

In the event of a 3-hour delayed opening, the meal will be hamburger and the sides dishes will remain as listed on this menu

Strong

January

2019

Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax



MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
	1 No School New Year's Day	2	Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli or Grape Tomatoes Orange Wedges	3	Nachos & Chicken Taco Meat Cheese, Salsa Corn & Carrots Black Bean Salad Cantaloupe	4	Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Cucumber Slices Apple Slices	All Lunches Include Choice of: Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup Daily Menu Options: WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable Chicken Caesar Salad Chicken Caesar Wrap Featuring Boar's Head: Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread Real Fruit Smoothies! \$1.75 Salad Offered daily as a side Vegetable Questions please contact: Andy Waield, Food Service Director 914-763-7308			
7	Grilled Cheese Sandwich Carrots Tomato Soup or Tossed Salad Orange Wedges	8	Breakfast for Lunch French Toast Sticks Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Mixed Berries	9	Whole Grain Chicken Tenders Whole Dinner Roll Broccoli Grapes	10	Nachos & Chicken Taco Meat Pinto Bean Salad Cheese, Salsa Corn Apple Sauce			11	Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Celery Sticks Choice of Fresh Fruit
14	Macaroni-n-Cheese Garlic Bread Broccoli Grapes	15	Chicken & Broccoli Teriyaki Brown Rice Cauliflower Cantaloupe	16	Beef Hamburger Whole Grain Bun Green Beans Orange Wedges	17	Nachos & Chicken Taco Meat Cheese, Salsa Corn w/ Red Pepper Black Bean Salad Apple Slices			18	Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Carrot Sticks Choice of Fresh Fruit
21	No School Martin Luther King Day	22	Breakfast for Lunch WG Pancake Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Berries	23	Whole Grain Rotini Pasta Marinara Sauce or Meat Sauce Green Beans or Grape Tomatoes Diced Peaches	24	Nachos & Chicken Taco Meat Pinto Bean Salad Cheese, Salsa Corn Pineapple Chunks			25	Pizza Mania Pizza Slice, Pizza Bagel, or French Bread Pizza Red & Green Pepper strips Grapes
28	Beef Hamburger WG Bun Carrots Mixed Berries	29	Grilled Chicken Breast Strips Brown Rice Pilaf Green Beans Orange Wedges	30	Baked Whole Grain Penne Pasta Marinara Sauce & Mozzarella Broccoli Applesauce	31	Nachos & Chicken Taco Meat Cheese, Salsa Corn & Carrots Black Bean Salad Apple Slices			Food Allergies If you have a food allergy, please speak to the manager, chef, or your server	

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs.

This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."



Menus are subject to change without notice.