

**JOHN JAY MIDDLE SCHOOL
MODIFIED ATHLETICS
GENERAL SPORTS STANDARDS**

Volleyball – Coach Blank
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The rules governing play, eligibility and participation shall be those outlined by the Handbook of the New York State Public High School athletic Association. Specific modified rules shall be governed by the General Eligibility Rules for the modified program which are listed in the modified section of the New York State Public High School athletic Association Handbook.

- The standard starting time for contests played on school days is 4:15 p.m. Games are not scheduled on weekends. Volleyball games and practices are scheduled at JJMS South Gym.
- A student may participate in only one school sport during a season.
- The maximum number of games scheduled is 12. Athletes must have 10 practices to be eligible to compete in the first contest.
- Practices run from 3:00 pm to 4:00 pm, Monday – Friday. Practices end in time for student-athletes to take home the 4:15 activity bus. Teams generally practice 5 days a week.
- The game length shall be 25 points and all matches must consist of at least 3 games. In case of a tie, the winning team must win by a two-point margin.
- Students must be in school a minimum of five (5) periods to participate in practices/games.
- Please check the athletic calendar for your team’s practice and game schedules. Create a free account to receive email notifications on game and practice updates.