



John Jay High School Start Dates - 2019-2020

High School Teams (Varsity & JV)

Grades 9, 10, 11, 12

Middle School Teams (Modified)

Grades 7 & 8

Revised 5/22/2019

Fall Sports

August 19, 2019 Tryouts Begin for All Varsity Sports & JV Football
August 22, 2019 JV Sports
September 5, 2019 Pre Season Meeting for Modified Sports
September 10, 2019 Tryouts for Modified Sports Begin

Fall Sports Offered

Cross Country	<i>varsity/modified</i>	Girls Soccer	<i>varsity/jv/modified</i>
Field Hockey	<i>varsity/jv/modified</i>	Girls Swim & Dive	<i>varsity</i>
Football	<i>varsity/jv</i>	Girls Tennis	<i>varsity/jv</i>
Boys Soccer	<i>varsity/jv/modified</i>	Girls Volleyball	<i>varsity/jv/modified</i>

Winter Sports

November 12, 2019 Tryouts for HS Sports Begin
November 14, 2019 Pre Season Meeting for Modified Sports
November 18, 2019 Tryouts for Modified Sports Begin

Winter Sports Offered

Boys Basketball	<i>varsity/jv/modified</i>	Alpine Ski (NSHS)	<i>varsity</i>
Girls Basketball	<i>varsity/jv/modified</i>	Boys Swim & Dive	<i>varsity</i>
Bowling	<i>varsity</i>	Indoor Track	<i>varsity/modified</i>
Ice Hockey	<i>varsity</i>	Wrestling	<i>varsity/jv/modified</i>

Spring Sports

March 9, 2020 Tryouts for HS Sports Begin
March 12, 2020 Pre Season Meeting for Modified Sports
March 16, 2020 Tryouts for Modified Sports Begin

Spring Sports Offered

Baseball	<i>varsity/jv/modified</i>	Softball	<i>varsity/jv/modified</i>
Golf	<i>varsity/jv</i>	Boys Tennis	<i>varsity/jv</i>
Boys Lacrosse	<i>varsity/jv</i>	Track & Field	<i>varsity/modified</i>
Girls Lacrosse	<i>varsity/jv/modified</i>		