


February 2019

Lafourche Parish High Schools

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|---|---|
| <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p> <p>Menus are subject to change as needed. <i>Choice of milk is offered with every meal.</i></p> | <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p> <p>Menus are subject to change as needed. <i>Choice of milk is offered with every meal.</i></p> | <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p> <p>Menus are subject to change as needed. <i>Choice of milk is offered with every meal.</i></p> | <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p> <p>Menus are subject to change as needed. <i>Choice of milk is offered with every meal.</i></p> | <p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p>EXTRAS: Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: Elementary \$1.25 High \$1.50</p> <p>Menus are subject to change as needed. <i>Choice of milk is offered with every meal.</i></p> |
| <p>4 Salisbury Steak w/Gravy Mashed Potatoes, Roll Broccoli & Cauliflower w/Cheese Salad, Pineapple w/Cherries</p> <p>Fish & Cheese w/Bun Raw Veggies w/Dressing Baked French Fries Pineapple w/Cherries</p> | <p>5 BBQ Chicken Baked Beans, Garlic Bread Raw Veggies w/Ranch Dressing Blushing Pears</p> <p>Hamburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Blushing Pears Cookie</p> | <p>6 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Apple</p> <p>Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Carrot Sticks Apple</p> | <p>7 Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Pineapple w/Cherries</p> <p>Meat Pie Sweet Potato Fries Raw Veggies w/Dressing Pineapple w/Cherries</p> | <p>8 Shrimp Stew or Gumbo w/Rice Steamed California Vegetables Potato Salad, Beets, Wheat Roll Peaches</p> <p>Individual Pizza Baked Potato Wedges Steamed California Vegetables Peaches, Pudding</p> |
| <p>11 Meatsauce w/Whole Grain Spaghetti, Tossed Salad Steamed Broccoli & Cauliflower Garlic Bread, Pineapple w/Cherries</p> <p>Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries Cookie</p> | <p>12 Baked Chicken Parsley Rice, Green Peas Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Meat Pie Baked Potato Wedges Raw Veggies w/Ranch Dressing Fruit Cocktail</p> | <p>13 Baked Ham Rice Dressing, Yams Whole Wheat Roll Chilled Peaches</p> <p>Chicken Patty w/Bun Baked Chips, Carrot Sticks Lettuce/Tomato/Pickle Slices Chilled Peaches</p> | <p>14 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Wheat Roll, Fresh Apple</p> <p>Four Meat Pizza Raw Veggies w/Ranch Dressing Fresh Apple</p> | <p>15 Fried Fish White Beans w/Rice Raw Veggies w/Dip, Wheat Roll Blushing Pears, Pudding</p> <p>Chicken Quesadilla Sweet Potato Fries Lettuce/Tomato/Pickle Slices Blushing Pears Pudding</p> |
| <p>18 Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches</p> <p>Chicken Quesadilla Lettuce/Tomato/Pickle Slices Steamed Cabbage, Baked Chips Peaches</p> | <p>19 Meatloaf w/Brown Gravy Mashed Potatoes, Steamed Corn Tossed Salad w/Carrots Biscuit, Pineapple</p> <p>Pizza Baked French Fries Steamed Corn, Tossed Salad Pineapple</p> | <p>20 Baked Chicken Rice Dressing, Steamed Broccoli Coleslaw, Whole Wheat Roll Blushing Pears</p> <p>BBQ Riblet w/Bun Lettuce/Tomato/Pickle Slices Steamed Broccoli Blushing Pears Cookie</p> | <p>21 Pork Stew w/Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices</p> <p>Cheeseburger w/Bun Baked Potato Wedges Raw Veggies w/Ranch Dressing Orange Slices Cookie</p> | <p>22 Turkey & Sausage Gumbo w/Brown Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail</p> <p>Meat Pie Baked French Fries Raw Veggies w/Dressing Fruit Cocktail Pudding</p> |
| <p>25 Salisbury Steak w/Gravy Mashed Potatoes, Roll Broccoli & Cauliflower w/Cheese Salad, Pineapple w/Cherries</p> <p>Fish & Cheese w/Bun Raw Veggies w/Dressing Baked French Fries Pineapple w/Cherries</p> | <p>26 Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Blushing Pears</p> <p>Hamburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Blushing Pears Chocolate Chip Cookie</p> | <p>27 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad, Apple Cinnamon Roll King Cake</p> <p>Chicken Patty w/Bun Baked French Fries Carrot Sticks Apple Cinnamon Roll King Cake</p> | <p>28 Fried Chicken Cabbage Dressing Garden Salad w/Carrots Biscuit, Pineapple w/Cherries</p> <p>Meat Pie Sweet Potato Fries Raw Veggies w/Dressing Pineapple w/Cherries</p> |  |

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