

# Rockland County Services

## The Mental Health Association of Westchester

*Help happens here.*

### Treatment and Support Services

- + We offer a full range of clinical services in professional, confidential and comfortable settings, as well as mobile services.
- + Our person-centered care is integrated and flexible.
- + We serve children, adolescents, adults and families through individual, family and group therapy.
- + Our services include psychotherapy, medication management, Medication Assisted Treatment for substance use disorders, crisis intervention, care coordination and play therapy. *Services offered vary by location.*

### About Us

- + Our staff includes psychiatrists, licensed social workers and nurse practitioners.
- + We are trained in a variety of therapeutic approaches and use evidence-based practices.
- + Our mission is to promote mental health through advocacy, community education and direct services.
- + All MHA clinics are licensed by the New York State Office of Mental Health.

### Contact Us

- + To initiate services, please call Central Scheduling at 914-345-5900, ext. 7350
- + For more information about our Rockland County services, please call our Rockland Coordinator, Laura Ferrelli, LMHC, at 914-598-7264



#### Haverstraw

BOCES Hilltop  
20 George Street  
Haverstraw, NY 10927

Monday, Wednesday, Thursday:  
3:30 pm - 8:00 pm

914-345-0700, ext. 17750

#### Nyack

BOCES Riverview  
131 N. Midland Avenue  
Nyack, NY 10960

Tuesday: 1:00 pm - 6:00 pm  
Wednesday: 12:00 pm - 8:00 pm  
Thursday: 1:00 pm - 6pm  
Friday: 1:00 pm - 5:00 pm

914-755-8945

#### Upper Nyack

311 N. Midland Avenue  
Suite 3  
Nyack, NY 10960

Monday - Thursday:  
9:00 am - 8:00 pm  
Friday:  
9:00 am - 5:00 pm

914-345-0700, ext. 7470

#### Mobile Services

Hours vary. For information about mobile services in the community, please call: Central Scheduling  
914-345-5900, ext. 7350