

JOHN JAY MIDDLE SCHOOL MODIFIED ATHLETICS GENERAL SPORTS STANDARDS

The rules governing play, eligibility and participation shall be those outlined by the Handbook of the New York State Public High School Athletic Association. Specific modified rules shall be governed by the General Eligibility Rules for the Modified Program which are listed in the modified section of the New York State Public High School athletic Association Handbook.

- The standard starting time for games is 4:15 pm. Games are not scheduled on weekends. Modified field hockey games are scheduled at Onatru Farm Park.
- A student may participate in only one school sponsored sport during a season.
- Team and individual maximum number of contests is 12 and athletes must have 10 practices to be eligible to compete in the first contest.
- Practices run from 3:00 pm to 4:00 pm, Monday – Friday. Practices end in time for student athletes to take home the 4:15 activity bus. Teams generally practice 5 days a week. Practices are generally scheduled at Onatru Farm Park.
- Sneakers or shoes with molded soles and molded cleats are permitted. Shoes with metal posts or spikes are not permitted. All players except the goalie must wear shin guards and mouth guards. Goalies must wear a masked helmet, goalie pads, kickers, chest protector and goalie gloves.
- The game is played with 25-minute halves.
- Student's must be in school a minimum of five (5) periods to participate in practices/games.
- Please check the athletic calendar for your team's practice and game schedules. Create a free account to receive email notifications on game and practice updates