

Monday	Tuesday	Wednesday	Thursday	Friday
Pesto Pasta Day! Penne Pasta Roasted Chicken/ <i>Chickpeas (V)</i> Roasted Vegetables Fruit Milk <b>2</b>	HALF DAY <b>3</b>  ELECTION DAY PARENT/ TEACHER CONFERENCE DAY  NO LUNCH SERVICE	BBQ Sandwich Pork/ Chicken/ <i>Bean (V)</i> Whole Wheat Bun Roasted Corn Fruit Milk <b>4</b>	Deli Sandwiches Wheat Bread Baby Carrots Fruit Milk <b>5</b>	Whole Grain Pizza (V) Tomato Sauce Mozzarella Cheese Roasted Vegetables Fruit Smoothie/ Fruit Milk <b>6</b>
Penne Pasta Beef & Chicken Meatballs Veggie Meatballs Roasted Vegetables Fruit Milk <b>9</b>	Chicken, Bean, Cheese & Rice Burrito <i>Bean, Cheese &amp; Rice Burrito</i> Roasted Corn Fruit Milk <b>10</b>	NO SCHOOL <b>11</b>  VETERAN'S DAY	Caesar Salad Chicken/ <i>Chickpeas (V)</i> Whole Grain Croutons Romaine Lettuce Fruit Milk <b>12</b>	Whole Grain Pizza (V) Tomato Sauce Mozzarella Cheese Roasted Vegetables Fruit Smoothie/ Fruit Milk <b>13</b>
Deli Sandwiches Wheat Bread Celery Sticks Fruit Milk <b>16</b>	Chicken & Cheese Quesadillas <i>Cheese Quesadillas (V)</i> Roasted Corn Fruit Milk <b>17</b>	All Beef Burger Veggie Burger (V) Whole Wheat Bun Vegetarian Baked Beans Fruit Milk <b>18</b>	Yogurt Parfaits (V) Hummus and Pita (V) Carrot Sticks Fruit Milk <b>19</b>	Whole Grain Pizza (V) Tomato Sauce Mozzarella Cheese Roasted Vegetables Fruit Smoothie/ Fruit Milk <b>20</b>
All Beef Hot Dog Veggie Burger (V) Whole Wheat Bun Vegetarian Baked Beans Fruit Milk <b>23</b>	Chicken Tenders Mac & Cheese (V) Roasted Broccoli Cranberry Applesauce Milk <i>Pumpkin Bread Dessert</i> <b>24</b>	HALF DAY <b>25</b>  THANKSGIVING RECESS  NO LUNCH SERVICE	NO SCHOOL <b>26</b>  THANKSGIVING RECESS	NO SCHOOL <b>27</b>  THANKSGIVING RECESS
Deli Sandwiches Wheat Bread Baby Carrots Fruit Milk <b>30</b>	Nacho Tuesday! Corn Tortilla Chips Ground Turkey/ <i>Black Beans (V)</i> Roasted Corn Fruit Milk <b>1</b>	Crispy Ranch Wrap Hummus Wrap (V) Celery Sticks Fruit Milk <b>2</b>	BBQ Sandwich Pork/ Chicken/ <i>Bean (V)</i> Whole Wheat Bun Coleslaw Fruit Milk <b>3</b>	Whole Grain Pizza (V) Tomato Sauce Mozzarella Cheese Roasted Vegetables Fruit Smoothie/ Fruit Milk <b>4</b>

Please speak to the school nurse, cook or kitchen staff regarding food allergies or intolerances.

