John Jay Physical Education Varsity Option
Sophomores – 1 season eligible / Juniors – maximum 2 seasons eligible
Seniors – maximum 3 seasons eligible

Name: ___________________________ Grade: ______

PE Teacher: ________________________ PE Period: _______ Day: (odd/even) ______

Coach: ___________________________ Sport: __________

9th Grade Students NOT ELIGIBLE FOR VARSITY OPTION

The following must be completed before student/athletes are released from physical education class:

- Complete a minimum of 10 practices
- Student/Athlete must be in “Good Standing”
  - All unprepared/excused absences must be made up during their regularly scheduled PE class. Students with illegal absence ("CUT") will not be eligible for Varsity Option.
  - All students must have GPA of 80 or above in physical education to be eligible.
- Student/Athletes must be on an official varsity team roster to be eligible.
  - If at any time, a student/athlete is no longer a member of the team roster they must return to their regularly schedule physical education program immediately. Students failing to return will be marked with an illegal absence.

**If a student/athlete, currently receiving Varsity Option, has an illegal absence ("CUT") in any of their other assigned courses they will be removed from Varsity Option and returned to their regularly schedule physical education class.**

Student:
I am aware of all of the rules and expectations pertaining to varsity option and agree to abide by them. I will be notified by my physical education teacher when my varsity option application has been approved and only then will I be released from my regularly scheduled physical education class. All athletes must return to their scheduled PE class AT THE CONCLUSION OF THEIR INDIVIDUAL TEAM’S SEASON. I understand that if I fail to abide by the designated release and return dates I will forfeit my eligibility for varsity option.

Student/Athlete Signature

Parent/Guardian:
I understand that my son / daughter will be excused from their regularly scheduled physical education during the designated time period.

Parent Signature

Coach:
This student is a verified member of my varsity team. I understand that attendance at practices and participation in contests are mandatory for this athlete to remain on varsity option. I understand that team managers are not eligible to receive varsity option. Additionally, if he/she is no longer an active member of my team roster I will immediately notify the athletic office.

Coach’s Signature

Physical Education Instructor:
This athlete is a student in good standing in my physical education class and he/she has completed all of the assigned fitness components. I understand that he/ she will be opting out of classes during the designated time period.

Teacher Signature

(Athletic Director’s Office Only)

Date: ____________________________

Athletic Director Signature