



# March 2018



## Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
	<b>Food Allergies</b> <b>If you have a food allergy, please speak to the manager, chef, or your server</b>		<b>1</b> Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn & Carrots Black Bean Salad Cantaloupe	<b>2</b> Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Garden Salad Apple Slices	<b>All Lunches Include Choice of:</b> Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup  <b>Daily Menu Options:</b> WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable  Chicken Caesar Salad Chicken Caesar Wrap  <b>Featuring Boar's Head:</b> Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread  Real Fruit Smoothies! \$1.75  <b>Salad Offered daily as a side Vegetable</b>  <b>Questions please contact:</b> <b>Andy Waield, Food Service Director</b> <b>914-763-7308</b>
<b>5</b> Grilled Cheese Sandwich Tomato Soup Broccoli Orange Wedges	<b>6</b> <b>Breakfast for Lunch</b> WG French Toast Sticks Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Strawberries	<b>7</b> Grilled Chicken Parmesan Whole Grain Spaghetti Marinara Sauce Steamed Green Beans Mixed Berries	<b>8</b> WG Soft Chicken Taco Shredded Cheddar Cheese & Lettuce Corn Apple Sauce	<b>9</b> Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Celery Sticks Choice of Fresh Fruit	
<b>12</b> Macaroni-n-Cheese Garlic Bread Broccoli Sweet Grapes	<b>13</b> Chicken & Broccoli Teriyaki Brown Rice Cauliflower Cantaloupe	<b>14</b> Meatball Hero Whole Grain Hoagie Marinara Sauce Roast Zucchini Honeydew	<b>15</b> Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices	<b>16</b> Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Carrot Sticks Choice of Fresh Fruit	
<b>19</b> Grilled Cheese Sandwich Tossed Salad Broccoli Orange Wedges	<b>20</b> <b>Breakfast for Lunch</b> WG Pancakes Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Berries	<b>21</b> Whole Grain Rotini Pasta Marinara <b>Sauce or Meat</b> Sauce Green Beans Sweet Pear	<b>22</b> Chicken WG Hard Taco Cheese & Lettuce Black Bean Salad Raisins	<b>23</b> Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Streamed Carrots Sweet Grapes	
<b>26</b> Beef Hamburger WG Bun Carrots Blueberries	<b>27</b> Grilled Chicken Breast Brown Rice Pilaf Green Beans Orange Wedges	<b>28</b> Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli Applesauce	<b>29</b> Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn & Carrots Black Bean Salad Cantaloupe	<b>30</b> <b>School Closed</b> <b>Good Friday</b>	

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."

