

December 2018

Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
3 Salisbury Steak w/Gravy Mashed Potatoes, Roll Broccoli & Cauliflower w/Cheese Pineapple w/Cherries Individual Pizza Broccoli & Cauliflower w/Cheese Pineapple w/Cherries	4 BBQ Chicken Baked Beans, Garlic Bread Steamed Corn Blushing Pears Hamburger w/Bun Baked Potato Wedges Pickle Slices Blushing Pears Cookie	5 Lasagna Steamed Carrots Garlic Bread Pineapple w/Cherries Chicken Patty w/Bun Baked French Fries Steamed Carrots Apple	6 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Apple Meat Pie Sweet Potato Fries Raw Veggies w/Dip Pineapple w/Cherries	7 Shrimp Stew or Gumbo w/Rice Steamed California Vegetables Potato Salad, Beets, Wheat Roll Peaches Fish & Cheese w/Bun Baked Potato Wedges Steamed California Vegetables Peaches Pudding
10 Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches Chicken Quesadilla Lettuce/Tomato/Pickle Slices Steamed Cabbage Baked Chips Peaches	11 Meatloaf w/Brown Gravy Mashed Potatoes Steamed Corn, Biscuit Tossed Salad w/Carrots, Pineapple Pizza Baked French Fries Tossed Salad Pineapple	12 Baked Chicken Rice Dressing, Steamed Broccoli Coleslaw, Whole Wheat Roll Blushing Pears BBQ Riblet w/Bun Baked Chips Lettuce/Tomato/Pickle Slices Steamed Broccoli Blushing Pears	13 Pork Stew with Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices Cheeseburger w/Bun Baked Potato Wedges Raw Veggies Orange Slices Cookie	14 Turkey & Sausage Gumbo w/Brown Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail Meat Pie Baked French Fries Raw Veggies w/Dip Fruit Cocktail Pudding
17 Meatsauce w/Whole Grain Spaghetti, Salad, Garlic Bread Steamed Broccoli & Cauliflower Pineapple w/Cherries Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries Cookie	18 Baked Chicken Parsley Rice, Green Peas Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail Meat Pie Baked Potato Wedges Raw Veggies w/Dip Fruit Cocktail	19 Baked Turkey Rice Dressing, Wheat Roll Sweet Potato Yams, Peas Chilled Peaches, Cake Chicken Patty w/Bun Baked Chips Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Peaches	20 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Wheat Roll, Fresh Apple Four Meat Pizza Raw Veggies w/Ranch Dressing Fresh Apple	21 Fried Fish, White Beans w/Rice, Raw Veggies w/Dip Whole Wheat Roll Blushing Pears, Pudding Chicken Quesadilla Sweet Potato Fries Lettuce/Tomato/Pickle Slices Blushing Pears Pudding



Holiday Break December 24, 2018 - January 4, 2019



BREAKFAST PRICES:

Elementary	\$1.55
Middle	\$1.55
High	\$1.60
Reduced	\$0.30
At Cost	\$2.75

LUNCH PRICES:

Elementary	\$1.65
Middle	\$1.70
High	\$2.10
Reduced	\$0.40
At Cost	\$4.50

EXTRAS:

Milk	\$0.50
Bread	\$0.50
4 oz Juice	\$0.50
6.75 oz Juice	\$0.50
Fruit/Vegetable	\$0.50
Dessert	\$0.50

Entrees:

Elementary \$1.25 High \$1.50



Menus are subject to change as needed.

Choice of milk is offered with every meal.

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You can access your child's lunch account on our website at mylpsd.com