



March 2019



Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	Food Allergies If you have a food allergy, please speak to the manager, chef, or your server		All menu items are prepared fresh daily and cooked to order as required by serve demands.	1 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Garden Salad or Cucumber Slices Raisins	All Lunches Include Choice of: Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup Daily Menu Options: WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable Chicken Caesar Salad Chicken Caesar Wrap Featuring Boar's Head: Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread Real Fruit Smoothies! \$1.75 Salad Offered daily as a side Vegetable Questions please contact: Andy Waield, Food Service Director 914-763-7308
4 Grilled Cheese Sandwich Tomato Soup Carrots Orange Wedges	5 Breakfast for Lunch WG French Toast Sticks Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Mixed Berries	6 Whole Grain Chicken Tenders Whole Grain Dinner Roll Broccoli Grapes	7 Nachos & Chicken Taco Meat Pinto Bean Salad Cheddar Cheese & Lettuce Corn Apple Sauce	8 Pizza Mania Pizza Slice, Pizza Bagel, r French Bread Pizza Celery Sticks Choice of Fresh Fruit	
11 Macaroni-n-Cheese Garlic Bread Broccoli Grapes	12 Quesadilla: Chicken & Cheddar Whole Grain Tortilla Salsa Cauliflower Cantaloune	13 Beef Hamburger Whole Grain Bun Green Beans Orange Wedges	14 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices	15 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Carrot Sticks Choice of Fresh Fruit	
18 Grilled Cheese Sandwich Tossed Salad Broccoli Orange Wedges	19 Breakfast for Lunch WG Pancakes Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Berries	20 Grilled Chicken Penne Alfredo Green Peas or Grape Tomatoes Diced Peaches	21 Nachos & Chicken Taco Meat Cheese & Lettuce Black Bean Salad Corn Pineapple Chunks	22 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Red & Green Pepper Strips Grapes	
25 Beef Hamburger WG Bun Carrots Mixed Berries	26 Grilled Teriyaki Chicken Breast Strips Brown Rice Pilaf Green Beans Orange Wedges	27 Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli Applesauce	28 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn & Carrots Black Bean Salad Apple Slices	29 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Cucumber Slices Raisins	

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs.

This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."



Menus are subject to change without notice.