



# September 2019

# Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday																																
<p>2</p>  <p><b>Labor Day</b></p>	<p>3</p> <p><i>Professional Development Day</i></p>	<p>4</p> <p>Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Hot Dog w/Bun Chili Coleslaw, Steamed Corn Chilled Peaches Cookie</p>	<p>5</p> <p>Breakfast Pizza Pineapple Assorted Juices</p> <p>Potato Stew with Smoked Sausage &amp; Brown Rice Seasoned Green Beans Whole Wheat Roll Mixed Fresh Fruit Salad</p>	<p>6</p> <p>Cinnamon Roll Apple Assorted Juices</p> <p>Grilled Cheese Sandwich Steamed Mixed Vegetables Blushing Pears Cookie</p>																																
<p>9</p> <p>Muffin Sliced Peaches Assorted Juices</p> <p>Hamburger w/Bun Baked Beans Lettuce/Tomato/Pickle Slices Strawberry Applesauce Chocolate Chip Cookie</p>	<p>10</p> <p>Breakfast Pizza Applesauce Assorted Juices</p> <p>Lasagna Green Salad w/Spinach Steamed Broccoli Whole Wheat Roll Pineapple w/Cherries</p>	<p>11</p> <p>Sausage Biscuit Fruit Cocktail Assorted Juices</p> <p>Chicken Patty w/Bun Steamed Corn Lettuce/Tomato/Pickle Slices Blushing Pears</p>	<p>12</p> <p>Pancake On A Stick w/Syrup Pears Assorted Juices</p> <p>Pizza Baked French Fries Carrot Sticks Fresh Fruit Chocolate Chip Cookie</p>	<p>13</p> <p>French Toast Roll w/Syrup Fresh Fruit Assorted Juices</p> <p>Shrimp Gumbo or Stew w/Rice Steamed California Vegetables Potato Salad Crackers Fruit Cocktail</p>																																
<p>16</p> <p>Breakfast Pizza Sliced Peaches Assorted Juices</p> <p>Smoked Sausage Red Beans w/Rice Steamed Cabbage Cornbread Chilled Peaches</p>	<p>17</p> <p>French Toast w/Syrup Chilled Pineapple Assorted Juices</p> <p>Meat Sauce w/Whole Grain Spaghetti Steamed California Vegetables Lettuce w/Tomato Wedges Fresh Apple</p>	<p>18</p> <p>Assorted Cereal w/Toast Fruit Cocktail Assorted Juices</p> <p>Meatloaf w/Brown Gravy Mashed Potatoes Green Peas, Whole Wheat Roll Lettuce &amp; Tomato Salad Fruit Cocktail</p>	<p>19</p> <p>Sausage Links Toast w/Jelly Pears, Assorted Juices</p> <p>Pizza Steamed Corn Carrot Sticks w/Ranch Dressing Blushing Pears Chocolate Chip Cookie</p>	<p>20</p> <p>Chocolate Chip Muffin Fresh Fruit Assorted Juices</p> <p>Fish Sticks Spaghetti &amp; Cheese Tossed Salad, Green Peas Whole Wheat Roll Chilled Pineapple</p>																																
<p>23</p> <p>Pancakes or Waffles w/Syrup Pear Halves Assorted Juices</p> <p>Beef Tacos Baked Beans Lettuce/Tomato/Cheese Strawberry Applesauce Pudding</p>	<p>24</p> <p>Sausage Biscuit Peaches Assorted Juices</p> <p>Baked Chicken Parsley Rice, Tossed Salad Seasoned Green Peas Whole Wheat Roll Chilled Pineapple w/Cherries</p>	<p>25</p> <p>Toaster Pastries Fruit Cocktail Assorted Juices</p> <p>Meat Pie Baked Potato Wedges Steamed Broccoli Fresh Apple Chocolate Chip Cookie</p>	<p>26</p> <p>Breakfast Pizza Pineapple Assorted Juices</p> <p>Turkey &amp; Sausage Gumbo w/Brown Rice Steamed California Vegetables Potato Salad, Crackers Fruit Cocktail</p>	<p>27</p> <p>Cinnamon Roll Apple Assorted Juices</p> <p>Chicken Strips w/Bun Baked French Fries Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Pears</p>																																
<p>30</p> <p>Muffin Sliced Peaches Assorted Juices</p> <p>Hamburger w/Bun Baked Beans Lettuce/Tomato/Pickle Slices Strawberry Applesauce Chocolate Chip Cookie</p>	<p><b>BREAKFAST PRICES:</b></p> <table> <tr><td>Elementary</td><td>\$1.55</td></tr> <tr><td>Middle</td><td>\$1.55</td></tr> <tr><td>High</td><td>\$1.60</td></tr> <tr><td>Reduced</td><td>\$0.30</td></tr> <tr><td>At Cost</td><td>\$2.75</td></tr> </table> <p><u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u></p>	Elementary	\$1.55	Middle	\$1.55	High	\$1.60	Reduced	\$0.30	At Cost	\$2.75	<p><b>LUNCH PRICES:</b></p> <table> <tr><td>Elementary</td><td>\$1.65</td></tr> <tr><td>Middle</td><td>\$1.70</td></tr> <tr><td>High</td><td>\$2.10</td></tr> <tr><td>Reduced</td><td>\$0.40</td></tr> <tr><td>At Cost</td><td>\$4.50</td></tr> </table>	Elementary	\$1.65	Middle	\$1.70	High	\$2.10	Reduced	\$0.40	At Cost	\$4.50	<p><b>EXTRAS:</b></p> <table> <tr><td>Milk</td><td>\$0.50</td></tr> <tr><td>Bread</td><td>\$0.50</td></tr> <tr><td>4 oz Juice</td><td>\$0.50</td></tr> <tr><td>6.75 oz Juice</td><td>\$0.50</td></tr> <tr><td>Fruit/Vegetable</td><td>\$0.50</td></tr> <tr><td>Dessert</td><td>\$0.50</td></tr> </table> <p><b>Entrees:</b> <u>Elementary \$1.25 High \$1.50</u></p>	Milk	\$0.50	Bread	\$0.50	4 oz Juice	\$0.50	6.75 oz Juice	\$0.50	Fruit/Vegetable	\$0.50	Dessert	\$0.50	
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