

**Katonah Lewisboro School District
ATHLETIC PLACEMENT PROCESS
PARENT/GUARDIAN PERMISSION**

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Dear Parent/Guardian:

There is a New York State Education Department (NYSED) program that permits physically and emotionally appropriate students to try out for an athletic team that is outside of their grade placement. It is called the Athletic Placement Process (APP).

Your child (name): _____ may be eligible to participate in the sport of _____ outside of his or her normal grade level. In order to establish the appropriate eligibility, we must have your permission to begin the APP.

This evaluation is a comprehensive evaluation of your child's emotional and physical maturity (including height and weight); as well as athletic abilities, physical fitness, and sport-specific athletic skill in relationship to other student athletes at that level.

Physical maturity is determined by the district medical director during a physical exam, using the Tanner Scale. The Tanner Scale requires the inspection of the entire body, including the breasts and genitals. The district does/does not accept Tanner ratings from private medical providers. The district does/does not accept a history of menarche for girls in place of a physical examination. Upon passing the medical clearance, the student may proceed to the physical fitness and skill assessments. Students must pass all levels in order to meet the requirements of the APP.

If your child successfully meets the requirements of the APP, he/she will be allowed to try out for competitive high school athletics during 8th grade, or compete at the modified level if in grades 9-12. Under normal circumstances, a student is eligible for senior high school athletic competition in a sport for only four consecutive seasons, beginning with the student's entry into the ninth grade. However, by meeting the Athletic Placement Process requirements established by NYSED, your child's eligibility can be extended to permit:

- a) *participation during five consecutive seasons in the approved sport, after entry into the eighth grade;*
- b) *eligible to participate at the Junior Varsity level only in the following sports: Baseball, Basketball, Field Hockey, Football, Ice Hockey, Lacrosse, Soccer, Softball and Volleyball.*
- c) *eligible to participate at the Junior Varsity or Varsity level in the following sports: Cross Country, Golf, Ski, Swim, Tennis, Track & Field, and Wrestling.*

It is important for you and your child to understand that, once the requirements are met and if he/she is accepted as a member of the team, he/she cannot return to a lower-level team (modified) in that sport in that season. Remember, at the higher level of play your child will be exposed to the social atmosphere that is common among older students in a high school environment. Therefore, it is important to take into account your child's ability to handle the additional demands.

Please feel free to contact me regarding this program or to discuss any aspect of your child's athletic placement. If you agree to allow your child's participation in this program, please sign and return the parental permission form to my office.

Sincerely,



Director of Athletics, Health, Physical Education and Wellness

**Katonah Lewisboro School District
ATHLETIC PLACEMENT PROCESS**

PARENT/GUARDIAN PERMISSION

PARENT/GUARDIAN STATEMENT

I have read the attached letter and I understand the purpose and eligibility implications of the Athletic Placement Process.

My son/daughter (name): _____ has my permission to undergo the evaluation process and to participate in this program. I understand that the determination of physical maturity is a private examination involving inspection of breasts and genitals and will be done by a licensed school health professional, and I give my permission for the examination. Upon passing the medical clearance, he/she may proceed to the physical fitness and skill assessments. I understand that passing the evaluation process does not guarantee my child a position on a team, but only permits them to try out.

Parent/Guardian Signature

Date

ATHLETIC PLACEMENT PROCESS

PHYSICAL MATURITY FORM

THIS SECTION TO BE COMPLETED BY THE DIRECTOR OF PHYSICAL EDUCATION AND/OR ATHLETIC DIRECTOR:

Student's Name _____ Grade _____

Home Address _____

Date of Birth ____/____/____ Age ____ Gender Male Female

Parental/Guardian Permission Form Received Yes Date Received _____

Desired Level Varsity Jr. Varsity Frosh Modified

Desired Sport _____ *Recommended Tanner Rating for this sport and level _____ * See Appendix H

SCREENING PROCEDURES- THIS SECTION TO BE COMPLETED BY THE DISTRICT MEDICAL DIRECTOR (OR BY PRIVATE MEDICAL PROVIDER FOR REVIEW BY THE DISTRICT MEDICAL DIRECTOR IF PERMITTED)

A TANNER SCORE AND HEIGHT/WEIGHT ASSESSMENT COMPLETED BY

District Medical Director Private Medical Provider

EXAM DATE _____

PROVIDER NAME _____

CIRCLE THE CURRENT DEVELOPMENTAL STAGE OF THE STUDENT USING THE TANNER SCALE

1 2 3 4 5

B ALTERNATIVE TO TANNER EXAMINATION FOR FEMALES ONLY (if accepted by district)

Onset of Menarche = Tanner Stage 5

C HEIGHT _____ WEIGHT _____

D CHECK APPROPRIATE BOXES BELOW AND RETURN FORM TO THE DIRECTOR OF PHYSICAL EDUCATION/ATHLETICS (See Appendix H)

Student is cleared not cleared for the sport of _____

at the following level Modified Freshman Junior Varsity Varsity

SIGNED _____ DATE ____/____/____
District Medical Director