

# August 2017

# Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>BREAKFAST PRICES:</b>                      Elementary \$1.55                      Middle \$1.55                      High \$1.60                      Reduced \$0.30                      At Cost \$2.75</p> <p><u>Choice of milk is offered with every meal.</u></p>				<p><b>LUNCH PRICES:</b>                      Elementary \$1.65                      Middle \$1.70                      High \$2.10                      Reduced \$0.40                      At Cost \$4.50</p> <p><u>Menus are subject to change as needed.</u></p>
<p>7</p> <p><i>Professional Development Day</i></p>	<p>8</p> <p><i>Teacher Records Day</i></p>	<p>9</p> <p>Baked Chicken Mashed Potatoes Sweet Peas, Tossed Salad Wheat Roll, Pineapple w/Cherries</p> <p>Four Meat Pizza or Spicy Chicken Patty w/Bun Lettuce/Tomato/Pickle Slices Sweet Peas, Baked Chips Pineapple w/Cherries</p>	<p>10</p> <p>Beef Stew with Rice Steamed Carrots Garden Salad, Wheat Roll Apple</p> <p>Chicken Caesar Salad w/Crackers or Cheeseburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Apple</p>	<p>11</p> <p>Turkey &amp; Sausage Pastalaya Steamed Corn Garden Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Fish &amp; Cheese w/Bun or BBQ Riblet w/Bun Sweet Potato Fries Lettuce/Tomato/Pickle Slices Orange Slices, Pudding</p>
<p>14</p> <p>Salisbury Steak w/Gravy Mashed Potatoes, Roll Broccoli &amp; Cauliflower w/Cheese Salad, Pineapple w/Cherries</p> <p>Individual Pizza or Chicken Patty w/Bun Raw Veggies w/Dip Baked French Fries Pineapple w/Cherries</p>	<p>15</p> <p>BBQ Chicken Baked Beans, Garlic Bread Raw Veggies w/Dip Blushing Pears</p> <p>Hamburger w/Bun or Fish &amp; Cheese w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Orange Slices, Cookie</p>	<p>16</p> <p>Chicken Patty w/Bun Baked French Fries Carrot Sticks Apple</p> <p>Chicken Patty w/Bun or Pizza Baked French Fries Carrot Sticks Fresh Fruit</p>	<p>17</p> <p>Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or Meat Pie Sweet Potato Fries Raw Veggies w/Dip Blushing Pears</p>	<p>18</p> <p>Shrimp Stew or Gumbo w/Rice Potato Salad, Beets Whole Wheat Roll Peaches</p> <p>Tacos w/Fixings or Pre-Plated Salad w/Chicken Strips Crackers, Corn on the Cob Fruit Choice Pudding</p>
<p>21</p> <p>Meatsauce w/Whole Grain Spaghetti, Salad, Garlic Bread Steamed Broccoli &amp; Cauliflower Pineapple w/Cherries</p> <p>Buffalo Chicken Pizza or Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries, Cookie</p>	<p>22</p> <p>Baked Chicken Parsley Rice, Green Peas Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Meat Pie or Fish &amp; Cheese w/Bun Baked Potato Wedges Raw Veggies w/Dip Fruit Cocktail</p>	<p>23</p> <p>Baked Ham Rice Dressing, Wheat Roll Sweet Potato Yams Chilled Peaches</p> <p>Chicken Patty w/Bun or Turkey &amp; Cheese Sub Baked Chips, Carrot Sticks Lettuce/Tomato/Pickle Slices Fresh Fruit</p>	<p>24</p> <p>Potato Stew with Smoked Sausage &amp; Brown Rice Green Beans, Garden Salad Wheat Roll, Fresh Fruit</p> <p>Meatball Sub, Baked Chips or Pre-Plated Salad w/Chicken Strips Crackers Raw Veggies Blushing Pears</p>	<p>25</p> <p>Fried Fish, White Beans w/Rice, Raw Veggies w/Dip Whole Wheat Roll Blushing Pears, Pudding</p> <p>Fried Fish w/Bun or Ham &amp; Cheese Sub Sweet Potato Fries Lettuce/Tomato/Pickle Slices Peaches, Pudding</p>
<p>28</p> <p>Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches</p> <p>Chicken Quesadilla or Roast Beef &amp; Cheese Sub Lettuce/Tomato/Pickle Slices Steamed Cabbage, Baked Chips Peaches</p>	<p>29</p> <p>Meatloaf w/Brown Gravy Mashed Potatoes Steamed Corn, Biscuit Tossed Salad, Pineapple</p> <p>Pizza or Chicken Nuggets &amp; Bun Baked French Fries Tossed Salad Pineapple</p>	<p>30</p> <p>Baked Chicken Rice Dressing, Steamed Broccoli Coleslaw, Whole Wheat Roll Blushing Pears</p> <p>BBQ Riblet w/Bun or Turkey &amp; Cheese Sub Baked Chips, Corn on the Cob Lettuce/Tomato/Pickle Slices Blushing Pears</p>	<p>31</p> <p>Pork Stew with Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices</p> <p>Stuffed Crust Pizza or Cheeseburger w/Bun Baked Potato Wedges Raw Veggies Fruit Cocktail, Cookie</p>	<p><b>EXTRAS:</b></p> <p>Milk \$0.50                      Bread \$0.50                      4 oz Juice \$0.50                      6.75 oz Juice \$0.50                      Fruit/Vegetable \$0.50                      Dessert \$0.50</p> <p><b>Entrees:</b>                      Elementary \$1.25 High \$1.50</p>

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