

Monday	Tuesday	Wednesday	Thursday	Friday
Whole Grain Cereal Whole Grain Muffin Fruit Milk 2	Whole Grain Waffles Syrup Fruit Milk 3	Whole Grain Cereal Whole Grain Muffin Fruit Milk 4	Egg & Cheese Sandwich (V) Fruit Milk 5	Whole Grain Cereal Whole Grain Muffin Fruit Milk 6
Whole Grain Cereal Whole Grain Muffin Fruit Milk 9	Whole Grain French Toast Syrup Fruit Milk 10	NO SCHOOL VETERAN'S DAY 11	Egg & Cheese Sandwich (V) Fruit Milk 12	Whole Grain Cereal Whole Grain Muffin Fruit Milk 13
Whole Grain Cereal Whole Grain Muffin Fruit Milk 16	Whole Grain Waffles Syrup Fruit Milk 17	Whole Grain Cereal Whole Grain Muffin Fruit Milk 18	Egg & Cheese Sandwich (V) Fruit Milk 19	Whole Grain Cereal Whole Grain Muffin Fruit Milk 20
Whole Grain Cereal Whole Grain Muffin Fruit Milk 23	Whole Grain French Toast Syrup Fruit Milk 24	Whole Grain Cereal Whole Grain Muffin Fruit Milk 25	NO SCHOOL THANKSGIVING RECESS 26	NO SCHOOL THANKSGIVING RECESS 27
Whole Grain Cereal Whole Grain Muffin Fruit Milk 30	Whole Grain Waffles Syrup Fruit Milk 1	Whole Grain Cereal Whole Grain Muffin Fruit Milk 2	Egg & Cheese Sandwich (V) Fruit Milk 3	Whole Grain Cereal Whole Grain Muffin Fruit Milk 4

Please speak to the school nurse, cook or kitchen staff regarding food allergies or intolerances.

