

# November 2017

# Lafourche Parish Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BREAKFAST PRICES:</b>                      Elementary \$1.55                      Middle \$1.55                      High \$1.60                      Reduced \$0.30                      At Cost \$2.75</p> <p><b>LUNCH PRICES:</b>                      Elementary \$1.65                      Middle \$1.70                      High \$2.10                      Reduced \$0.40                      At Cost \$4.50</p> <p><u>Menus are subject to change as needed.</u>  <u>Choice of milk is offered with every meal.</u></p>		<p>1                      Cinnamon Roll                      Fruit Cocktail                      Assorted Juices</p> <p>Salisbury Steak w/Gravy                      Mashed Potatoes                      Lima Beans, Whole Wheat Roll                      Tossed Salad, Steamed Broccoli                      Fruit Cocktail</p>	<p>2                      Sausage Links, Grits                      Toast w/Jelly                      Pears, Assorted Juices</p> <p>Pizza                      Steamed Corn                      Fresh Carrot Sticks w/Dip                      Blushing Pears                      Chocolate Chip Cookie</p>	<p>3                      Chocolate Chip Muffin or                      Assorted Cereal w/Toast                      Fresh Fruit, Assorted Juices</p> <p>Fish Sticks                      Spaghetti &amp; Cheese                      Tossed Salad, Green Peas                      Whole Wheat Roll                      Chilled Pineapple</p>
<p>6                      Pancakes or Waffles w/Syrup or                      Assorted Cereal w/Toast                      Pear Halves, Assorted Juices</p> <p>Hamburger w/Bun                      Baked Sweet Potato Wedges                      Lettuce/Tomato/Pickle Slices                      Steamed Corn, Chilled Peaches                      Chocolate Chip Cookie</p>	<p>7                      Donut or                      Assorted Cereal w/Toast                      Peaches, Assorted Juices</p> <p>Potato Stew with                      Smoked Sausage &amp; Brown Rice                      Coleslaw, Seasoned Green Beans                      Whole Wheat Roll                      Fruit Salad</p>	<p>8                      Sausage Links, Grits                      Toast w/Jelly                      Fruit Cocktail, Assorted Juices</p> <p>Chicken Patty w/Bun                      Garden Salad                      Steamed Sliced Carrots                      Oranges Slices</p>	<p>9                      Breakfast Pizza or                      Assorted Cereal w/Toast                      Pineapple, Assorted Juices</p> <p>Meatsauce w/Whole Grain Spaghetti                      Steamed Broccoli                      Garden Salad                      Whole Wheat Roll                      Pineapple Tidbits</p>	<p>10                      French Toast w/Syrup or                      Assorted Cereal w/Toast                      Apple, Assorted Juices</p> <p>Fried Fish                      White Beans with Rice                      Lettuce w/Tomato Wedges                      Whole Wheat Roll                      Fruit Cocktail</p>
<p>13                      Muffin or                      Assorted Cereal w/Toast                      Sliced Peaches, Assorted Juices</p> <p>Beef Tacos                      Baked Beans                      Lettuce/Tomato/Cheese                      Strawberry Applesauce                      Pudding</p>	<p>14                      Breakfast Pizza                      Applesauce                      Assorted Juices</p> <p>Baked Chicken                      Parsley Rice, Tossed Salad                      Seasoned Green Peas                      Whole Wheat Roll                      Chilled Pineapple w/Cherries</p>	<p>15                      Sausage Biscuit or                      Assorted Cereal w/Toast                      Fruit Cocktail, Assorted Juices</p> <p>Meat Pie                      Baked Potato Wedges                      Lettuce/Tomato/Pickle Slices                      Steamed Broccoli, Fresh Apple                      Chocolate Chip Cookie</p>	<p>16                      Ham Omelet, Biscuit w/Jelly or                      Assorted Cereal w/Toast                      Pears, Assorted Juices</p> <p>Baked Turkey                      Rice Dressing, Yams                      Seasoned Green Peas, Hot Roll                      Pineapple w/Cherries                      Apple Crisp</p>	<p>17                      French Toast Roll w/Syrup                      Fresh Fruit                      Assorted Juices</p> <p>Fish &amp; Cheese w/Bun                      Baked Sweet Potato Fries                      Lettuce/Tomato/Pickle Slices                      Fresh Carrot Sticks                      Chilled Pears</p>
 <p><b>Thanksgiving Holidays November 20, 2017 - November 24, 2017</b></p> 				
<p>27                      Breakfast Pizza or                      Assorted Cereal w/Toast                      Sliced Peaches, Assorted Juices</p> <p>Smoked Sausage                      Red Beans w/Rice                      Steamed Cauliflower                      Cornbread                      Chilled Peaches</p>	<p>28                      French Toast w/Syrup or                      Assorted Cereal w/Toast                      Pineapple, Assorted Juices</p> <p>Meat Pie                      Baked French Fries                      Steamed California Vegetables                      Applesauce w/Gelatin</p>	<p>29                      Cinnamon Roll                      Fruit Cocktail                      Assorted Juices</p> <p>Salisbury Steak w/Gravy                      Mashed Potatoes                      Lima Beans, Whole Wheat Roll                      Steamed Broccoli                      Fruit Cocktail</p>	<p>30                      Sausage Links, Grits                      Toast w/Jelly                      Pears, Assorted Juices</p> <p>Pizza                      Pickle Slices, Corn                      Steamed Carrots                      Blushing Pears                      Chocolate Chip Cookie</p>	<p><b>EXTRAS:</b></p> <p>Milk \$0.50                      Bread \$0.50                      4 oz Juice \$0.50                      6.75 oz Juice \$0.50                      Fruit/Vegetable \$0.50                      Dessert \$0.50</p> <p><b>Entrees:</b>  <u>Elementary \$1.25 High \$1.50</u></p>

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You can access your child's lunch account on our website at [mylpsd.com](http://mylpsd.com)