

# ENGLEWOOD ATHLETICS

Englewood Public School District - 274 Knickerbocker Road Englewood, NJ 07631

## ***HOME OF THE MAROON RAIDERS***



### SPORTS PHYSICAL PACKET

- ✓ Please read over all information on this coversheet regarding Student/Parent Guide for Athletic Participation in the Englewood School District.
- ✓ Please read all related information/documents that are listed individually in the Athletic Participation Forms section included on our district Athletic Website.
- ✓ ***Please print, sign-off on and return to the Athletic Office the following documents:***

#### THE SPORTS PHYSICAL PACKET CONTAINS THE FOLLOWING:

- Student Athlete ER Contact Info & Parent/Guardian Athletic Consent & Emergency Medical Release Sign-off sheet
- Athletic Code of Conduct & Sign-off Sheet (3 pages)
- Concussion Consent (Sports-Related Concussion & Head Injury Fact Sheet & P/G Acknowledgement Form)
- Sudden Cardiac Death in Young Athletes Sign-off Sheet
- 2018 – 2019 NJSIAA Banned Drugs
- NJSIAA Steroid Testing Consent (NJSIAA Steroid Testing Consent Policy/Consent To Random Testing)
- Opioid Sign-off (Use & Misuse of Opioid Drugs Fact Sheet – Student Athlete & P/G Sign-Off)
- Health History Update Questionnaire (Each student whose physical examination was completed more than 90 days prior to the first day of official practice/try-outs shall provide a health history update questionnaire completed and signed by student's parent or guardian.)
- Sport Physical – Preparticipation Physical Evaluation (4 pages) (Physical Exam is required every year. **A physical is valid for an entire calendar year (365 days).**
  - ✓ Page 1 – History Form – **To be filled out by student & parent.**
  - ✓ Page 2 - The Athlete w/ Special Needs: Supplemental History Form - **To be filled out by student & parent.**
  - ✓ Page 3 – Physical Examination Form – **To be filled out by physician.**
  - ✓ Page 4 – Clearance Form – **To be filled out by physician.**

**\*ALL PACKETS MUST BE RETURNED TO DMHS ATHLETIC DEPARTMENT.**

**\*THE ENTIRE PACKET MUST BE COMPLETED WITH PROPER SIGNATURES FOR A STUDENT ATHLETE TO BEGIN PARTICIPATION IN ANY SPORT.**

## Student Athlete Emergency Contact Info

Student's Name: \_\_\_\_\_

Grade: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Parental/Guardian Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Place: \_\_\_\_\_

Alternate Contact #1 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Place: \_\_\_\_\_

Alternate Contact #1 Name: \_\_\_\_\_ Relationship: \_\_\_\_\_

Home Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_

Work Place: \_\_\_\_\_

## Parental/Guardian Athletic Consent & Emergency Medical Release

**I \_\_\_\_\_; do hereby give permission to the attending physician to give medical assistance to my child in the case of an emergency in my absence.**

*Parental/Guardian Signature:* \_\_\_\_\_

**I give permission for my child \_\_\_\_\_'s photo/image and all other personal identifiers including but not limited to name, height, weight, jersey number, position, grade and/or awards given to be published on the school and/or district's public internet site.**

*Parental/Guardian Signature:* \_\_\_\_\_ *Date* \_\_\_\_\_

*Student Signature:* \_\_\_\_\_ *Date* \_\_\_\_\_

**Englewood Public Schools Athletic Department**  
**274 Knickerbocker Road Englewood, NJ 07631**  
**(201) 862-6047; 6107**

**Athletic Code of Conduct**

All student athletes participating in both the high school and middle school interscholastic athletic programs are held to the highest standard of character and sportsmanship. Each coach will issue our Board of Education Athletic Code of Conduct contract. The Code of Conduct must be signed by both the participant and his/her parent or guardian and returned to the coach prior to the first interscholastic contest. Failure to do so may result in delays of participation.

**Academic Eligibility:**

- The New Jersey Interscholastic Athletic Association (NJSIAA) Rules and Regulations regarding eligibility are mandatory. In addition, Englewood School District Board of Education has adopted the following guidelines for students participating in all school athletics.
- All 7<sup>th</sup> and 8<sup>th</sup> grade students must pass all classes and maintain a grade point average of 2.0 in the most recent semester to be eligible for athletics. Failure of any classes constitutes removal from the athletic team for that season.
- A 9<sup>th</sup> grade student will automatically be eligible in his/her first semester. All 9<sup>th</sup> – 12<sup>th</sup> grade students are to be eligible for athletic competition during the first semester (September 1 to January 31) a pupil must have passed 25% of the credits (30) required by the state of New Jersey for graduation (120), during the immediately preceding academic year. To be eligible for athletic competition during in the second semester (Feb. 1 to June 30), a pupil must have passed the equivalent of 12.5% of the (15) required by the New Jersey for graduation (120) at the close of the preceding semester (Jan 31). Full-year courses shall be equated as one-half of the total credits to be gained for the full year to determine credits passed during the immediately preceding semester.
- All student must maintain a minimum grade point average of 2.0 for participation.
- These academic requirements will apply to all cheerleaders, student managers, student trainers and athletes. Athletes struggling academically must attend tutorials offered by the teachers or with the athletic tutor for as long as the Athletic Director deems necessary. Failure to attend any assigned tutorials or abide by individual academic/behavior contract can warrant removal from co-curricular activities.

**Age Eligibility:**

A student cannot participate if he/she has reached the age of 19 prior to September 1<sup>st</sup> of the current year. A 9<sup>th</sup> grade student cannot reach the age of 16 prior to September 1<sup>st</sup> of his/her freshman year.

**Attendance Eligibility**

In order for students to participate in a scheduled athletic event, practice, or school function, he/she must be in school on the day of the event or the last day of school prior to the Saturday event based on the following time frame:

1. Entry school by 8:00am – no note required-eligible to practice or play

2. Entry to school between 8:46am – 9:46am note required, approved by Athletic Director upon approval, eligible to practice or play
3. Entry after 9:50am – note required or not eligible to play or practice

An excuse from a doctor or prior written approval from the director of athletics or administrator is the only VALID excuse.

Excessive absenteeism, tardiness, and cutting classes or lack of participation in physical education class will not be tolerated and can warrant removal from any curricular activity. Students that are unprepared for physical education class on the day of an athletic contest or practice may not compete or practice. The offenses justify the removal from a team at the discretion of the Director of Athletics.

#### **Athletic Equipment Accountability**

Athletic equipment used by student participants must be returned or paid for at the end of the sports season and prior to the insurance of any awards or recognition. Equipment will not be issued for any upcoming season until all equipment accounts are cleared from the preceding season.

#### **Awards**

Awards are to be considered a privilege. They, therefore, can be revoked or recalled (including violations of any Athletic Code Policies).

#### **Cause for Suspension from an Athletic Team**

To be eligible, a student must have an acceptable academic, citizenship, and disciplinary record. Gambling, stealing, the use of tobacco (in any form), possession, sale, and the use of drugs (including steroids), and/or alcoholic beverages are prohibited and will be discipline as follows:

- A. A first offense by violator shall be suspended for a period of at least one week. This will include all games and practices.
- B. Additional expenses for the same violation listed above will result in his/her dismissal for the remaining part of the season, involving intervention with the Director of Athletics.
- C. In addition, Board Policies and the Student Handbook, clearly detail all aspects of drugs, alcohol, substance use and abuse, including other sanctions.

Suspension for a cause other than the above mentioned is at the discretion of the Athletic Director, Athletic Academic Facilitator, and/or coach. These violations include, but are not limited to insubordination, profanity, fighting, un-sportsmanship like conduct, and unexcused absence from practice, unsatisfactory attitude, and a failure to follow any additional rules and regulations that athletic department deems necessary to maintain discipline and facilitate the efficient execution of daily procedures. Discipline referrals and school suspensions are justification for suspension a removal from a team.

**Conflicting Activities during Sports Season**

Prior to the start of any season, and athletes must realize his/her obligation to the team and refrain from scheduling any conflicting activity during that season.

**Injuries**

Any athlete, who sustains an injury during a school related athletic activity, must report it to his/her coach IMMEDIATELY, who in turn will report it to the Athletic Trainer. The Athletic Trainer will then be responsible for providing the information to the school nurse. If any injury occurs outside of school, it must be reported to the coach prior to the athlete's next practice or game.

**Transportation to and from Athletic Events**

No student-athlete is permitted to use personal transportation to or from any away athletic event. Official school transportation will be provided, originating at the school and returns to the school. In a family emergency, this rule will be waived if prior approval is given by the Director of Athletics.

**Personal Conduct:**

As an athlete, pride in your school, team and yourself is all part of a good sportsmanship. Your pride is reflected in your personal conduct. Student athletes will not violate the rules of common decency with each other. They shall respect the authority of coaches and other school staff and shall conform to request made by them.

In addition, an athlete's appearance should be a matter of pride, which means cleanliness and neatness in dress and equipment. Student athletes are expected to dress properly when representing their team and school at any athletic or academic function.

\_\_\_\_\_  
Athlete's Name (PRINT)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Athlete's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian's Name (PRINT)

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date