

# **2018 – 2019 DMHS WINTER SPORTS** **TRYOUTS/START DATES**

## **BOYS BASKETBALL**

- TRYOUTS START: NOVEMBER 19, 2018
- PRACTICE STARTS: NOVEMBER 26, 2018

## **GIRLS BASKETBALL**

- TRYOUTS START: NOVEMBER 19, 2018
- PRACTICE STARTS: NOVEMBER 26, 2018

## **BOWLING**

- SEASON STARTS: NOVEMBER 12, 2018

## **INDOOR TRACK & FIELD**

- TRYOUTS START: NOVEMBER 19, 2018
- PRACTICE STARTS: NOVEMBER 26, 2018

## **WRESTLING**

- TRYOUTS START: NOVEMBER 19, 2018
- PRACTICE STARTS: NOVEMBER 26, 2018

## **MEDICAL INFO:**

**\*NEW ATHLETES NEED TO SUBMIT A COMPLETED SPORT PHYSICAL PACKET BY NOVEMBER 12 TO BE ELIGIBLE TO PARTICIPATE ON NOVEMBER 19.**

**\*IF A STUDENTS WHO PLAYED A FALL SPORT AND HAVE AN UPDATED PHYSICAL ON FILE, ONLY NEED TO FILL OUT AND RETURN THE HEALTH HISTORY UPDATE QUESTIONNAIRE FORM BY MONDAY, NOVEMBER 12.**

**\*ANY QUESTIONS CONTACT ATHLETIC DIRECTOR OR ATHLETIC TRAINER**

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***RAIDER NATION!***