

November 2017

Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST PRICES:</p> <p>Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p>LUNCH PRICES:</p> <p>Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p><u>Menus are subject to change as needed.</u> <u>Choice of milk is offered with every meal.</u></p>		<p>1 Baked Chicken Rice Dressing, Steamed Broccoli Coleslaw, Whole Wheat Roll Blushing Pears</p> <p>BBQ Riblet w/Bun or Turkey & Cheese Sub Baked Chips, Steamed Corn Lettuce/Tomato/Pickle Slices Blushing Pears</p>	<p>2 Pork Stew with Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices</p> <p>Stuffed Crust Pizza or Cheeseburger w/Bun Baked Potato Wedges Raw Veggies Fruit Cocktail, Cookie</p>	<p>3 Turkey & Sausage Gumbo w/Brown Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail</p> <p>Buffalo Chicken Pizza or Meat Pie, Baked French Fries Raw Veggies w/Dip Blushing Pears Pudding</p>
<p>6 Salisbury Steak w/Gravy Mashed Potatoes, Roll Broccoli & Cauliflower w/Cheese Salad, Pineapple w/Cherries</p> <p>Individual Pizza or Chicken Patty w/Bun Raw Veggies w/Dip Baked French Fries Pineapple w/Cherries</p>	<p>7 BBQ Chicken Baked Beans, Garlic Bread Raw Veggies w/Dip Blushing Pears</p> <p>Hamburger w/Bun or Fish & Cheese w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Orange Slices, Cookie</p>	<p>8 Chicken Patty w/Bun Baked French Fries Carrot Sticks Apple</p> <p>Chicken Patty w/Bun or Pizza Baked French Fries Carrot Sticks Fresh Fruit</p>	<p>9 Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or Meat Pie Sweet Potato Fries Raw Veggies w/Dip Blushing Pears</p>	<p>10 Shrimp Stew or Gumbo w/Rice Potato Salad, Beets Whole Wheat Roll Peaches</p> <p>Tacos w/Fixings or Pre-Plated Salad w/Chicken Strips Crackers, Steamed Corn Fruit Choice Pudding</p>
<p>13 Meatsauce w/Whole Grain Spaghetti, Salad, Garlic Bread Steamed Broccoli & Cauliflower Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries, Cookie</p>	<p>14 Baked Chicken, Parsley Rice Steamed California Vegetables Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Meat Pie or Fish & Cheese w/Bun Baked Potato Wedges Raw Veggies w/Dip Fruit Cocktail</p>	<p>15 Baked Turkey Rice Dressing, Wheat Roll Sweet Potato Yams, Green Peas Pineapple w/Cherries, Apple Crisp</p> <p>Chicken Patty w/Bun or Turkey & Cheese Sub Baked Chips, Carrot Sticks Lettuce/Tomato/Pickle Slices Fresh Fruit</p>	<p>16 Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Wheat Roll, Fresh Fruit</p> <p>Meatball Sub, Baked Chips or Pre-Plated Salad w/Chicken Strips Crackers Raw Veggies Blushing Pears</p>	<p>17 Fried Fish, White Beans w/Rice, Raw Veggies w/Dip Whole Wheat Roll Blushing Pears, Pudding</p> <p>Fried Fish w/Bun or Ham & Cheese Sub Sweet Potato Fries Lettuce/Tomato/Pickle Slices Peaches, Pudding</p>
 <p>Thanksgiving Holidays November 20, 2017 - November 24, 2017</p> 				
<p>27 Smoked Sausage Red Beans w/Brown Rice Steamed Cauliflower Cornbread, Peaches</p> <p>Roast Beef & Cheese Sub or Pizza Steamed Corn Peaches</p>	<p>28 Meatsauce w/Whole Grain Spaghetti, Steamed Broccoli Garlic Bread Blushing Pears</p> <p>Meat Pie or Chicken Quesadilla Baked French Fries Steamed Broccoli & Cauliflower Blushing Pears</p>	<p>29 Baked Chicken Mashed Potatoes Seasoned Sweet Peas Wheat Roll, Pineapple w/Cherries</p> <p>Four Meat Pizza or Spicy Chicken Patty w/Bun Seasoned Sweet Peas Baked Chips Pineapple w/Cherries</p>	<p>30 Beef Stew with Rice Steamed Carrots Whole Wheat Roll Applesauce w/Gelatin</p> <p>Chicken Quesadilla or Cheeseburger w/Bun Baked Potato Wedges Applesauce w/Gelatin Cookie</p>	<p>EXTRAS:</p> <p>Milk \$0.50 Bread \$0.50 4 oz Juice \$0.50 6.75 oz Juice \$0.50 Fruit/Vegetable \$0.50 Dessert \$0.50</p> <p>Entrees: <u>Elementary \$1.25 High \$1.50</u></p>

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