

Westbrook Public Schools

Wellness Committee

Date: Thursday, December 14, 2017

Agenda:

1. Gobble Wobble 5K at Daisy- Jodi to report on the success of this event for the community. The event was well attended and the event raised money to support the PTO/school. The PTO is considering renaming the event the Daisy Dash for next year around the same time in the school year.
2. Wellness Fair- Planning committee to report on tentative plans. Date has been confirmed for April 5, 2018. A flyer is posted on the website.
3. Wellness Fair Ideas and Vendor List- solicit ideas from the Committee. Committee members brainstormed a list of Vendors who can support information and/or demonstrations on the theme of anxiety/stress. The subcommittee will be meeting the end of January to create a Vendor Invitation Letter and map of the WHS gym. More information will be shared at the February meeting on the event.

Next Meeting: February 15, 2018, 3:15 pm, Daisy Ingraham School Library