC REGULATIONS

(i) UIL RULES COMPLIANCE PROGRAM.

- (1) All coaches shall annually complete the UIL Rules Compliance Program prescribed by the UIL prior to their sport season.
- (2) The names of coaches who complete the UIL Rules Compliance Program will be kept on file by the school.

(j) MINIMUM PENALTY FOR MISCONDUCT.

- (1) *Automatic Minimum Penalty.* Any coach who is ejected from a contest for unsportsmanlike conduct, or any football coach who is given two or more 15-yard unsportsmanlike penalties during a contest may accept an automatic penalty for their ejection or appeal the ejection. A coach who appeals their ejection is required to appear before the State Executive Committee. If the coach accepts their automatic penalty or their ejection is not overturned on appeal, the coach will be subject to:
 - (A) an automatic penalty of public reprimand (name will be published once in the Leaguer) and one year's probation in the applicable sport; and
 - (B) completing an additional UIL Rules Compliance Program; and
 - (C) completing the National Federation of State High School Associations Teaching and Modeling Behavior Course.
- (2) *Automatic Greater Penalty.* If a coach so penalized has no proof of having completed the UIL Rules Compliance Program prior to the sports season that coach shall also be automatically suspended from the next game/contest.
- (3) *Subsequent Violations.* Any further ejection or accumulation of two 15-yard unsportsmanlike penalties during a football game, while on probation, will require the coach to appear before the State Executive Committee for consideration of penalty.
- (4) *Notification.* Schools shall notify the UIL within three school days if a coach has been ejected from a game or received two 15-yard unsportsmanlike penalties.

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INCREASING BENEFITS OF COMPETITION

HOW TO INCREASE THE BENEFITS OF ACADEMIC COMPETITION

- Appoint a campus coordinator for UIL academic contests. This person will be responsible for all materials, information and mailings regarding UIL academics, including the UIL website and the online *Leaguer*. This person will also distribute the *UIL Constitution & Contest Rules* and calendars to all sponsors and coaches.
- Emphasize academic competition. Recruit outstanding teachers to coach academic contests and pay them a stipend based on their number of contact hours outside the classroom with students.
- Insure that all UIL academic contest dates are placed on your school's master calendar as soon as possible to avoid conflicts with proms, athletics, band, etc.
- Plan a detailed budget and implementation schedule. Order study packets for contests using the Academic Order Form found online.
- Encourage the campus coordinator to attend the district planning meeting, typically held in August or early September, and provide input on setting the schedule to follow the conflict pattern. Approve a spring meet schedule at this meeting and disseminate to all schools immediately afterwards.
- Campus coordinators should be instructed to prepare academic team rules, regulations and procedures. This might include everything from where to meet on the day of a trip to listing requirements for financial liability. Even if your school is not hosting the district meet, order or download a copy of the Spring Meet Handbook from the UIL website and review it.
- Make arrangements for academic coaches and students to attend a UIL Student Activities Conference and/or the summer Capital Conference for academic coaches, coordinators, one-act play directors and speech/debate coaches.
- Find tournaments or practice meets for students to attend. Check the UIL website for meets.
- Deadline for academic district meet entries submitted via the UIL Spring Meet Online Entry System is 10 days before district meet.
- Seniors who have participated in the State Meet anytime during their high school career are eligible to submit an online TILF scholarship application.
- Create a booster club for students competing in UIL and other academic competitions.
- Request local media coverage for academic and fine arts activities.

HOW TO INCREASE THE BENEFITS OF MUSIC COMPETITION

- In word and action, emphasize the importance of the music, not the importance of the contest.
- Establish goals that stress progress towards musical goals rather than Division One ratings and trophies.
- Constantly take steps to enlighten students and patrons regarding the fact that success in contests is an outgrowth of learning and not an end in itself.
- Prepare students, administrators, and patrons for the subjective adjudication of music competition.
- Allow time after any competition to reflect upon the achievement of musical goals rather than the results of the contest.

HOW TO INCREASE THE BENEFITS OF ATHLETIC COMPETITION

- Teach the value of fitness: exercise, nutrition, self-awareness.
- Give student athletes thorough physical examinations and proper equipment.
- To the School Board: Clarify goals of athletics with the students' welfare being the central concern.
- To the Superintendent: Clarify educational goals of the athletic program with coaches, parents and fans. Include these goals in the job descriptions, and hire qualified people who will work toward these goals.
- To the Coach: Work with students to set personal and teams goals and achieve them. Goals should include studies and sportsmanship, as well as the skills for the game.
- To the Coach: Care about students even more than the sport. Know the players and help them handle pressure.
- To the Coach: Use your tremendous influence to help athletes set and attain high scholastic and behavior goals appropriate for individuals in the limelight of public attention.
- Cultivate good attitudes: "Give 100% no matter what the outcome."
- Recognize students' accomplishments in academics, athletics, and other activities.
- Encourage the media to recognize the academic as well as athletic progress of players.
- Continue in-service programs for sponsors, coaches and administrators. Include information on what behavior is expected of coaches and players and what is not tolerated. Explain the importance of emotional control during practice and games.