NYSPHSAA Autumn Sports Start Dates:

Varsity Sports: August 22, 2022
Modified Sports: TBD (start date will be after 1st day of school)

**Fall Sports Offered**
- Cross Country: varsity/modified
- Field Hockey: varsity/jv/modified
- Football: varsity/jv
- Boys Soccer: varsity/jv/modified
- Girls Soccer: varsity/jv/modified
- Girls Swim & Dive: varsity
- Girls Tennis: varsity/jv
- Girls Volleyball: varsity/jv/modified

NYSPHSAA Winter Sports Start Dates:

High School Sports: November 14, 2022
Modified Sports: November 21, 2022

**Winter Sports Offered**
- Boys Basketball: varsity/jv/modified
- Girls Basketball: varsity/jv/modified
- Bowling: varsity
- Ice Hockey: varsity
- Alpine Ski (NSHS): varsity
- Boys Swim & Dive: varsity
- Indoor Track: varsity/modified
- Wrestling: varsity/jv/modified

NYSPHSAA Spring Sports Start Dates:

High School Sports: March 13, 2023
Modified Sports: March 20, 2023

**Spring Sports Offered**
- Baseball: varsity/jv/modified
- Golf: varsity/jv
- Boys Lacrosse: varsity/jv
- Girls Lacrosse: varsity/jv/modified
- Softball: varsity/jv/modified
- Boys Tennis: varsity/jv
- Track & Field: varsity/modified

Posted are NYSPHSAA Start Dates - Subject to change due to JJ calendars/conflicts.