



John Jay High School Start Dates - 2018-2019

High School Teams (Varsity & JV)

Grades 9, 10, 11, 12

Middle School Teams (Modified)

Grades 7 & 8

Updated 6/11/2018

Fall Sports

High School Sports Varsity Football – August 13th
Varsity Volleyball – August 15th
All Other HS Sports (V&JV) – August 20th

Modified Sports: PreSeason Meeting: September 6th
Tryouts Begin: September 12th

Fall Sports Offered

Cross Country	<i>varsity/modified</i>	Girls Soccer	<i>varsity/jv/modified</i>
Field Hockey	<i>varsity/jv/modified</i>	Girls Swim & Dive	<i>varsity</i>
Football	<i>varsity/jv</i>	Girls Tennis	<i>varsity/jv</i>
Boys Soccer	<i>varsity/jv/modified</i>	Girls Volleyball	<i>varsity/jv/modified</i>

Winter Sports

High School Sports November 5, 2018
Modified Sports PreSeason Meeting: November 14th
Tryouts Begin: November 19th

Winter Sports Offered

Boys Basketball	<i>varsity/jv/freshman/modified</i>	Alpine Ski (NSHS)	<i>varsity</i>
Girls Basketball	<i>varsity/jv/modified</i>	Boys Swim & Dive	<i>varsity</i>
Bowling	<i>varsity</i>	Indoor Track	<i>varsity/modified</i>
Ice Hockey	<i>varsity</i>	Wrestling	<i>varsity/jv/modified</i>

Spring Sports

High School Sports March 4, 2019
Modified Sports PreSeason Meeting: March 20th
Tryouts Begin: March 26th

Spring Sports Offered

Baseball	<i>varsity/jv/modified</i>	Softball	<i>varsity/jv/modified</i>
Golf	<i>varsity/jv</i>	Boys Tennis	<i>varsity/jv</i>
Boys Lacrosse	<i>varsity/jv</i>	Track & Field	<i>varsity/modified</i>
Girls Lacrosse	<i>varsity/jv/modified</i>		