

May 2018

Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 Meatsauce w/Whole Grain Spaghetti, Steamed Broccoli Mixed Salad, Garlic Bread Blushing Pears</p> <p>Meat Pie or Chicken Quesadilla Baked French Fries Raw Broccoli & Cauliflower w/Dip Blushing Pears</p>	<p>2 Baked Chicken Mashed Potatoes Sweet Peas, Tossed Salad Wheat Roll, Pineapple w/Cherries</p> <p>Four Meat Pizza or Spicy Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Sweet Peas, Baked Chips Pineapple w/Cherries</p>	<p>3 Beef Stew with Rice Steamed Carrots Garden Salad, Wheat Roll Apple</p> <p>Chicken Caesar Salad w/Crackers or Cheeseburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Apple, Cookie</p>	<p>4 Turkey & Sausage Pastalaya Steamed Corn Garden Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Fish & Cheese w/Bun or BBQ Riblet w/Bun Sweet Potato Fries Lettuce/Tomato/Pickle Slices Orange Slices, Pudding</p>
<p>7 Meatsauce w/Whole Grain Spaghetti, Tossed Salad Steamed Broccoli & Cauliflower Garlic Bread, Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries, Cookie</p>	<p>8 Baked Chicken Parsley Rice, Green Peas Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Meat Pie or Fish & Cheese w/Bun Baked Potato Wedges Raw Veggies w/Dip Fruit Cocktail</p>	<p>9 Baked Ham Rice Dressing, Yams Whole Wheat Roll Chilled Peaches</p> <p>Chicken Patty w/Bun or Turkey & Cheese Sub Baked Chips, Carrot Sticks Lettuce/Tomato/Pickle Slices Orange</p>	<p>10 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Wheat Roll, Apple</p> <p>Meatball Sub, Baked Chips or Pre-Plated Salad w/Chicken Strips Crackers Raw Veggies Blushing Pears</p>	<p>11 Fried Fish White Beans w/Rice Raw Veggies w/Dip, Wheat Roll Blushing Pears, Pudding</p> <p>Fried Fish w/Bun or Ham & Cheese Sub Sweet Potato Fries Lettuce/Tomato/Pickle Slices Peaches, Pudding</p>
<p>14 Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches</p> <p>Chicken Quesadilla or Roast Beef & Cheese Sub Lettuce/Tomato/Pickle Slices Steamed Cabbage, Baked Chips Peaches</p>	<p>15 Meatloaf w/Brown Gravy Mashed Potatoes, Steamed Corn Tossed Salad w/Carrots Biscuit, Pineapple</p> <p>Pizza or Chicken Nuggets & Bun Baked French Fries Tossed Salad Pineapple</p>	<p>16 Baked Chicken Rice Dressing, Steamed Broccoli Colelaw, Whole Wheat Roll Blushing Pears</p> <p>BBQ Riblet w/Bun or Turkey & Cheese Sub Baked Chips, Steamed Corn Lettuce/Tomato/Pickle Slices Blushing Pears</p>	<p>17 Pork Stew with Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices</p> <p>Stuffed Crust Pizza or Cheeseburger w/Bun Baked Potato Wedges Raw Veggies Fruit Cocktail, Cookie</p>	<p>18 Turkey & Sausage Gumbo w/Brown Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail</p> <p>Buffalo Chicken Pizza or Meat Pie, Baked French Fries Raw Veggies w/Dip Blushing Pears Pudding</p>
<p>21 <i>Express Only</i></p> <p>Individual Pizza or Chicken Patty w/Bun Raw Veggies w/Dip Baked French Fries Pineapple w/Cherries</p>	<p>22 <i>Express Only</i></p> <p>Hamburger w/Bun or Fish & Cheese w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Orange Slices, Cookie</p>	<p>23 <i>Express Only</i></p> <p>Chicken Patty w/Bun or Pizza Baked French Fries Carrot Sticks Apple</p>	<p>24 <i>Express Only</i></p> <p>Buffalo Chicken Pizza or Meat Pie Sweet Potato Fries Raw Veggies w/Dip Blushing Pears</p>	 <p>25</p>
<p>28</p> 	<p>29</p> <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p>	<p>30</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p>	<p>31</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p>	

Menus are subject to change as needed.
Choice of milk is offered with every meal.

Nondiscrimination Statement: In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, sex, disability, age, or reprisal or retaliation for prior civil rights activity in any program or activity conducted or funded by USDA. Persons with disabilities who require alternative means of communication for program information (e.g. Braille, large print, audiotape, American Sign Language, etc.), should contact the Agency (State or local) where they applied for benefits. Individuals who are deaf, hard of hearing or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339. Additionally, program information may be made available in languages other than English. To file a program complaint of discrimination, complete the USDA Program Discrimination Complaint Form, (AD-3027) found online at: http://www.ascr.usda.gov/complaint_filing_cust.html, and at any USDA office, or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call (866) 632-9992. Submit your completed form or letter to USDA by mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; fax (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.

You can access your child's lunch account on our website at mylpsd.com