



February

2019



Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>All menu items are prepared fresh daily and cooked to order as required by serve demands.</p>			<p>Food Allergies If you have a food allergy, please speak to the manager, chef, or your server</p>	<p>1 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Garden Salad or Cucumber Slices Apple Slices</p>	<p>All Lunches Include Choice of: Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup</p> <p>Daily Menu Options: WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable</p> <p>Chicken Caesar Salad Chicken Caesar Wrap</p> <p>Featuring Boar's Head: Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread</p> <p>Real Fruit Smoothies! \$1.75</p> <p>Salad Offered daily as a side Vegetable</p> <p>Questions please contact: Andy Wailld, Food Service Director 914-763-7308</p> <p>Menus are subject to change without notice.</p>
<p>4 Grilled Cheese Sandwich Tomato Soup or Tossed Salad Carrots Orange Wedges</p>	<p>5 <i>Breakfast for Lunch</i> Whole Grain French Toast Sticks Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Mix Berries</p>	<p>6 Whole Grain Chicken Tenders Whole Grain Dinner Roll Broccoli Grape</p>	<p>7 Nachos & Chicken Taco Pinto Bean Salad Shredded Cheddar Cheese & Lettuce Corn Apple Sauce</p>	<p>8 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Celery Sticks Choice of Fresh Fruit</p>	
<p>11 Macaroni-n-Cheese Garlic Bread Broccoli Grapes</p>	<p>12 Chicken & Broccoli Teriyaki Brown Rice Cauliflower Cantaloupe</p>	<p>13 Beef Hamburger Whole Grain Bun Green Beans Orange Wedges</p>	<p>14 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices</p>	<p>15 Superintendents Conference Day School Closed</p>	
<p>18 Closed Presidents Day</p>	<p>19 Closed School Recess</p>	<p>20 Whole Grain Rotini Pasta Marinara Sauce or Meat Sauce Green Beans or Grape Tomatoes Diced Peaches</p>	<p>21 Nachos & Turkey Taco Meat Lettuce Pinto Bean Salad Corn Pineapple Chunks</p>	<p>22 Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Red & Green Pepper Strips Grapes</p>	
<p>25 Beef Hamburger Whole Grain Bun Carrots Mixed Berries</p>	<p>26 Grilled Chicken Breast Brown Rice Pilaf Green Beans Orange Wedges</p>	<p>27 Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli Applesauce</p>	<p>28 Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices</p>		

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs.

This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."

