

August 2019

Lafourche Parish High Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p>BREAKFAST PRICES: Elementary \$1.55 Middle \$1.55 High \$1.60 Reduced \$0.30 At Cost \$2.75</p> <p><u>Choice of milk is offered with every meal.</u></p>			<p>1</p> 	<p>2</p> <p>LUNCH PRICES: Elementary \$1.65 Middle \$1.70 High \$2.10 Reduced \$0.40 At Cost \$4.50</p> <p><u>Menus are subject to change as needed.</u></p>
<p>5</p> <p><i>Professional Development Day</i></p>	<p>6</p> <p><i>Professional Development Day</i></p>	<p>7</p> <p><i>Teacher Records Day</i></p>	<p>8</p> <p>Beef Stew w/Rice Steamed Carrots Garden Salad, Wheat Roll Apple</p> <p>Cheeseburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Apple Cookie</p>	<p>9</p> <p>Turkey & Sausage Gumbo w/Steamed Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail</p> <p>Fish & Cheese w/Bun Baked French Fries Lettuce/Tomato/Pickle Slices Fruit Cocktail Pudding</p>
<p>12</p> <p>Meat Sauce w/Whole Grain Spaghetti, Salad, Garlic Bread Steamed Broccoli & Cauliflower Pineapple w/Cherries</p> <p>Hamburger w/Bun Lettuce/Tomato/Pickle Slices Baked French Fries Pineapple w/Cherries Cookie</p>	<p>13</p> <p>Baked Chicken Parsley Rice, Green Peas Tossed Salad w/Spinach Wheat Roll, Fruit Cocktail</p> <p>Meat Pie Baked Potato Wedges Raw Veggies w/Ranch Dressing Fruit Cocktail</p>	<p>14</p> <p>Baked Ham Rice Dressing, Wheat Roll Sweet Potato Yams Chilled Peaches</p> <p>Chicken Patty w/Bun Baked Chips Lettuce/Tomato/Pickle Slices Fresh Carrot Sticks Chilled Peaches</p>	<p>15</p> <p>Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Wheat Roll, Fresh Apple</p> <p>Four Meat Pizza Raw Veggies w/Ranch Dressing Fresh Apple</p>	<p>16</p> <p>Fried Fish, White Beans w/Rice, Raw Veggies w/Dip Whole Wheat Roll Blushing Pears, Pudding</p> <p>Chicken Quesadilla Baked French Fries Raw Veggies Blushing Pears Pudding</p>
<p>19</p> <p>Smoked Sausage Red Beans w/Brown Rice Steamed Cabbage Cornbread, Peaches</p> <p>Chicken Quesadilla Lettuce/Tomato/Pickle Slices Steamed Cabbage Baked Chips Peaches</p>	<p>20</p> <p>Meatloaf w/Brown Gravy Mashed Potatoes Steamed Corn, Biscuit Tossed Salad w/Carrots, Pineapple</p> <p>Pizza Baked French Fries Tossed Salad Pineapple</p>	<p>21</p> <p>Baked Chicken Rice Dressing, Steamed Broccoli Coleslaw, Whole Wheat Roll Blushing Pears</p> <p>Chicken Patty w/Bun Baked Chips Lettuce/Tomato/Pickle Slices Steamed Broccoli Blushing Pears</p>	<p>22</p> <p>Pork Stew with Rice Steamed Lima Beans, Roll Lettuce w/Tomato Wedges Orange Slices</p> <p>Cheeseburger w/Bun Baked Potato Wedges Raw Veggies Orange Slices Cookie</p>	<p>23</p> <p>Turkey & Sausage Gumbo w/Rice, Potato Salad Steamed California Vegetables Crackers, Fruit Cocktail</p> <p>Meat Pie Baked French Fries Raw Veggies w/Dip Fruit Cocktail Pudding</p>
<p>26</p> <p>Meatballs with Brown Gravy & Rice, Roll Broccoli & Cauliflower w/Cheese Salad, Pineapple w/Cherries</p> <p>Fish & Cheese w/Bun Raw Veggies w/Dip Baked French Fries Pineapple w/Cherries</p>	<p>27</p> <p>BBQ Chicken Baked Beans, Garlic Bread Raw Veggies w/Ranch Dressing Blushing Pears</p> <p>Hamburger w/Bun Baked Potato Wedges Lettuce/Tomato/Pickle Slices Blushing Pears Cookie</p>	<p>28</p> <p>Potato Stew with Smoked Sausage & Brown Rice Green Beans, Garden Salad Apple</p> <p>Chicken Patty w/Bun Baked French Fries Carrot Sticks Apple</p>	<p>29</p> <p>Lasagna Steamed Broccoli Garden Salad w/Carrots Garlic Bread, Pineapple w/Cherries</p> <p>Meat Pie Sweet Potato Fries Raw Veggies w/Ranch Dressing Pineapple w/Cherries</p>	<p>30</p> <p>Shrimp Stew or Gumbo w/Rice Steamed California Vegetables Potato Salad, Beets, Wheat Roll Peaches</p> <p>Pizza Baked Potato Wedges Steamed California Vegetables Peaches Pudding</p>

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