



# December 2018



## Katonah-Lewisboro Elementary

Student Lunch -\$2.75 Adult lunch -\$4.00 plus tax

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		
3	Grilled Cheese on Whole Grain Bread Tomato Soup or Tossed Salad Carrots Oranges	4	<b>Breakfast for Lunch</b> French Toast Sticks or Scrambled Egg Turkey Sausage Pattie Roast Potatoes Berries	5	Whole Grain Spaghetti Marinara Sauce or Meat Sauce Broccoli Apple Sauce	6	Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn Black Bean Salad Melon	7	Pizza Mania Pizza slice, Pizza Bagel, or French Bread Pizza Garden Salad Grapes	<b>All Lunches Include Choice of:</b> Fruit or 100% Fruit Juice and Vegetable, Skim Milk, or 1% Low-Fat Milk *Hormone & Antibiotic Free* No High Fructose Corn Syrup  <b>Daily Menu Options:</b> WW Bagel Meal or Kaiser Roll Served with protein, fruit, & vegetable  Chicken Caesar Salad Chicken Caesar Wrap  <b>Featuring Boar's Head:</b> Turkey & Cheese Sandwich Ham Cheese Sandwiches Peanut Butter & Jelly Served on whole wheat bread  Real Fruit Smoothies! \$1.75  <b>Salad Offered daily as a side Vegetable</b>  <b>Soup of the Day</b>  <b>Questions please contact:</b> <b>Andy Waild, Food Service Director</b> <b>914-763-7308</b>
10	Macaroni-n-Cheese Garlic Bread Broccoli Grapes	11	Grilled Chicken Breast Brown Rice Pilaf Green Beans Apple Sauce	12	Roast Turkey Mashed Potatoes w/ Gravy Peas Raisins Whole Grain Dinner Roll	13	Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn Black Bean Salad Apple Slices	14	Pizza Mania Pizza slice, Pizza Bagel, or French Bread Pizza Celery Sticks Orange Wedges	
17	Grilled Cheese Sandwich Tomato Soup or Tossed Salad Broccoli Orange Wedges	18	<b>Breakfast for Lunch</b> Whole Grain Pancakes or Scrambled Eggs Turkey Sausage Pattie Roast Potatoes Apple Sauce	19	Whole Grain Rotini Pasta Marinara Sauce or Meat Sauce Roasted Zucchini Sweet Pear	20	Nachos & Chicken Taco Meat Cheese, Lettuce, Salsa Corn Black Bean Salad Apple Slices	21	Pizza Mania Pizza slice, Pizza Bagel, or French Bread Pizza Baby Carrots Grapes	
24		25		26		27		28		
<i>Winter Break... Enjoy!!</i>										
30							All menu items are prepared fresh daily and cooked to order as required by serve demands	Food Allergies If you have a food allergy, please speak to the manager, chef, or your server		

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk. . This institution is an equal opportunity employer and provider.



Menus are subject to change without notice.