


# August 2018

# Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BREAKFAST PRICES:</b>                      Elementary \$1.55                      Middle \$1.55                      High \$1.60                      Reduced \$0.30                      At Cost \$2.75</p> <p><u>Choice of milk is offered with every meal.</u></p>				<p><b>LUNCH PRICES:</b>                      Elementary \$1.65                      Middle \$1.70                      High \$2.10                      Reduced \$0.40                      At Cost \$4.50</p> <p><u>Menus are subject to change as needed.</u></p>
<p>6</p> <p><i>Professional Development Day</i></p>	<p>7</p> <p><i>Professional Development Day</i></p>	<p>8</p> <p><i>Teacher Records Day</i></p>	<p>9</p> <p>Beef Stew with Rice                      Steamed Carrots                      Garden Salad, Wheat Roll                      Apple</p> <p>Cheeseburger w/Bun                      Baked Potato Wedges                      Lettuce/Tomato/Pickle Slices                      Apple                      Cookie</p>	<p>10</p> <p>Turkey &amp; Sausage Jambalaya                      Steamed Corn                      Garden Salad w/Spinach                      Wheat Roll, Fruit Cocktail</p> <p>Fish &amp; Cheese w/Bun                      Sweet Potato Fries                      Lettuce/Tomato/Pickle Slices                      Fruit Cocktail                      Pudding</p>
<p>13</p> <p>Meatsauce w/Whole Grain Spaghetti, Salad, Garlic Bread                      Steamed Broccoli &amp; Cauliflower                      Pineapple w/Cherries</p> <p>Hamburger w/Bun                      Lettuce/Tomato/Pickle Slices                      Baked French Fries                      Pineapple w/Cherries                      Cookie</p>	<p>14</p> <p>Baked Chicken                      Parsley Rice, Green Peas                      Tossed Salad w/Spinach                      Wheat Roll, Fruit Cocktail</p> <p>Meat Pie                      Baked Potato Wedges                      Raw Veggies w/Dip                      Fruit Cocktail</p>	<p>15</p> <p>Baked Ham                      Rice Dressing, Wheat Roll                      Sweet Potato Yams                      Chilled Peaches</p> <p>Chicken Patty w/Bun                      Baked Chips                      Lettuce/Tomato/Pickle Slices                      Fresh Carrot Sticks                      Chilled Peaches</p>	<p>16</p> <p>Potato Stew with Smoked Sausage &amp; Brown Rice                      Green Beans, Garden Salad                      Wheat Roll, Fresh Apple</p> <p>Four Meat Pizza                      Raw Veggies                      Fresh Apple</p>	<p>17</p> <p>Fried Fish, White Beans w/Rice, Raw Veggies w/Dip                      Whole Wheat Roll                      Blushing Pears, Pudding</p> <p>Chicken Quesadilla                      Sweet Potato Fries                      Lettuce/Tomato/Pickle Slices                      Blushing Pears                      Pudding</p>
<p>20</p> <p>Smoked Sausage                      Red Beans w/Brown Rice                      Steamed Cabbage                      Cornbread, Peaches</p> <p>Chicken Quesadilla                      Lettuce/Tomato/Pickle Slices                      Steamed Cabbage                      Baked Chips                      Peaches</p>	<p>21</p> <p>Meatloaf w/Brown Gravy                      Mashed Potatoes                      Steamed Corn, Biscuit                      Tossed Salad w/Carrots, Pineapple</p> <p>Pizza                      Baked French Fries                      Tossed Salad                      Pineapple</p>	<p>22</p> <p>Baked Chicken                      Rice Dressing, Steamed Broccoli                      Coleslaw, Whole Wheat Roll                      Blushing Pears</p> <p>BBQ Riblet w/Bun                      Baked Chips                      Lettuce/Tomato/Pickle Slices                      Steamed Broccoli                      Blushing Pears</p>	<p>23</p> <p>Pork Stew with Rice                      Steamed Lima Beans, Roll                      Lettuce w/Tomato Wedges                      Orange Slices</p> <p>Cheeseburger w/Bun                      Baked Potato Wedges                      Raw Veggies                      Orange Slices                      Cookie</p>	<p>24</p> <p>Turkey &amp; Sausage Gumbo w/Brown Rice, Potato Salad                      Steamed California Vegetables                      Crackers, Fruit Cocktail</p> <p>Meat Pie                      Baked French Fries                      Raw Veggies w/Dip                      Fruit Cocktail                      Pudding</p>
<p>27</p> <p>Salisbury Steak w/Gravy                      Mashed Potatoes, Roll                      Broccoli &amp; Cauliflower w/Cheese                      Salad, Pineapple w/Cherries</p> <p>Individual Pizza                      Raw Veggies w/Dip                      Baked French Fries                      Pineapple w/Cherries</p>	<p>28</p> <p>BBQ Chicken                      Baked Beans, Garlic Bread                      Raw Veggies w/Dip                      Blushing Pears</p> <p>Hamburger w/Bun                      Baked Potato Wedges                      Lettuce/Tomato/Pickle Slices                      Blushing Pears                      Cookie</p>	<p>29</p> <p>Potato Stew with Smoked Sausage &amp; Brown Rice                      Green Beans, Garden Salad                      Apple</p> <p>Chicken Patty w/Bun                      Baked French Fries                      Carrot Sticks                      Apple</p>	<p>30</p> <p>Lasagna                      Steamed Broccoli                      Garden Salad w/Carrots                      Garlic Bread, Pineapple w/Cherries</p> <p>Meat Pie                      Sweet Potato Fries                      Raw Veggies w/Dip                      Pineapple w/Cherries</p>	<p>31</p> <p>Shrimp Stew or Gumbo w/Rice                      Steamed California Vegetables                      Potato Salad, Beets, Wheat Roll                      Peaches</p> <p>Fish &amp; Cheese w/Bun                      Baked Potato Wedges                      Steamed California Vegetables                      Peaches                      Pudding</p>

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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)