

# January

## Middle School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		<b>2</b> Pasta with Meatballs Green Beans Dinner Roll Alternate: Cheeseburger on a Bun	<b>3</b> Maple Burst Pancakes Sausage Patties, Baked Potato Puffs Alternate: Cheeseburger on a Bun	<b>4</b> Selection of our Own Pizza Mixed Vegetables Fresh Baked Cookie Alternate: Cheeseburger on a Bun
<b>7</b> Hot Dog on a Bun Baked Beans, Steamed Carrots  Alternate: Chicken Patty on a Bun	<b>8</b> Beef & Cheese Burrito, Lettuce, Tomato, Corn, Nacho Chips Alternate: Chicken Patty on a Bun	<b>9</b> Pasta with Meat Sauce, Broccoli, Dinner Roll  Alternate: Chicken Patty on a Bun	<b>10</b> French Toast Sticks Sausage Patties Baked Potato Puffs Alternate: Chicken Patty on a Bun	<b>11</b> Mozzarella Sticks, Pasta with Cheese Sauce, Marinara Dipping Sauce Garden Salad, Fresh Baked Cookie Alternate: Chicken Patty on a Bun
<b>14</b> French Bread Pizza Garden Salad  Alternate: Tuna Fish Wrap	<b>15</b> Cheeseburger on a Bun, Corn Nachos  Alternate: Tuna Fish Wrap	<b>16</b> Pasta with Meatballs Dinner Roll Green Beans  Alternate: Tuna Fish Wrap	<b>17</b> Chicken & Waffles Chicken Nuggets Waffle Sticks Mashed Potatoes, Alternate: Tuna Fish Wrap	<b>18</b> Selection of our Own Pizza, Mixed Vegetables Fresh Baked Cookie  Alternate: Tuna Fish Wrap
<b>21</b>  No School Martin Luther King Holiday	<b>22</b> Teriyaki Meatballs Steamed Rice Glazed Carrots Alternate: Turkey & Cheese Wrap	<b>23</b> Chicken Tenders Pasta with Marinara Sauce Dinner Roll Green Beans Alternate: Turkey & Cheese Wrap	<b>24</b> Maple Burst Pancakes Sausage Patties, Baked Potato Puffs Alternate: Turkey & Cheese Wrap	<b>25</b> Mozzarella Sticks, Pasta with Cheese Sauce, Marinara Dipping Sauce Garden Salad, Fresh Baked Cookie Alternate: Turkey & Cheese Wrap
<b>28</b> Grilled Cheese Sandwich Tomato Soup, Nacho Chips Alternate: Chicken Patty on a Bun	<b>29</b> Sheppard's Pie Hamburger, Brown Gravy, Mashed Potatoes Corn, Dinner Roll Alternate: Chicken Patty on a Bun	<b>30</b> Pasta with Meatballs Green Beans, Dinner Roll Alternate: Chicken Patty on a Bun	<b>31</b> Hot Dog on a Bun Baked Beans, Carrots  Alternate: Chicken Patty on a Bun	All Meals Include The Vegetable Of The Day And A Selection Of Fresh Vegetables From The Rainbow Vegetable Tray , Fresh And Canned Fruit Choices

ALSO AVAILABLE DAILY BAGEL PLATE; BAGEL, YOGURT, CHEESE STICK, FRUIT, VEGETABLE AND MILK. FULL PRICE STUDENT LUNCH \$3.0 Middle School. ELIGIBLE STUDENTS REDUCED PRICE \$.40. A FULL STUDENT LUNCH INCLUDES ENTRÉE (PROTEIN), GRAIN, VEGETABLE SELECTION, FRUIT CHOICES AND MILK. MENU IS SUBJECT TO CHANGE. This is an equal opportunity provider. Este es un proveedor de igualdad de oportunidades. Este é um provedor de oportunidades iguais.