

Westbrook Public Schools Wellness Committee Minutes

Meeting Date: 2-15-2018

Time: 3:15-4:00 pm

Location: Daisy Ingraham Library

In Attendance: P. Ciccone- Superintendent, M. Illinger- Director of Special Education, L. Wysocki- Business Manager, T. Winch- WHS Principal, T. Wyre- WMS Principal, R. Rose- Daisy Principal, J. Britton- WHS School Counselor, T. Bennett- WM/HS Nurse, L. LaBrec- MS Family & Consumer Science Teacher, T. Sharillo- YMCA Director, A. Lindquist- Parent, WEC Chair, D. Otrin- Parent.

Absent: A. Carr, B. Dito, A. Spagone, M. Conway, C. Halpin, K. Landino, K. Gilstad, J. Ouellette

1. Wellness Fair Vendor List- Vendor List was shared with the team, suggestions were sought and the list finalized. Letters of Invitation and Form will be sent out to Vendors the week of Feb. 19th.
2. Wellness Fair Volunteers- Committee members signed up to volunteer for various times/roles on the fair date, April 5th. It was suggested that we might want to ask the Father at St. Mark's Church if our own staff or Vendors can park in their parking lot. This will free up parking spaces in front of the school for participants who attend the fair.
3. Weight Loss Challenge- Daisy staff are participating in weight loss challenge which is coordinated by the school nurse, Bianca Dito.
4. Daisy Wellness Newsletter- Alyssa Lindquist put together a very informative newsletter for Daisy families. It was distributed to families in Wednesday folders on Feb 7th.

Next Mtg: April 26th