

Continuing Education: Fall Spring 2018-2019



NEW ROCHELLE HIGH SCHOOL

***“Anyone who stops learning is old, whether at 20 or 80.
Anyone who keeps learning stays young.” – Henry Ford***

Welcome to the New Rochelle High School Continuing Education program. It is our goal to present a wide range of courses to the New Rochelle community and beyond. As the program begins to develop and grow, many exciting changes are taking shape. I look forward to offering new learning experiences to all who attend. So whether you are searching to discover a new skill for yourself, or simply want to improve upon an old one, I am confident that our program can satisfy your needs.

Sincerely,

Maureen Maire

Director of Continuing Education

In the administration of its programs and policies, the City School District of New Rochelle does not discriminate on the basis of age, sex, race, creed, color, national origin or disability. It complies with the Title VI of the Civil Rights Act of 1964, Title IX of the Education Amendments of 1972, Section 504 of the Rehabilitation Act of 1973, the Age Discrimination Act of 1973, the Americans with Disabilities Act of 1990, and the individuals with Disabilities Act. Inquiries regarding this policy should be referred to: District's Compliance Officer 515 North Avenue New Rochelle, NY 10801-3416 (914) 576-4213.

INFORMATION

The New Rochelle Board of Education maintains an extensive Adult Education program for residents and non residents of New Rochelle. Questions concerning the program can be answered by calling: (914) 576-4547 after 3:00 pm Monday through Thursday evenings only, e-mail: mmaire@nredlearn.org, or in person. The Continuing Education office is located in room 145 at New Rochelle High School.

A minimum of eight students is required for most courses to run. **Children under the age of 18 are not permitted to take courses.** By submitting the registration form and payment, you are officially enrolling in the program and placed on the class list. We will send you an e-mail confirmation if the class is running, or return your check if the class is canceled.

New Rochelle High School Continuing Education does not assume any responsibility for damage or loss of personal property or injury on or off premises. We reserve the right to cancel under-enrolled courses, change class times and locations or substitute instructors when necessary.

- A. **REGISTER IN PERSON & ON LINE:** Registration runs one month prior to the start date of the class in Room 145 at New Rochelle High School between 3:00 and 8:00 pm Monday through Thursday. The Adult Education office opens daily at 3:00 pm and is closed on Fridays. ON LINE REGISTRATION IS SIMPLE AND EASY AND CAN BE DONE ANY TIME BY GOING TO THE LINK ON THE NRHS WEBSITE. nrhs.nred.org click on Adult Education to find registration forms, course listings, and the latest about the program.
- B. **METHODS OF PAYMENT:** We accept Checks, Money Orders, and Cash and ON LINE REGISTRATION TAKES CREDIT/DEBIT CARDS. Please provide separate checks for each class that you are registering for. **Returned checks will be subject to a bank fee which is usually \$35.00.**
- C. **REGISTER BY MAIL:** Complete the registration form below. Send the form with a check payable to **CITY SCHOOL DISTRICT OF NEW ROCHELLE**, with a self-addressed stamped envelope for confirmation to: DIRECTOR OF CONTINUING EDUCATION, NEW ROCHELLE HIGH SCHOOL, 265 CLOVE ROAD, NEW ROCHELLE, NEW YORK 10801.
- D. **REFUNDS:** The student assumes the risk of **all** changes in business and personal affairs. As such, **refunds are not given unless the class is canceled** by the director.
- E. **SENIOR DISCOUNT:** Upon presentation of proof of age over 65, Senior citizens pay only half the fee (except for Computer and Real Estate courses).

FINE ARTS & CRAFTS

CERAMICS

G. Fraioli

Mondays 7-9:30 pm

8 Sessions Room 434

\$125

Fall Starts Monday October 15th - December 10th ***Spring***

Starts

Monday February 11th - May 6th

Introduces the basics of ceramic production through a variety of hand building techniques and various methods of decorating with glaze. **A materials fee of \$30 must be paid at first class.** Class size is limited to 15 students.

CERAMICS II

G. Fraioli

Wednesdays 7-9:30 pm

8 Sessions

Room 434

\$125

Fall

Starts Wednesday October 17th - Dec. 19th

Spring Starts Wednesday February 13th - April 10th Advanced hand building techniques will be introduced along with basic wheel throwing. Introduction to making functional pottery and advanced glazing techniques. **A materials fee of \$30 must be paid at first class.** Class size is limited to 15 students.

CROCHET BEGINNER/INTERMEDIATE

M. Tarantino

Thursdays 7-9:00 pm

8 Sessions Room 203

\$125

Fall

Starts Thursday October 18th - December 13th

Spring

Starts Thursday Feb. 14th - April 11th Crochet

Amigurumi!

Step by step instruction in the art of Amigurumi. Learn to crochet any type of stuffed toy whether it be an animal, doll, ball, etc. Great for gift giving!

This class includes but is not limited to projects such as: 5" doll and clothes, stuffed Octopus, small - large balls, lil' monster, pumpkin and intricate appliques.

You will also learn creative techniques that can be applied to other crochet projects!

Students must bring their own supplies.

DRAWING I: Seeing

V. Rolett

Wednesdays 7-9:00 pm

8 Sessions

Room 430

\$125

Fall

Starts Wednesday October 17th - December 19th

Spring

Starts Wednesday February 13th - April 10th

Start, renew, or enhance your artistic growth by investigating the fundamentals of drawing. Study perceptual drawing techniques for creating volume, space, light, color, composition and concept with the use of graphite, charcoal, soft and hard pastels and watercolors. We will work with still life, on landscapes as well as the figure. Materials Fee: \$20

FINE ARTS & CRAFTS

JEWELRY ENAMELING

N. Pottberg-Zahour

Thursdays 7-9:30 pm 8 Sessions Room 424 \$125

Fall Starts Thursday October 18th- December 13th

Spring Starts Thursday February 14th - April 11th

Learn the ancient art of enamel jewelry. Start creating a colorful pendant in your first class! Use a small jeweler's kiln to meld colored glass on to copper, silver and precious metal. No prior jewelry experience necessary. Bring your ideas and creativity to class. A materials fee of \$45 must be paid at the first class.

KNITTING

A. Giunta

Wednesdays 7-9:00 pm 8 Sessions Store \$125

Fall Starts Wednesday October 17th- December 19th

Spring Starts Wednesday February 13th - April 10th

This course offers step by step instruction in knitting and crocheting as well as following directions in pattern books and making attractive small garments, such as hats, scarves, vests, and sweaters. **Students must supply all of their own materials.**

COMPUTER & TECHNOLOGY

BASIC PC

C. Ruby

Wednesdays 6:30-7:30 pm 8 Sessions Room 236 \$125

Fall Starts Wednesday October 17th- December 19th

Spring Starts Wednesday February 13th - April 10th

In this course, you will learn the basics of using computers: hardware, software and operating systems like Windows. No experience with computers is required. **Senior discount does not apply.**

KEYBOARDING

C. Ruby

Wednesdays 7:30-8:30 pm 8 Sessions Room 236 \$125

Fall Starts Wednesday October 17th- December 19th

Spring Starts Wednesday February 13th - April 10th

Designed for individuals who have little to no training in typing or keyboarding. This course introduces students to techniques that will allow them to progress past pecking at keys. Students memorize the order of the keys and practice typing for speed and accuracy. The course stresses typing without looking at the computer keyboard or backtracking to fix mistakes. **Senior discount does not apply.**

MICROSOFT EXCEL & POWERPOINT C. Dellicarpini

Thursdays 8-9:00 pm 8 Sessions Room Library Comp. Lab \$125

Fall Starts Thursday October 18th- December 13th

Spring Starts Thursday Feb. 14th - April 11th

In this course, you will learn the most important topics of Microsoft Excel & Powerpoint. Basic experience with Windows is assumed. You will learn how to build, edit, design and format worksheets, charts and slideshows. Basic PC knowledge is required. This is not a certificate bearing class. **Senior discount does not apply.**

MICROSOFT WORD C. Ruby

Thursdays 6:30-7:30 pm 8 Sessions Room 236 \$125

Fall Starts Thursday October 18th- December 13th

Spring Starts Thursday Feb. 14th - April 11th

This is an introduction to Word Processing. Learn how to create and edit documents, control the appearance of text, move and copy data, spell check, cut, paste and merge documents. All of the basic operational functions of this program will be covered. Basic PC knowledge is required. This is not a certificate bearing class. **Senior Discount does not apply.**

HEALTH & FITNESS

PILATES L. Lynn

Thursdays 7-8:00 12 Sessions Room 1103 \$150

Fall Starts Thursday October 18th- January 3rd

Spring Starts Thursday Feb. 14th - May 2nd

This particular form of exercise concentrates on using the mind to direct targeted muscle groups. This can be achieved through focusing on back muscles that control posture, core movements, overall balance, and support of the spine. Breathing forms the foundation for all of the movements and will be taught for maximum results.

SWIMMING I P. Williams

Tuesdays/Thursdays 7:30-8:30 12 Sessions Room Pool \$150

Fall Starts Tuesday October 16th – November

29th **Spring** Starts Tuesday February 12th- March 28th

The objective of this course is to give the individual basic water safety skills and swimming knowledge. This first course is for the non-swimmer/novice.

SWIMMING II

P. Williams

Tuesdays/Thursdays 8:30-9:30

12 Sessions Room Pool \$150

Fall

Starts Tuesday October 16th – November 29th

Spring

Starts Tuesday February 12th- March 28th

The objective of this course is to further the individual's water safety skills and swimming knowledge. This second course is for the individual who knows how to swim or has taken Swimming I.

WATER AEROBICS

L. Zeiss

Mondays/Wednesdays 7:30-8:30

12 Sessions Room Pool \$150

Fall

Starts Monday October 15th – December 3rd

Spring

Starts Monday February 11th - April 1st

An exciting cardiovascular workout set to music, complete with warm-up, a choreographed workout, cool down and stretching. This is an opportunity to add a new twist to your fitness routine. Water aerobics is a workout with minimal impact on your body. Open to swimmers and non-swimmers.

YOGA I

E. Pecora

Tuesdays 7-8:00

12 Sessions Room Library \$150

Fall

Starts Tuesday October 16th –February 5th

Spring

Starts Tuesday February 12th-May 14th

Yoga is an ancient system of physical education for the harmonious development of body and mind. We will study stretching postures, which bring the physical, mental and emotional bodies into harmony. We will also study breath control with different breathing techniques.

Don't be the reason your class doesn't run!

Register early: Classes are cancelled for under-enrollment several days in advance. We recommend that you register **TWO** weeks in advance of the course start date.

LANGUAGES

GERMAN FOR BEGINNERS

L. Guy

Wednesdays 6:30-8:00 pm 12 Sessions Room 215 \$150

Fall Starts Wednesday October 17th – February 6th

Spring Starts Wednesday February 13th - May 15th

This introductory class focuses on the acquisition of vocabulary, sentence building, proper pronunciation, idiomatic expression and grammar in a casual fun setting. The students will learn to speak German by relating to objects and situations starting with greetings, basic conversation, the home, the office, the town, the weather, etc. **An English/German dictionary is needed.**

BEGINNING ITALIAN

G. Di Salvo

Mondays 8:30-10:00 pm 12 Sessions Room 121 \$150

Fall Starts Monday October 15th – February 11th **Spring**

Starts Monday Feb. 25th - June 10th

This is an introductory course designed to provide the beginning student with an opportunity to master correct pronunciation, basic grammar, idiomatic expressions, and the confidence to speak Italian. Readings and exercises come from the textbook *Italian is Fun* available the first night of class for \$25.

INTERMEDIATE/ADVANCED ITALIAN

G. Di Salvo

Mondays 7-8:30 pm 12 Sessions Room 121 \$150

Fall Starts Monday October 15th – February 11th **Spring**

Starts Monday Feb. 25th - June 10th

Previous Italian instruction is a pre-requisite for this course. Students will continue learning grammar, expressions, verbs (past, present and future) adjectives, contractions, etc. Readings and exercises come from the textbook *Avventure in Citta* which is available the first night of class for \$25.

BEGINNING SPANISH

M. Mejia

Tuesdays 7-8:30 pm 12 Sessions Room 215 \$150 **Fall**

Starts Tuesday October 16th – February 5th

Spring Starts Tuesday February 12th – May 22nd

This class focuses on vocabulary, structured sentences, expressions and grammar. Readings, short compositions, written and oral exercises come from the textbook *Spanish is Fun* which is available the first night of class for \$25.

INTERMEDIATE/ADVANCED SPANISH

M. Mejia

Thursdays 7-8:30 pm

12 Sessions Room 215

\$150

Fall

Starts Thursday October 19th- January 18th

Spring

Starts Thursday March 1st - May 24th

Previous Spanish instruction is a pre-requisite for this course. It is a continuation of Beginning Spanish. Further readings, short compositions, written and oral exercises come from the textbook *Spanish is Fun* which is available the first night of class for \$25.

MUSIC & DANCE

ARGENTINE TANGO DANCING

K. Cresent

Mondays 6:30-8:00 pm

10 Sessions

Room 1103

\$125

Fall

Starts Monday October 16th – January 8th

Spring

Starts Monday February 26th - May 21st

Learn the basic elements and steps of this romantic dance. We will study posture, the tango walk, and making your way around the dance floor. The only requirements are your enthusiasm and a pair of shoes with leather soles.

BELLY DANCING

M. & A. Searles

Thursdays 6:30-7:30 pm

10 Sessions

Room 431

\$125

Fall

Starts Thursday October 19th- January 4th

Spring

Starts Thursday March 1st - May 10th

Learn the basics of Middle Eastern Belly Dancing. We will begin with the basic core movements and advance to techniques for creating and applying them harmoniously and gracefully to music.

PIANO I

M. Jeraci

Mondays 7-8:00 pm

8 Sessions Room 158

\$100

Fall

Starts Monday October 16th– December 11th

Spring

Starts Monday February 26th – May 7th

No previous training is required for this course which offers the basic foundations in piano. The course involves keyboard theory and theory in music notation that will enable the student to read music and to correlate it to the keyboard. Keyboards are supplied in class, however, you are welcome to bring your own.

RECREATION

MAH JONGG

R. Klenosky

Mondays 7:00-8:00 pm

8 Sessions Room 207

\$100

Fall

Starts Monday October 16th –December 11th

Spring

Starts Monday February 26th – May 7th

Mah Jongg is a fascinating rummy-like game played with tiles rather than cards. The game originated in China dating back to the time of Confucius. There are several versions of Mah Jongg but each fall under two broad categories: American Mah Jongg and Chinese Mah Jongg. In this class, you will learn the tile names, rules, strategies and tactics of the game.

SELF IMPROVEMENT

RESUME & CAREER BUILDING

C. DelliCarpini

Thursdays 6:30-7:30 pm

8 Sessions Room Library Comp. Lab \$125

Fall

Starts Thursday October 19th - December 14th

Spring

Starts Thursday March 1st – April 26th

This 8-week course will focus on resume writing, interviewing strategies and basic career readiness skills. Students will learn how to field tough interview questions, take part in in-class activities to identify their strengths and build confidence, and leave with a professionally reviewed resume. Basic computer skills are a plus. Students should bring a hard copy of their current resume to first class.

REAL ESTATE SALES

R. Retta

Tuesdays/Thursdays 6:30-9:30 pm

26 Sessions Room 203

\$350

Fall

Starts Tuesday October 17th –February 6th

Spring

Starts Tuesday February 27th - June 5th

(S. 176) This is a New York State approved course to prepare for the New York State Real Estate Sales Person license examination. New York State requires a 75 hour approved course. The course consists of concentrated instruction and there is no prerequisite. The exam is given on the 26th session. **The textbook is \$65 to be paid on the first night of class.**

DIRECTIONS

Hutchinson River Parkway South

Take exit 18E (Mill Road). Turn right onto Mill Road and proceed to traffic light at North Avenue (bear right at the light). Take North Avenue about 2 miles to Eastchester Road turn right and at the first traffic light turn right onto Clove Road.

Hutchinson River Parkway North

Take exit 14, turn right and then at the light turn left at Eastchester Road. Follow Eastchester Road to the third traffic light (Clove Road and turn left.

New England Thruway (I-95) South

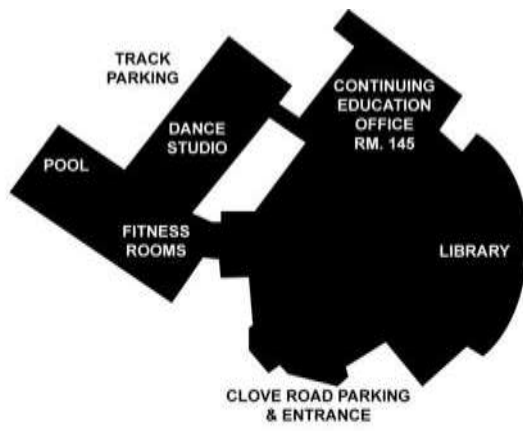
Take exit 16, take a left and follow the signs to North Avenue. At North Avenue, follow about 1 mile (13 traffic lights) to Eastchester Road and turn left. First light on Eastchester Road will be Clove Road, turn right.

New England Thruway (I-95) North

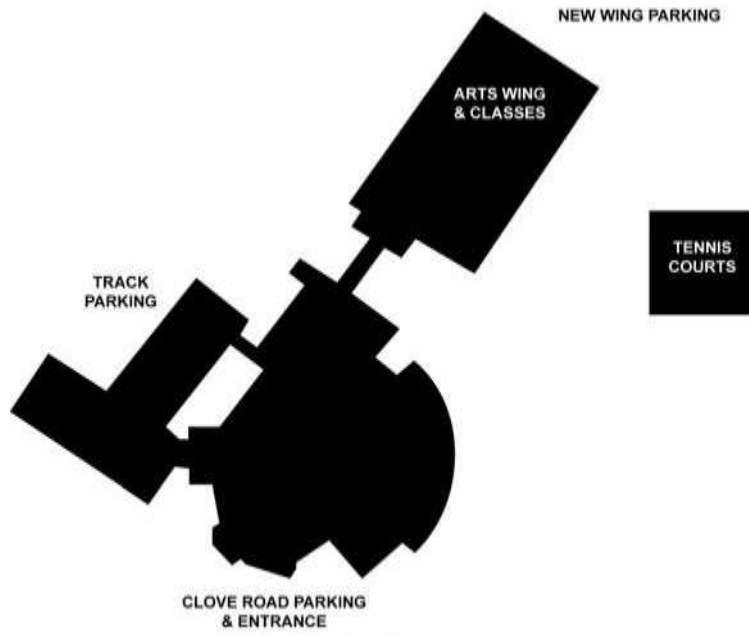
Take exit 16, turn right and go to the first traffic light (North Avenue). At North Avenue make a right, follow about 1 mile (13 traffic lights) to Eastchester Road and turn left. First light on Eastchester Road will be Clove Road, turn right.

Cross County Parkway East

Take exit 10 (New Rochelle Road). Turn right at the stop sign and follow New Rochelle Road to the fourth traffic light (Eastchester Road). At Eastchester Road turn left and follow to the third traffic light (Clove Road). Turn left at Clove Road.



FIRST FLOOR



SECOND FLOOR

2018-2019 SCHOOL CLOSINGS

October 31, 2018	Halloween
November 6, 2018	Election Day
November 21-24, 2018	Thanksgiving Recess
December 26 - Jan. 1, 2019	Holiday Recess
January 21, 2019	Martin Luther King Jr. Day
January 22-31, 2019	Regents Exams
February 4, 2019	Half Day NRHS
February 18-22, 2019	Winter Recess
March 18, 2019	Half Day NRHS
April 15 – 22, 2019	Spring Break
May 27, 2019	Memorial Day

nrhs.nred.org

Click on Adult Education To Find Updated Information, School Closing
Information & Schedule Changes.

REMINDER!!!

In an effort to be environmentally sound, we have combined our Fall and Spring Catalog. Save your catalog or this page as a reminder to visit our website in February for our Spring registration .

Fall Mail-in Registration begins September 5, 2018

In-person Registration begins September 17, 2018

Spring Mail-in Registration begins January 2, 2019

In-person Registration begins February 5, 2019

*Please visit our website at nrhs.nred.org
(914) 576-4547
mmaire@nredlearn.org*

FALL REGISTRATION FORMS

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____ Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

SPRING REGISTRATION FORMS

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____

Senior: (Proof Provided)

Paid By: _____ Receipt#: _____

Name: _____

Address: _____

City: _____ Zip: _____

Telephone: _____

E-Mail: _____

Course: _____

Office Use:

Amount: _____

Senior (Proof Provided)

Paid By: _____ Receipt#: _____

Board of Education Members

Christopher Daniello

Salvador A. Fernandez, Ed.D.

Jeffrey Hastie

Todd Kern

Lianne Merchant

Amy Moselhi

Julia Muggia Ochs

Rachel Reikin

Paul Warhit

Lisdalia Saraiva – *Clerk & Secretary*

Administration

Brian G. Osborne, Ed.D. - *Superintendent of Schools*

Amy Goodman - *Interim Assistant Superintendent*

Magda Parvey, Ed.D. – *Assistant Superintendent / Chief Academic Officer*

Jeffrey White CPA, CGMA – *Assistant Superintendent*

Joseph Williams, Ed.D. – *Assistant Superintendent*

Reginald Richardson – *Principal of New Rochelle High School*

Maureen Maire – *Director of Continuing Education, Extended Day &*

Summer School

Continuing Education - Fall-Spring
2018-2019

New Rochelle High School

265 Clove Road

New Rochelle, NY, 10801

