



# December 2017

# Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b><u>BREAKFAST PRICES:</u></b>                      Elementary \$1.55                      Middle \$1.55                      High \$1.60                      Reduced \$0.30                      At Cost \$2.75</p> <p><b><u>LUNCH PRICES:</u></b>                      Elementary \$1.65                      Middle \$1.70                      High \$2.10                      Reduced \$0.40                      At Cost \$4.50</p> <p><b><u>EXTRAS:</u></b>                      Milk \$0.50                      Bread \$0.50                      4 oz Juice \$0.50                      6.75 oz Juice \$0.50                      Fruit/Vegetable \$0.50                      Dessert \$0.50</p> <p><b><u>Entrees:</u></b>                      Elementary \$1.25 High \$1.50</p> <p><b><u>Menus are subject to change as needed.</u></b>  <b><u>Choice of milk is offered with every meal.</u></b></p>				<p>1 Turkey &amp; Sausage Pastalaya                      Steamed Corn                      Whole Wheat Roll                      Fruit Cocktail</p> <p>Fish &amp; Cheese w/Bun or                      BBQ Riblet w/Bun                      Sweet Potato Fries                      Fruit Cocktail                      Pudding</p>
<p>4 Meatsauce w/Whole Grain Spaghetti, Garlic Bread                      Steamed Broccoli &amp; Cauliflower                      Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or                      Hamburger w/Bun                      Pickle Slices                      Baked French Fries                      Pineapple w/Cherries, Cookie</p>	<p>5 Baked Chicken                      Parsley Rice, Green Peas                      Whole Wheat Roll                      Fruit Cocktail</p> <p>Meat Pie or                      Fish &amp; Cheese w/Bun                      Baked Potato Wedges                      Seasoned Sweet Peas                      Fruit Cocktail</p>	<p>6 Baked Ham                      Rice Dressing, Wheat Roll                      Sweet Potato Yams                      Chilled Peaches</p> <p>Chicken Patty w/Bun or                      Turkey &amp; Cheese Sub                      Baked Chips                      Steamed Carrots                      Chilled Peaches</p>	<p>7 Potato Stew with                      Smoked Sausage &amp; Brown Rice                      Green Beans, Garden Salad                      Wheat Roll, Fresh Fruit</p> <p>Meatball Sub, Baked Chips or                      Pre-Plated Salad w/Chicken Strips                      Crackers                      Raw Veggies                      Blushing Pears</p>	<p>8 Fried Fish, White Beans                      w/Rice, Raw Veggies w/Dip                      Whole Wheat Roll                      Blushing Pears, Pudding</p> <p>Fried Fish w/Bun or                      Ham &amp; Cheese Sub                      Sweet Potato Fries                      Lettuce/Tomato/Pickle Slices                      Peaches, Pudding</p>
<p>11 Salisbury Steak w/Gravy                      Mashed Potatoes, Roll                      Broccoli &amp; Cauliflower w/Cheese                      Tossed Salad, Blushing Pears</p> <p>Individual Pizza or                      Chicken Patty w/Bun                      Raw Veggies w/Dip                      Baked French Fries                      Pineapple w/Cherries</p>	<p>12 Baked Turkey                      Rice Dressing, Hot Roll                      Seasoned Green Peas, Yams                      Pineapple w/Cherries, Cake</p> <p>Hamburger w/Bun or                      Fish &amp; Cheese w/Bun                      Baked Potato Wedges                      Lettuce/Tomato/Pickle Slices                      Orange Slices, Cookie</p>	<p>13 Chicken Patty w/Bun                      Baked French Fries                      Carrot Sticks                      Apple</p> <p>Chicken Patty w/Bun or                      Pizza                      Baked French Fries                      Carrot Sticks                      Fresh Fruit</p>	<p>14 Lasagna                      Steamed Broccoli                      Garden Salad w/Carrots                      Garlic Bread, Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or                      Meat Pie                      Sweet Potato Fries                      Raw Veggies w/Dip                      Blushing Pears</p>	<p>15 Shrimp Stew or Gumbo w/Rice                      Potato Salad, Beets                      Whole Wheat Roll                      Peaches</p> <p>Tacos w/Fixings or                      Pre-Plated Salad w/Chicken Strips                      Crackers, Steamed Corn                      Fruit Choice                      Pudding</p>
<p>18 Smoked Sausage                      Red Beans w/Brown Rice                      Steamed Cabbage                      Cornbread, Peaches</p> <p>Chicken Quesadilla or                      Roast Beef &amp; Cheese Sub                      Lettuce/Tomato/Pickle Slices                      Steamed Cabbage, Baked Chips                      Peaches</p>	<p>19 Meatloaf w/Brown Gravy                      Mashed Potatoes                      Steamed Corn, Biscuit                      Tossed Salad, Pineapple</p> <p>Pizza or                      Chicken Nuggets &amp; Bun                      Baked French Fries                      Tossed Salad                      Pineapple</p>			

## Holiday Break December 20, 2017 - January 2, 2018

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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)