Welcome to the SPARK Program. My name is Ms. Mieses and I am the Queens Technical Substance Abuse prevention & Intervention Specialist. Spark was initially created in 1971, as a substance abuse prevention program, but has expanded to address a wide variety of adolescent issues.

How does it work?
Students meet in my office for both group discussions and/or individual counseling on issues such as: - Family Issues - Academic- Sexuality - Self-Esteem - Peer Relationships - Substance Abuse - Anger Management. We always have fun with great conversations and hot topic debates.

How can this help me?
A support group can help you realize that you are not alone in your struggles. You can hear the stories and experiences of others that may open your eyes. You’re not the only one that deals with loneliness, depression, family conflict or failing grades. You can gain new perspectives in a support group, accept challenges and begin to make changes.

Contact me
Guidance Room: 151
Monday—Friday
8:00am—3:30pm
Dmeses2@schools.nyc.gov

Confidentiality
What’s said in the SPARK office stays in the SPARK office. Conversations and discussions are confidential.