



June

2019

Katonah Lewisboro High & Middle School Lunch Menu

Student lunch \$3.00 Adult lunch \$4.00 plus tax



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
<p>For Summer Meal Information call National Hunger Hotline at 1-866-3-HUNGRY or 1-877-8-HAMBRE</p>		<p>All menu items are prepared fresh daily and cooked to order as required by serve</p>		<p>Food Allergies If you have a food allergy, please speak to the manager, chef, or your server.</p>	<p>All Lunches Include Choice of: Fruit or 100% Fruit Juice and/or Vegetable, Skim Milk, or 1% Low-Fat Milk, *Hormone & Antibiotic Free* No High Fructose Corn Syrup</p> <p>Daily Menu Offerings: Hamburgers, Pizza Seasonal Vegetables, Chicken Parm Wrap, Grilled Cheese, Soup of Day Salad Offered Daily as a side Vegetable</p> <p>Daily Specials</p> <p>Premium Meal \$4.00 Deli Bar featuring "Boar's Head" Panini Grill Salad Bar</p> <p>Grab & Go Sandwiches Salads Yogurt Parfait Fresh Fruit Smoothies, Healthy Snacks</p> <p>Questions? Please contact: Andy Waild, FSD 914 763-7308</p>
<p>3 Chicken Teriyaki Brown Rice Broccoli Grapes</p>	<p>4 Baked Montreal Chicken Dirty Mashed Potatoes Cauliflower Mix Berries</p>	<p>5 Whole Grain Spaghetti Marinara Sauce or Meat Sauce Vegetable du jour Pineapple</p>	<p>6 Nachos & Chicken Taco Meat Cheese Salsa Corn Black Bean Salad Apple Slices</p>	<p>7 BBQ Chicken w/ Cheddar Whole Grain Bun Baked Beans Cauliflower Applesauce</p>	
<p>10 Macaroni & Cheese Steamed Peas Garlic Bread Fresh Orange Slices</p>	<p>11 Chicken Pesto Whole Grain Penne Broccoli Mixed Berries</p>	<p>12 Baked Cajun Chicken Sweet Potato Tots Cauliflower Choice of Fruit</p>	<p>13 Nachos & Chicken Taco Meat Cheese Salsa Corn Black Bean Salad Choice of Fruit</p>	<p>14 Chicken Fajitas Whole Wheat Flour Tortilla Broccoli & Red Pepper Choice of Fruit</p>	
<p>17 HS Exams Limited Menu</p> <p>MS Early Dismissal No Lunch Service</p>	<p>18 HS Exams Limited Menu</p> <p>MS Early Dismissal No Lunch Service</p>	<p>19 HS Exams Limited Menu</p> <p>MS Early Dismissal No Lunch Service</p>	<p>20 HS Exams Limited Menu</p> <p>MS Early Dismissal No Lunch Service</p>	<p>21 HS Exams Limited Menu</p> <p>MS Early Dismissal No Lunch Service</p>	
<p>24 HS Exams (Make-Up) MS Early Dismissal No Lunch Service</p>	<p>25 Exams HS (Make-Up) No Lunch Service MS - No School <i>HS Graduation 1pm</i></p>	<p>26 Last Day Of School</p>	<p>27</p>	<p>28</p>	
<p><i>Have a Great Summer Vacation!</i></p>					

Menus are subject to change without notice.

Regardless of portion size, the FSMC is responsible for meeting all requirements under the Final Rule Nutrition Standards in the National School Lunch and School Breakfast Programs. This includes min-max calories, saturated fat and sodium along with specific component offerings for all fruits, vegetables, grains, meat/meat alternates and milk.

"This institution is an equal opportunity employer and provider."

