

John Jay Athletics - FAQs

What is a Current Physical?

A physical is valid for 12 months *through the last day of the month the physical was conducted.*

As example, for the 2017-2018 school year:

HS fall sports: Physicals dated August 2016, would be considered a current physical. The physical is valid through August 31, 2017. Physicals dated July 2016 or earlier are not considered valid for high school fall 2017 sports.

HS winter sports: Physicals dated November 2016 would be considered current for winter sports. The physical is valid through November 30, 2017. Physicals dated October 2016 or earlier are not valid for winter 2017-18 sports.

HS spring sports: Physicals dated March 2017 are current physicals for spring sports. The physical is valid through March 31, 2018. Physicals dated February 2017 or earlier are not valid for spring 2018 sports.

Modified fall sports: Physicals dated September, 2016 would be considered a current physical for modified fall sports. The physical is valid through September 30, 2017. Physicals dated August 2016 or earlier are not considered valid for modified 2017 fall sports.

Modified winter sports: Physicals dated November, 2016 would be considered a current physical for winter sports. The physical is valid through November 30, 2017. Physicals dated October 2016 or earlier are not considered valid for modified 2017-18 winter sports.

Modified spring sports: Physicals dated March, 2017 would be considered a current physical for spring sports. The physical is valid through March 31, 2018. Physicals dated February 2017 or earlier are not considered valid for modified 2018 spring sports.