

# December 2019

# Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<b>2</b> Smoked Sausage Red Beans w/Rice Steamed Cauliflower Cornbread, Peaches  Four Meat Pizza Steamed Cauliflower Peaches	<b>3</b> Meat Sauce w/Whole Grain Spaghetti, Garlic Bread Steamed Broccoli Blushing Pears  Meat Pie Baked French Fries Steamed Broccoli & Cauliflower Blushing Pears	<b>4</b> Baked Chicken Mashed Potatoes, Sweet Peas Whole Wheat Roll Pineapple w/Cherries  Spicy Chicken Patty w/Bun Pickle Slices Seasoned Sweet Peas Baked Chips Pineapple w/Cherries	<b>5</b> Beef Stew w/Rice Steamed Carrots Whole Wheat Roll Applesauce w/Gelatin  Cheeseburger w/Bun Baked Potato Wedges Pickle Slices Applesauce w/Gelatin Cookie	<b>6</b> Turkey & Sausage Gumbo w/Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail  Fish & Cheese w/Bun Baked Potato Fries Pickle Slices Fruit Cocktail Pudding
<b>9</b> Meatballs w/Rice & Gravy, Roll Broccoli & Cauliflower w/Cheese Pineapple w/Cherries  Fish & Cheese w/Bun Broccoli & Cauliflower Baked French Fries Pineapple w/Cherries	<b>10</b> BBQ Chicken Baked Beans, Garlic Bread Steamed California Vegetables Blushing Pears  Hamburger w/Bun Baked Potato Wedges Pickle Slices Blushing Pears Cookie	<b>11</b> Potato Stew with Smoked Sausage & Brown Rice Seasoned Green Beans Applesauce w/Gelatin  Chicken Patty w/Bun Baked French Fries Seasoned Green Beans Applesauce w/Gelatin	<b>12</b> Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Pineapple w/Cherries  Meat Pie Sweet Potato Fries Raw Veggies w/Ranch Dressing Pineapple w/Cherries	<b>13</b> Shrimp Stew or Gumbo w/Rice Steamed California Vegetables Potato Salad, Beets, Wheat Roll Peaches  Pizza Baked Potato Wedges Steamed California Vegetables Peaches Pudding
<b>16</b> Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches  Chicken Quesadilla Steamed Cabbage Baked Chips Peaches	<b>17</b> Meatloaf w/Brown Gravy Mashed Potatoes Steamed Corn, Biscuit Tossed Salad w/Carrots, Pineapple  Pizza Baked French Fries Tossed Salad Pineapple	<b>18</b> Baked Turkey Rice Dressing, Yams Seasoned Peas, Wheat Roll Pineapple w/Cherries, Cake  Chicken Patty w/Bun Baked Chips Lettuce/Tomato/Pickle Slices Steamed Broccoli Blushing Pears	<b>19</b> Pork Stew w/Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices  Cheeseburger w/Bun Baked Potato Wedges Raw Veggies w/Ranch Dressing Orange Slices Cookie	<b>20</b> Turkey & Sausage Gumbo w/Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail  Meat Pie Baked French Fries Raw Veggies w/Dressing Fruit Cocktail Pudding



## Holiday Break December 23, 2019 - January 3, 2020



**BREAKFAST PRICES:**

Elementary	\$1.55
Middle	\$1.55
High	\$1.60
Reduced	\$0.30
At Cost	\$2.75

**LUNCH PRICES:**

Elementary	\$1.65
Middle	\$1.70
High	\$2.10
Reduced	\$0.40
At Cost	\$4.50

**EXTRAS:**

Milk	\$0.50
Bread	\$0.50
4 oz Juice	\$0.50
6.75 oz Juice	\$0.50
Fruit/Vegetable	\$0.50
Dessert	\$0.50



**Menus are subject to change as needed.**

**Choice of milk is offered with every meal.**

**Entrees:**

**Elementary \$1.25 High \$1.50**

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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)