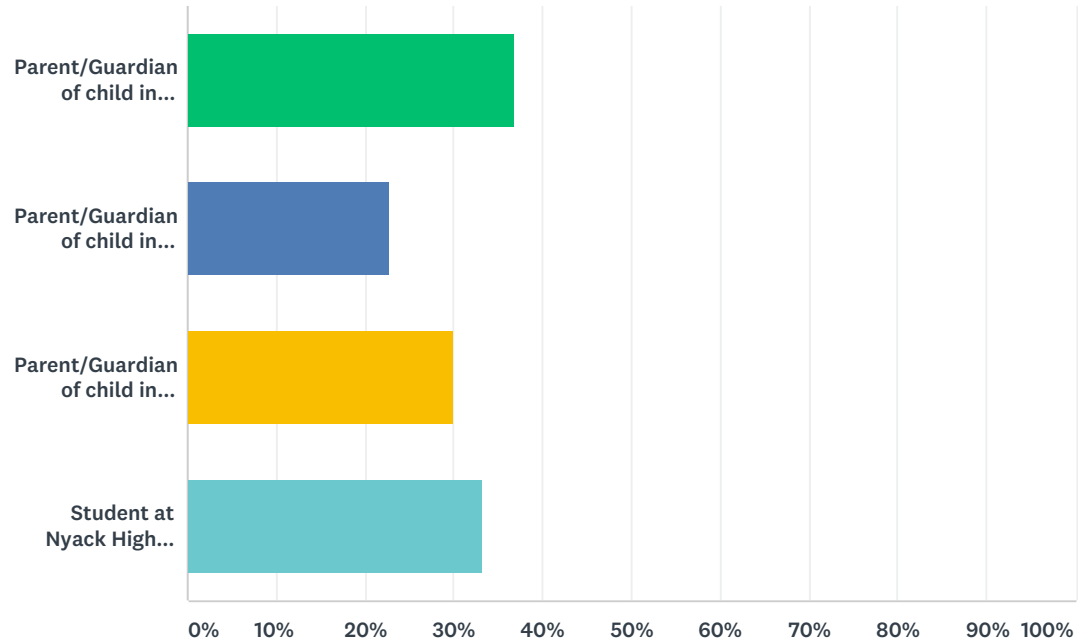


Examining School Start Times for Nyack Schools: What Do YOU Think?

Q1 What is your relationship to Nyack Public Schools? Please check all that apply.

Answered: 1,697 Skipped: 0

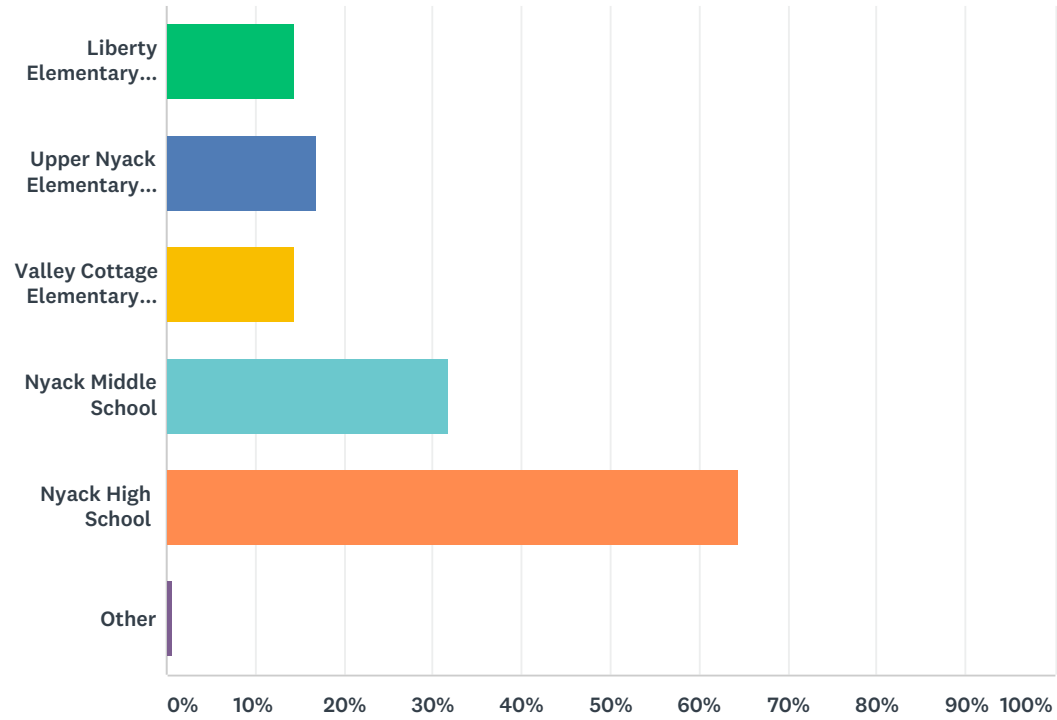


ANSWER CHOICES	RESPONSES	
Parent/Guardian of child in elementary school	36.77%	624
Parent/Guardian of child in middle school	22.86%	388
Parent/Guardian of child in high school	29.88%	507
Student at Nyack High School	33.35%	566
Total Respondents: 1,697		

Examining School Start Times for Nyack Schools: What Do YOU Think?

Q2 Which school(s) are yours? Please check all that apply.

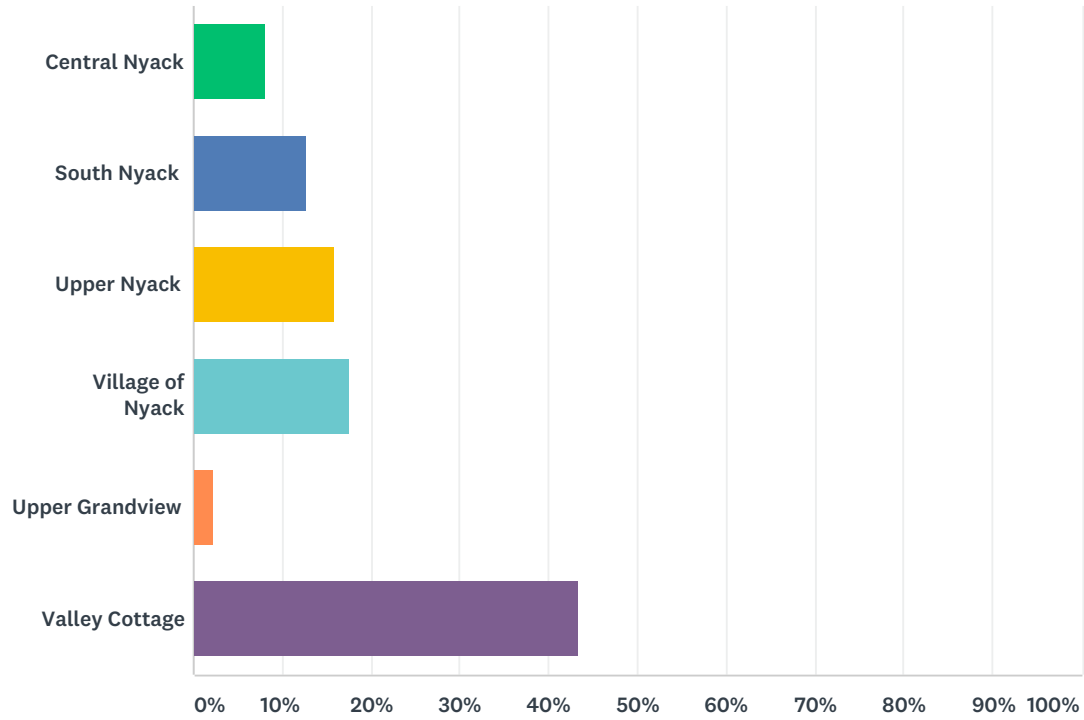
Answered: 1,697 Skipped: 0



ANSWER CHOICES	RESPONSES
Liberty Elementary School	14.50% 246
Upper Nyack Elementary School	16.97% 288
Valley Cottage Elementary School	14.44% 245
Nyack Middle School	31.88% 541
Nyack High School	64.53% 1,095
Other	0.71% 12
Total Respondents: 1,697	

Q3 In which village or hamlet do you live?

Answered: 1,697 Skipped: 0

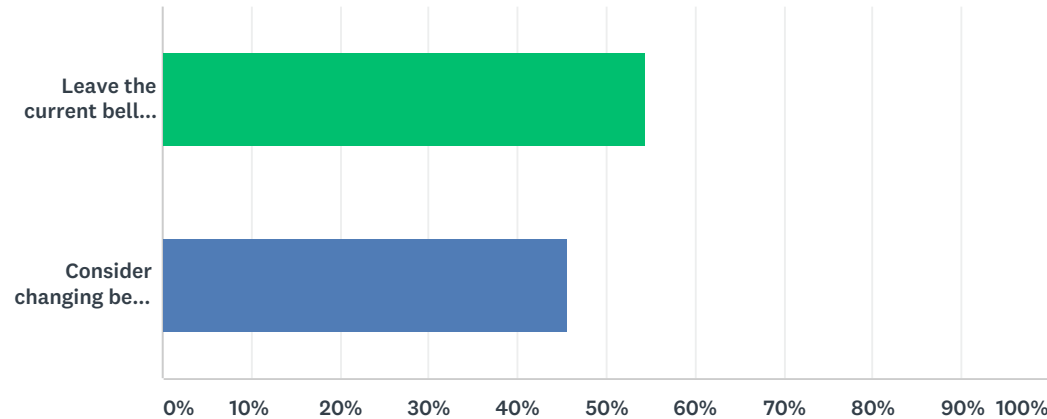


ANSWER CHOICES	RESPONSES
Central Nyack	8.19% 139
South Nyack	12.67% 215
Upper Nyack	15.91% 270
Village of Nyack	17.62% 299
Upper Grandview	2.30% 39
Valley Cottage	43.31% 735
TOTAL	1,697

Examining School Start Times for Nyack Schools: What Do YOU Think?

Q4 Currently, our schools have the following bell schedules: Nyack High School - 7:30 am - 2:14 pm Nyack Middle School - 8:05 am - 2:50 pmThe Elementary Schools - 8:50 am - 3:20 pmPlease tell us which of the following two options you prefer:

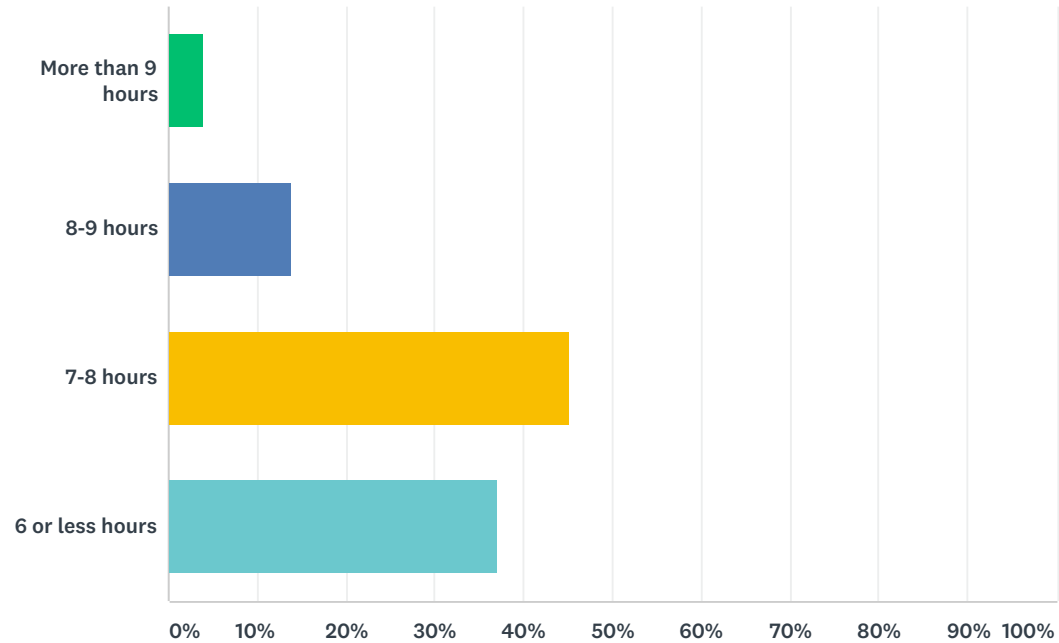
Answered: 1,697 Skipped: 0



ANSWER CHOICES	RESPONSES
Leave the current bell schedules as they are, with the above start and finish times, in the 2018-19 school year.	54.39% 923
Consider changing bell schedules for Nyack Schools in the 2018-19 school year to the proposed bell schedules, as follows: Nyack High School would start at 8:19 am (49 minutes later) and end at 3:05 pm.Nyack Middle School would start at 7:45 am (20 minutes earlier) and end at 2:30 pm.The Elementary Schools would start at 9:05 am (15 minutes later) and end at 3:35 pm.	45.61% 774
TOTAL	1,697

Q5 If you are a HIGH SCHOOL student OR a high school PARENT/GUARDIAN, please answer the following 4 questions. If you are neither, please skip to question #9. How many hours of sleep do you/does your child(ren) get on an average school night?

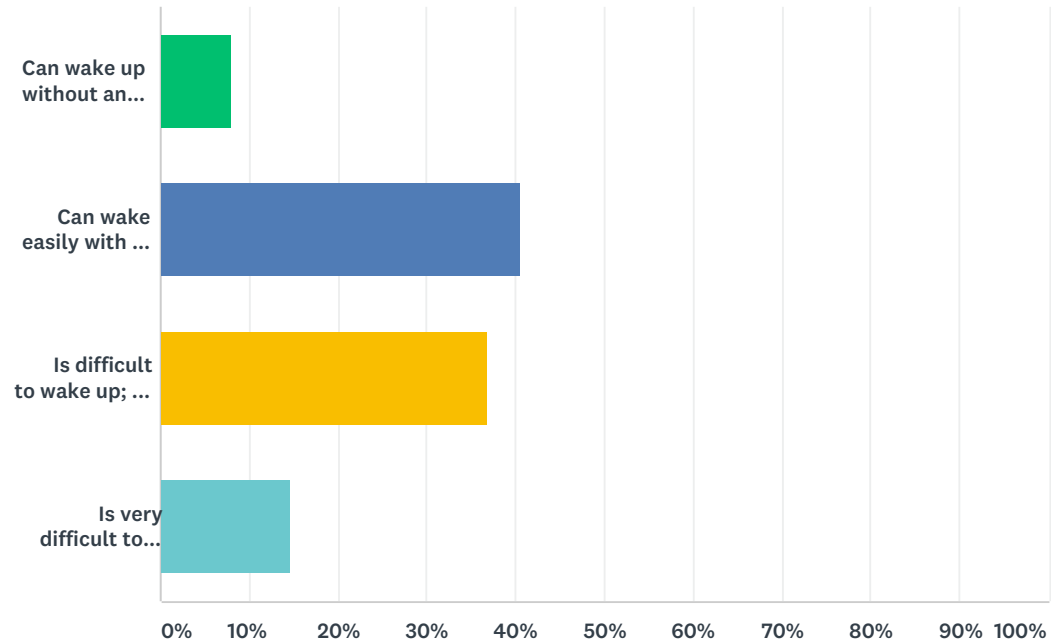
Answered: 1,137 Skipped: 560



ANSWER CHOICES	RESPONSES	
More than 9 hours	4.05%	46
8-9 hours	13.81%	157
7-8 hours	45.12%	513
6 or less hours	37.03%	421
TOTAL		1,137

Q6 Which of the following statements best describes me/my high school child(ren) on most school mornings?

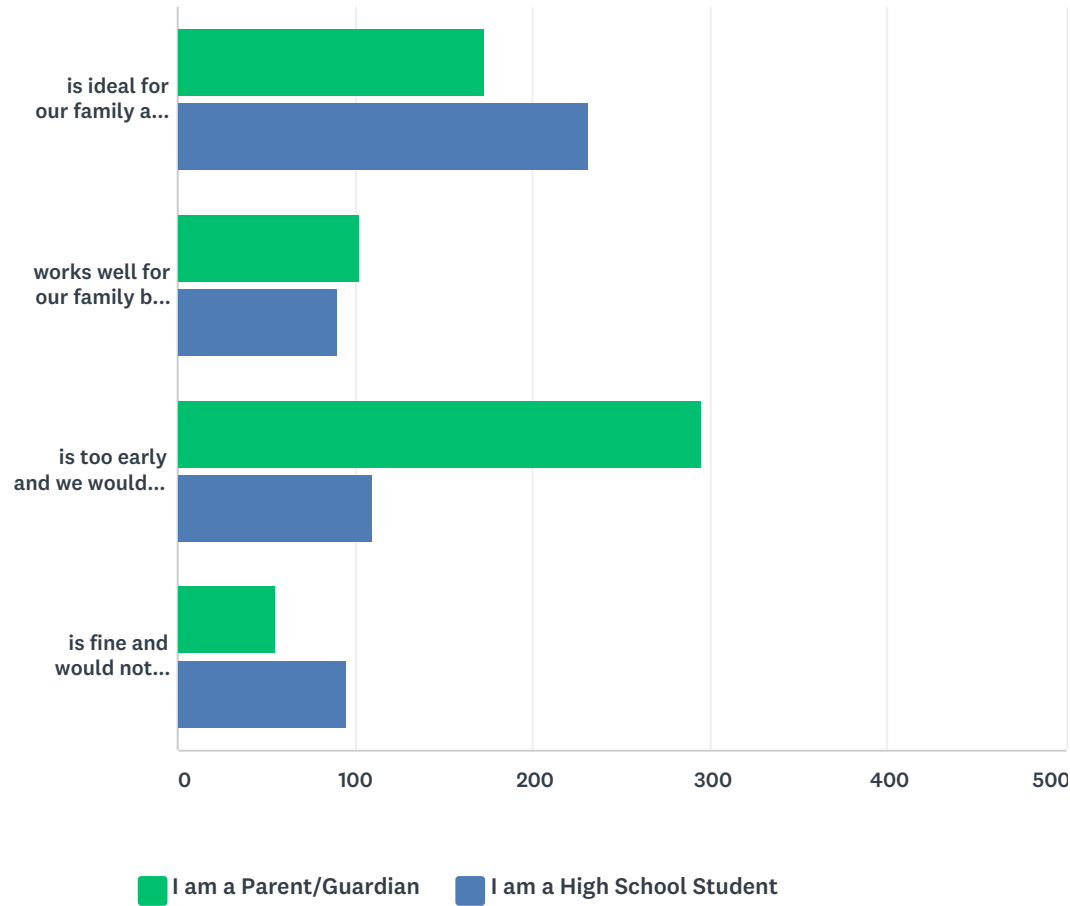
Answered: 1,155 Skipped: 542



ANSWER CHOICES	RESPONSES	
Can wake up without an alarm, alert and ready to start the school day	8.05%	93
Can wake easily with an alarm and with enough time to get ready for the school day	40.52%	468
Is difficult to wake up; a struggle to get up and ready for the school day	36.88%	426
Is very difficult to wake up and often results in being late for school	14.55%	168
TOTAL		1,155

Q7 Please finish the following statement to best describe your opinion: The current bell schedule at Nyack High School, beginning at 7:30am and ending at 2:14pm...

Answered: 1,138 Skipped: 559



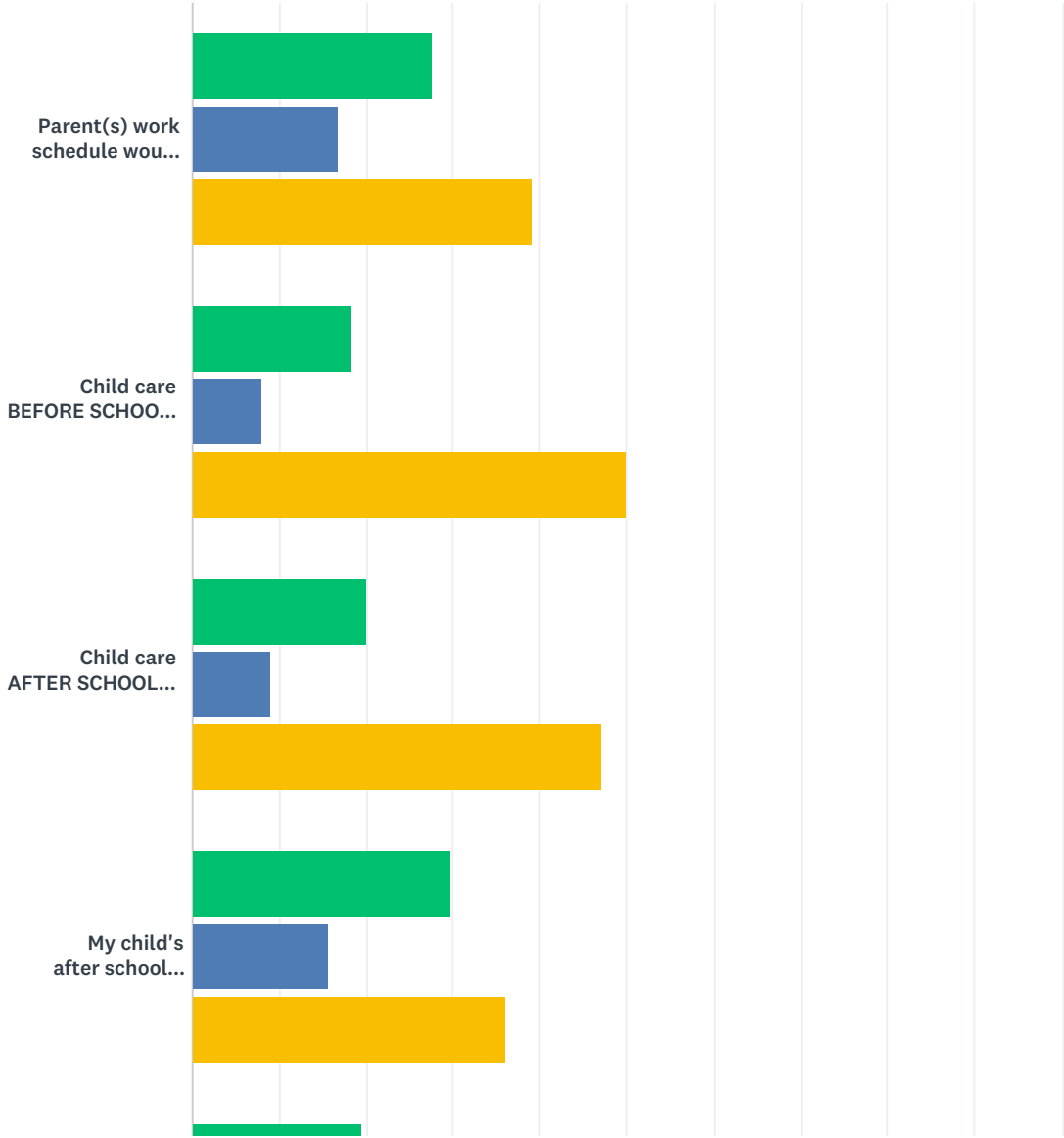
	I AM A PARENT/GUARDIAN	I AM A HIGH SCHOOL STUDENT	TOTAL	WEIGHTED AVERAGE
is ideal for our family and it would be difficult to accommodate the change in schedule	42.82% 173	57.18% 231	404	1.57

Examining School Start Times for Nyack Schools: What Do YOU Think?

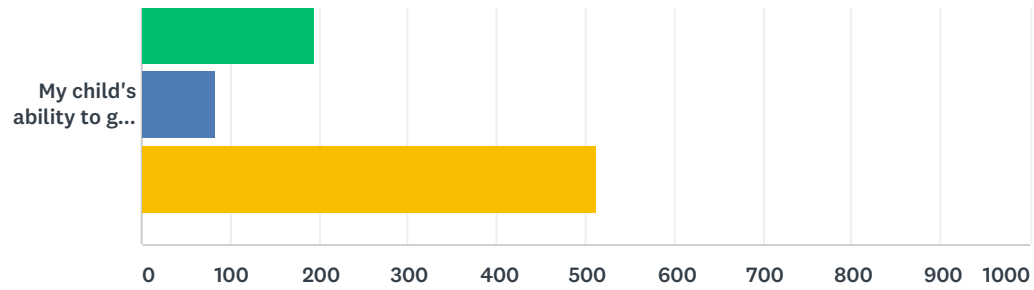
works well for our family but we could adjust to the change in schedule	53.13% 102	46.88% 90	192	1.47
is too early and we would prefer the bell schedule with a later start time	72.84% 295	27.16% 110	405	1.27
is fine and would not matter if it changed to a later start time or not	36.67% 55	63.33% 95	150	1.63

Q8 As the PARENT/GUARDIAN of a high school student, how would a 49 MINUTE LATER start time affect you or your child? Please fill in one circle that best applies for each row:

Answered: 864 Skipped: 833



Examining School Start Times for Nyack Schools: What Do YOU Think?

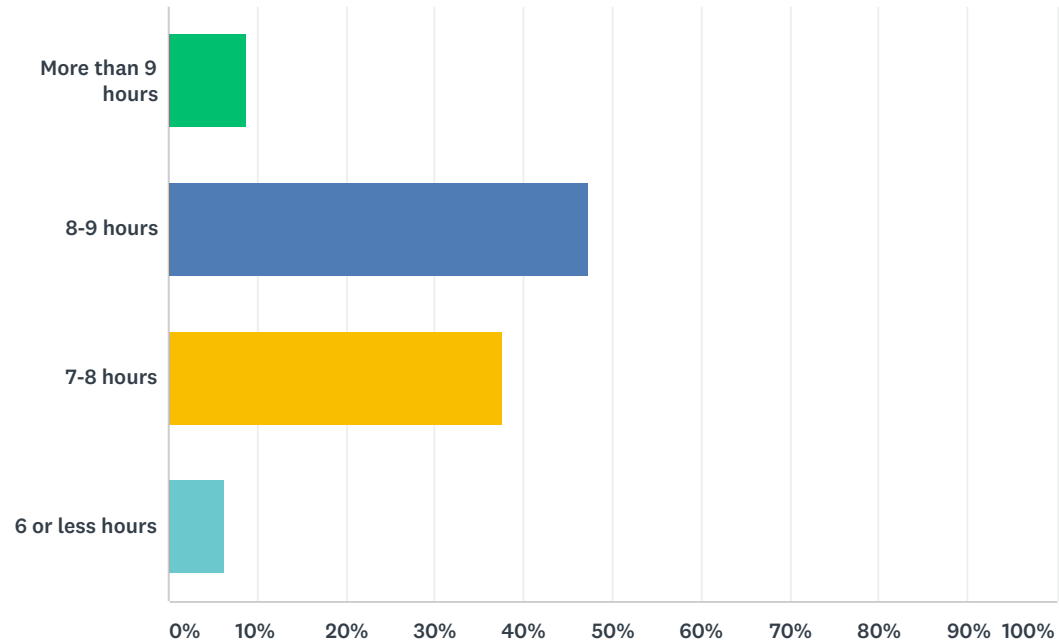


■ Agree
 ■ True to an extent. We could adjust.
 ■ Do Not Agree

	AGREE	TRUE TO AN EXTENT. WE COULD ADJUST.	DO NOT AGREE	TOTAL	WEIGHTED AVERAGE
Parent(s) work schedule would be impacted and make the change difficult.	33.17% 277	20.00% 167	46.83% 391	835	2.14
Child care BEFORE SCHOOL would be impacted and make the change difficult.	24.12% 184	10.48% 80	65.40% 499	763	2.41
Child care AFTER SCHOOL would be impacted and make the change difficult.	26.28% 200	11.83% 90	61.89% 471	761	2.36
My child's after school activities would be impacted and make the change difficult.	36.61% 298	19.16% 156	44.23% 360	814	2.08
My child's ability to get to school on time would be impacted and make the change difficult.	24.65% 195	10.62% 84	64.73% 512	791	2.40

Q9 If you are the PARENT/GUARDIAN of a MIDDLE SCHOOL student(s), please answer the following 6 questions. If you are not, please skip to question 15. How many hours of sleep does your middle school child(ren) get on an average school night?

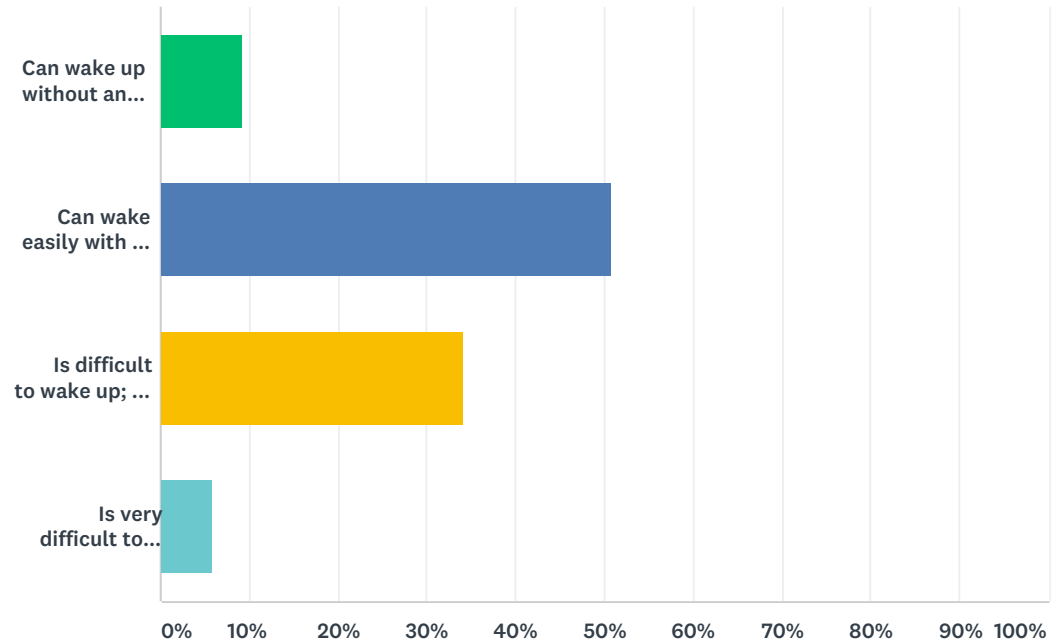
Answered: 442 Skipped: 1,255



ANSWER CHOICES	RESPONSES	
More than 9 hours	8.82%	39
8-9 hours	47.29%	209
7-8 hours	37.56%	166
6 or less hours	6.33%	28
TOTAL		442

Q10 Which of the following statements best describes my middle school child(ren) on most school mornings?

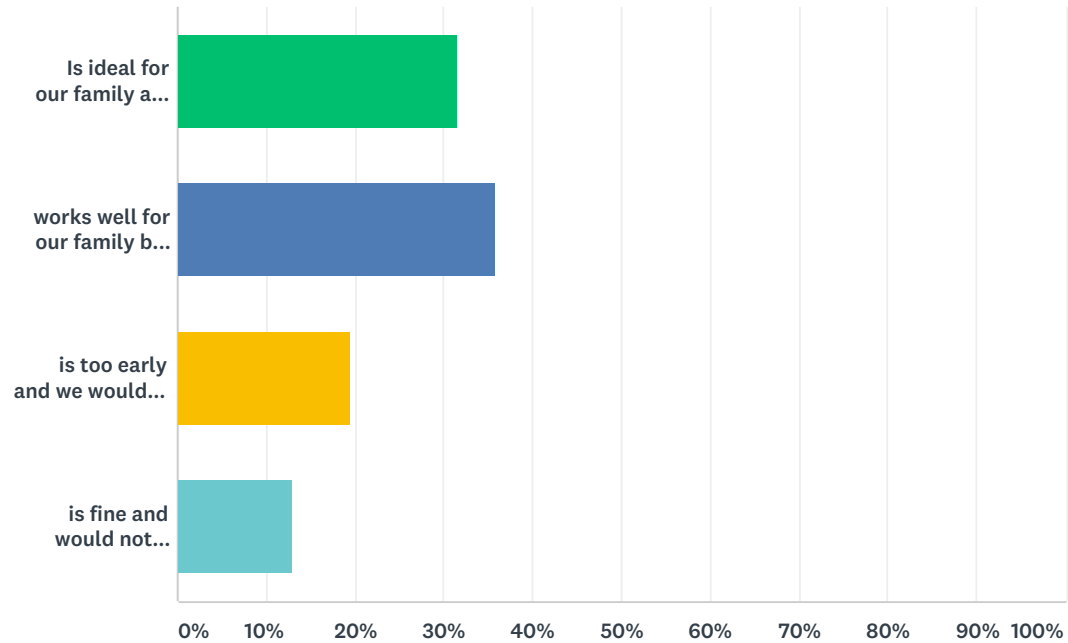
Answered: 445 Skipped: 1,252



ANSWER CHOICES	RESPONSES	
Can wake up without an alarm, alert and ready to start the school day	9.21%	41
Can wake easily with an alarm and with enough time to get ready for the school day	50.79%	226
Is difficult to wake up; a struggle to get up and ready for the school day	34.16%	152
Is very difficult to wake up and often results in being late for school	5.84%	26
TOTAL		445

Q11 Please finish the following statement to best describe your opinion: The current bell schedule at Nyack Middle School, beginning at 8:05am and ending at 2:50pm:

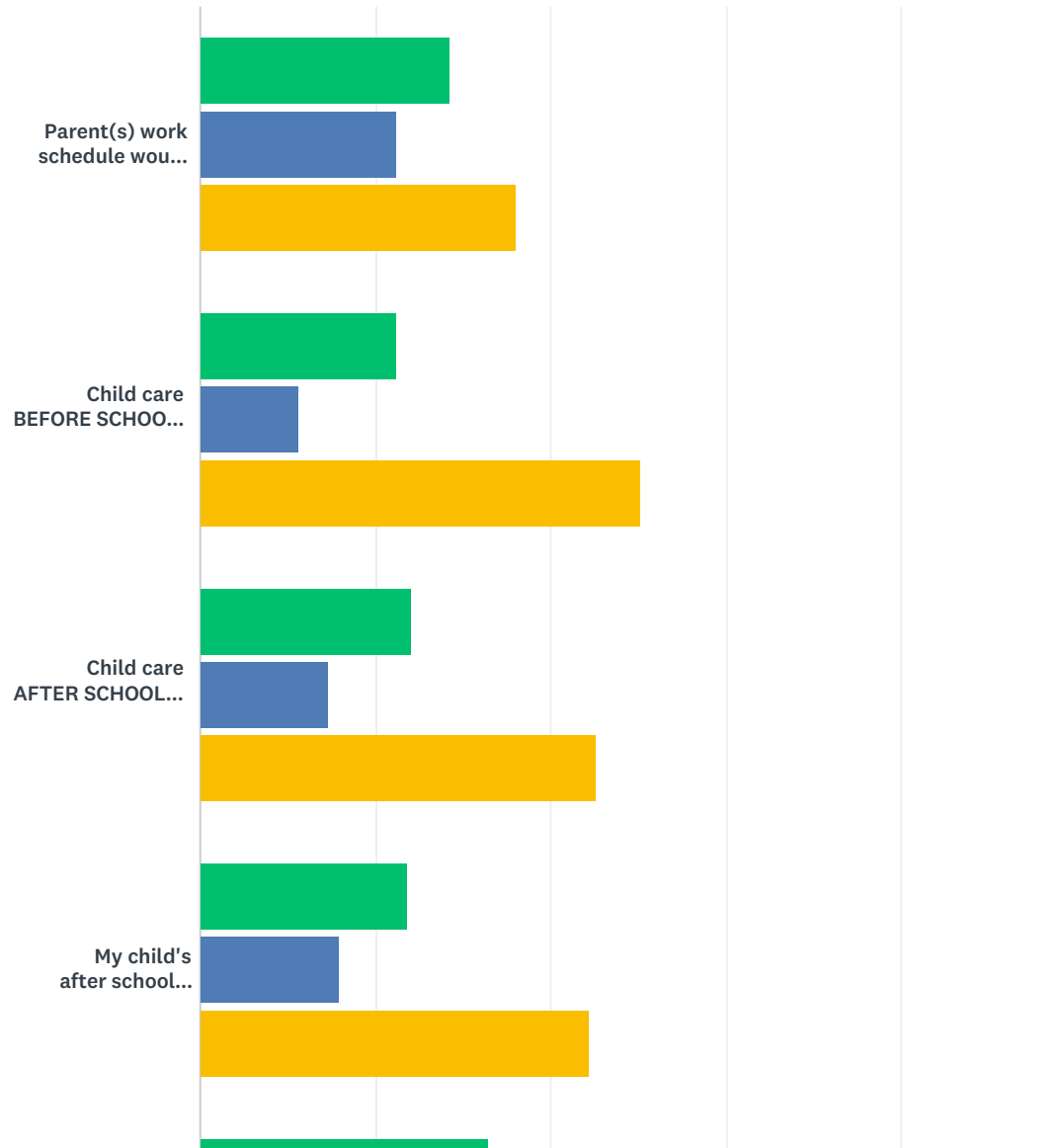
Answered: 455 Skipped: 1,242



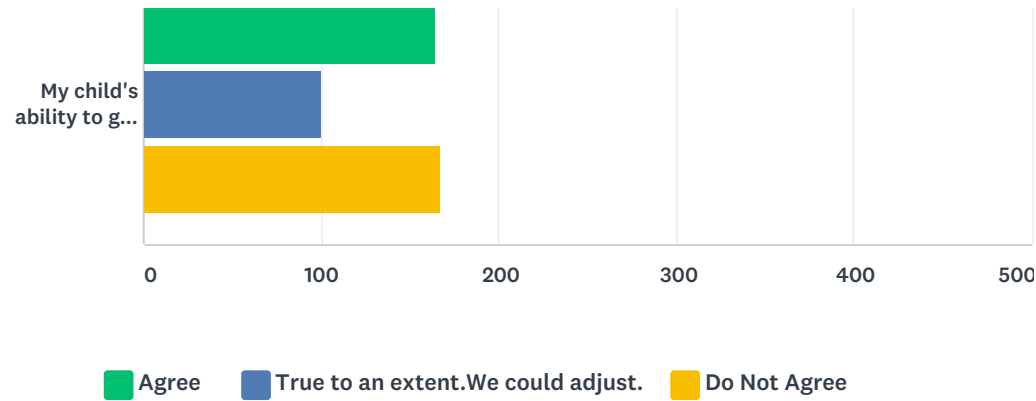
ANSWER CHOICES	RESPONSES	
Is ideal for our family and it would be difficult to accommodate the change in schedule	31.65%	144
works well for our family but we could adjust to the change in schedule	35.82%	163
is too early and we would prefer the bell schedule with a later start time	19.56%	89
is fine and would not matter if it changed to a later start time or not	12.97%	59
TOTAL		455

Q12 How would a 20 minute EARLIER start time of middle school affect your schedule? Please fill in one circle that best applies for each row.

Answered: 452 Skipped: 1,245



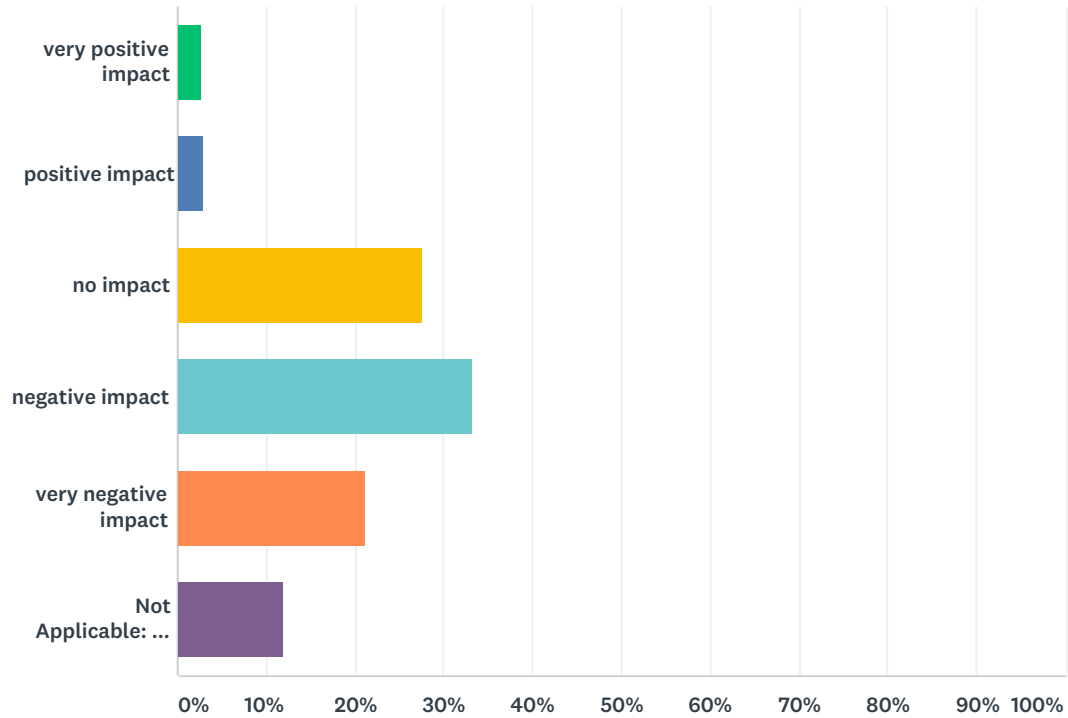
Examining School Start Times for Nyack Schools: What Do YOU Think?



	AGREE	TRUE TO AN EXTENT.WE COULD ADJUST.	DO NOT AGREE	TOTAL	WEIGHTED AVERAGE
Parent(s) work schedule would be impacted and make the change difficult.	32.72% 142	25.81% 112	41.47% 180	434	2.09
Child care BEFORE SCHOOL would be impacted and make the change difficult.	26.67% 112	13.57% 57	59.76% 251	420	2.33
Child care AFTER SCHOOL would be impacted and make the change difficult.	28.64% 120	17.42% 73	53.94% 226	419	2.25
My child's after school activities would be impacted and make the change difficult.	28.10% 118	19.05% 80	52.86% 222	420	2.25
My child's ability to get to school on time would be impacted and make the change difficult	38.05% 164	23.20% 100	38.75% 167	431	2.01

Q13 The change being reviewed, including a 20 MINUTE EARLIER START TIME for Nyack Middle School, would result in school buses arriving at their stops as early as 7:00 am. What impact would this have on your family?

Answered: 462 Skipped: 1,235



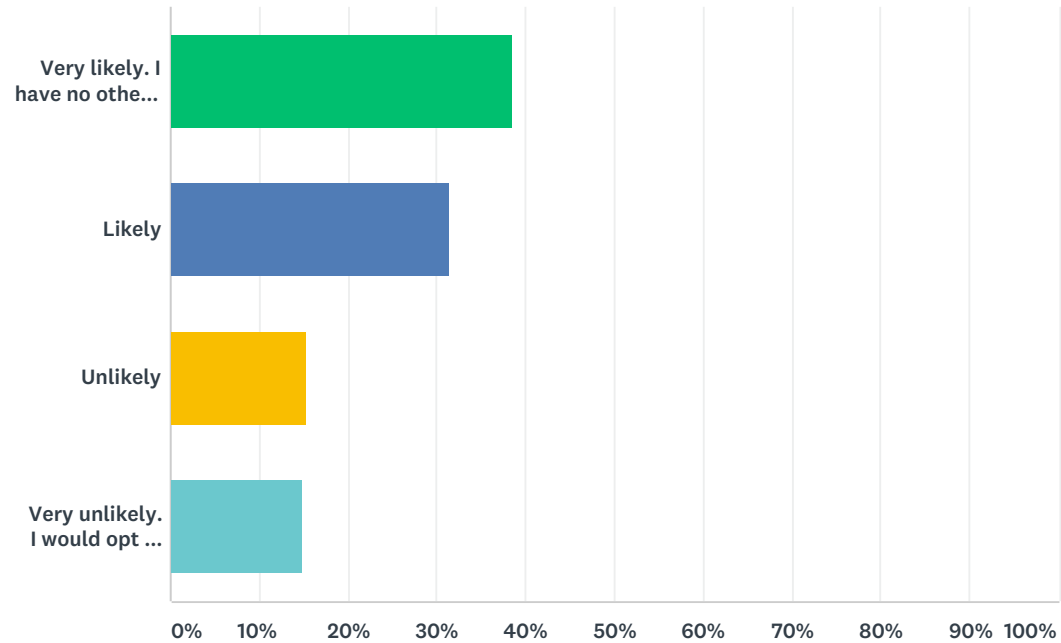
ANSWER CHOICES	RESPONSES	
very positive impact	2.81%	13
positive impact	3.03%	14
no impact	27.71%	128
negative impact	33.33%	154
very negative impact	21.21%	98

Examining School Start Times for Nyack Schools: What Do YOU Think?

Not Applicable: my child is not eligible for bus transportation	11.90%	55
TOTAL		462

Q14 If your middle school child is eligible for bus transportation, how likely would you continue to use it to transport your child to school in the morning?

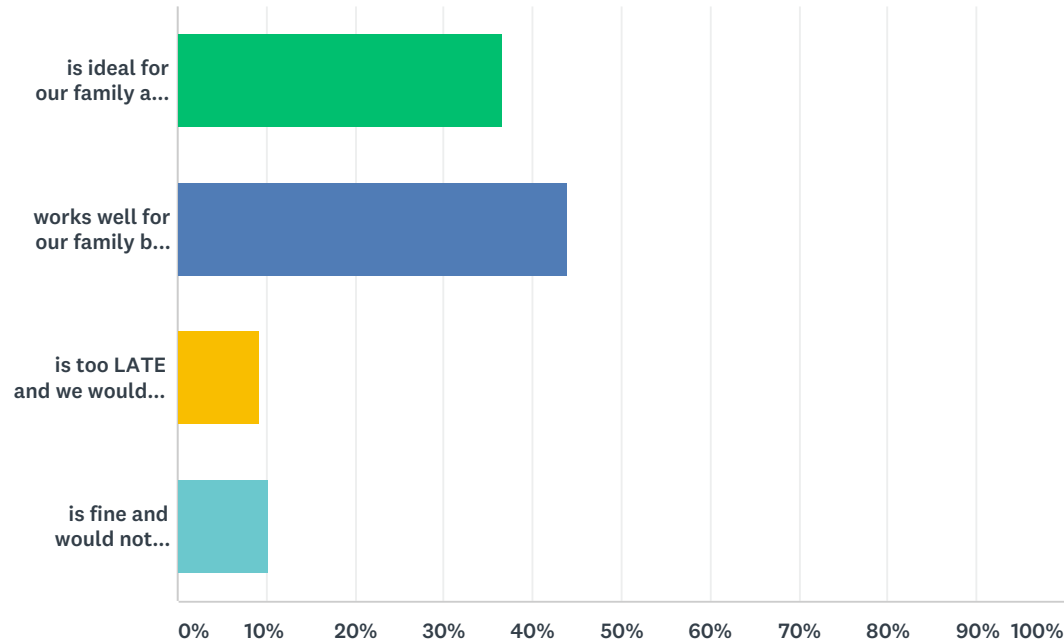
Answered: 413 Skipped: 1,284



ANSWER CHOICES	RESPONSES	
Very likely. I have no other option.	38.50%	159
Likely	31.48%	130
Unlikely	15.25%	63
Very unlikely. I would opt to drive my child to school in the morning	14.77%	61
TOTAL		413

Q15 If you are the PARENT/GUARDIAN OF AN ELEMENTARY STUDENT, please answer the following 2 questions. If you are not, please skip to #17. Please check one box that best applies.
 The current schedule of my child's elementary school beginning at 8:50am and ending at 3:20pm:

Answered: 629 Skipped: 1,068

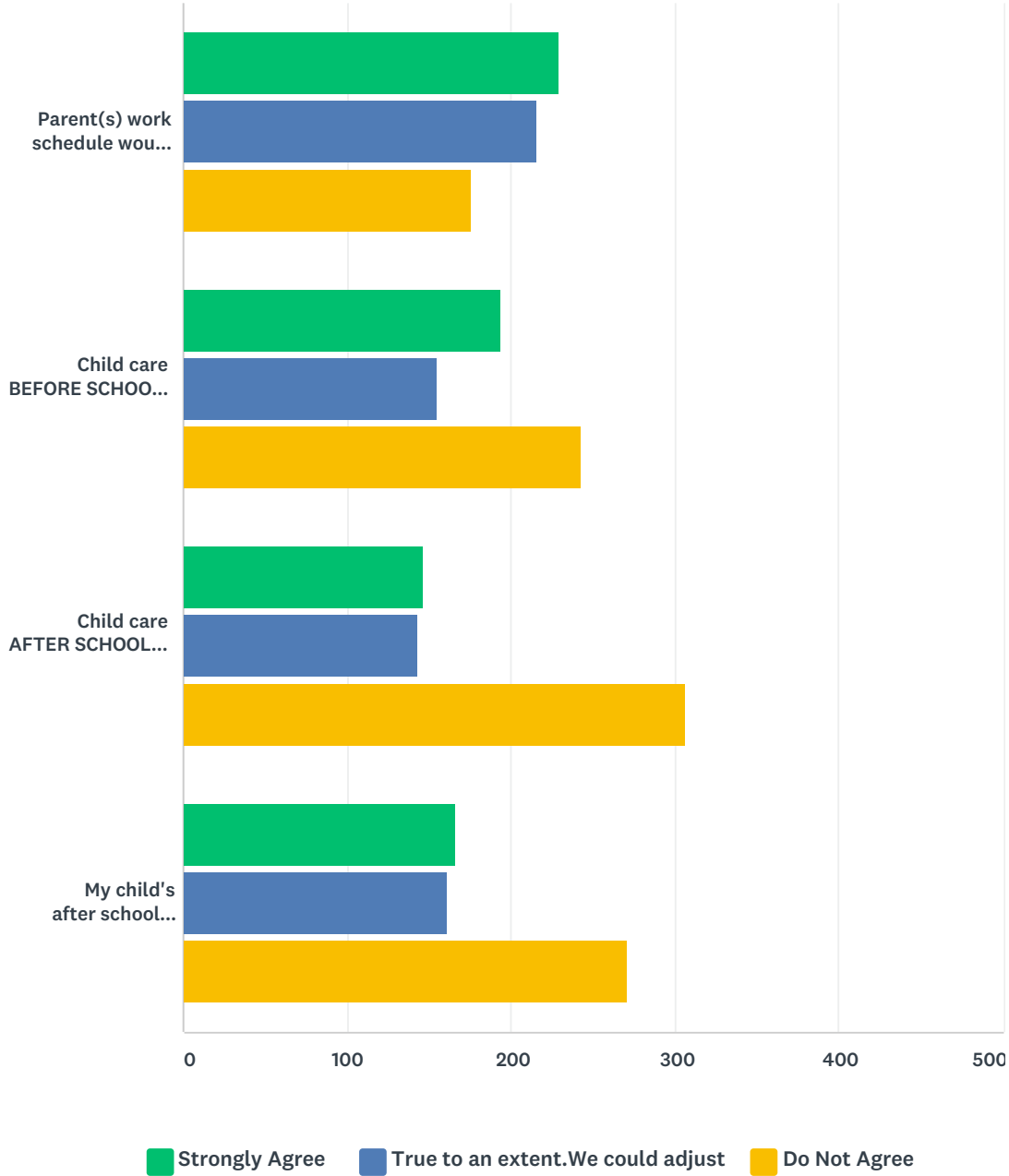


ANSWER CHOICES	RESPONSES	
is ideal for our family and it would be difficult to accommodate the change in schedule	36.57%	230
works well for our family but we could adjust to the change in schedule	43.88%	276
is too LATE and we would prefer the bell schedule the EARLIER start time	9.22%	58
is fine and would not matter if it changed to an EARLIER start time or not	10.33%	65
TOTAL		629

Q16 How would a 15 MINUTE DELAY to the start time of elementary school affect your schedule? Please fill in one circle that best applies for each row.

Answered: 633 Skipped: 1,064

Examining School Start Times for Nyack Schools: What Do YOU Think?



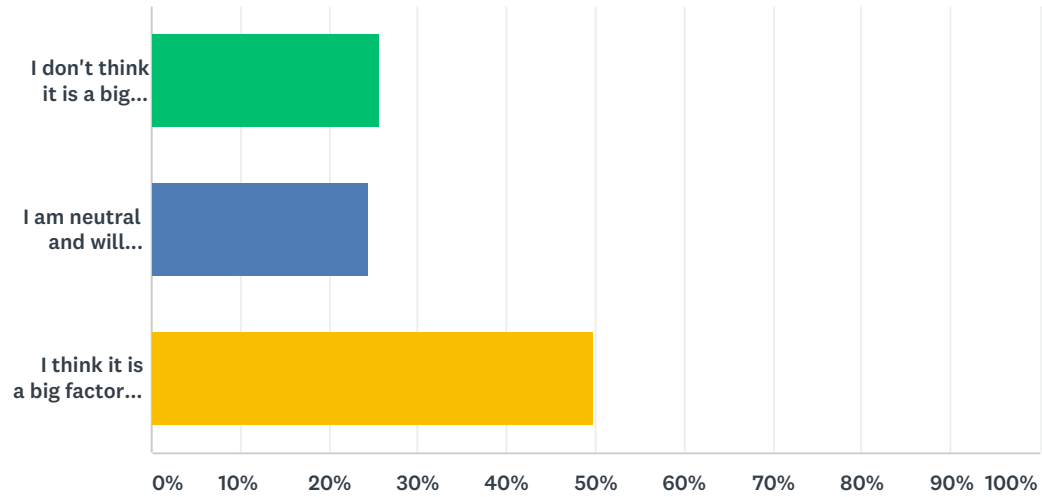
	STRONGLY AGREE	TRUE TO AN EXTENT.WE COULD ADJUST	DO NOT AGREE	TOTAL	WEIGHTED AVERAGE
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Examining School Start Times for Nyack Schools: What Do YOU Think?

Parent(s) work schedule would be impacted and make the change difficult.	36.88% 229	34.78% 216	28.34% 176	621	1.91
Child care BEFORE SCHOOL would be impacted and make the change difficult.	32.77% 194	26.18% 155	41.05% 243	592	2.08
Child care AFTER SCHOOL would be impacted and make the change difficult.	24.54% 146	24.03% 143	51.43% 306	595	2.27
My child's after school activities would be impacted and make the change difficult.	27.76% 166	26.92% 161	45.32% 271	598	2.18

Q17 FOR ALL SURVEY-TAKERS: Please answer the next 3 questions. Questions #20 and #21 are the last ones and optional. My opinion of school start times and their alignment with the needs and biological clocks of students is:

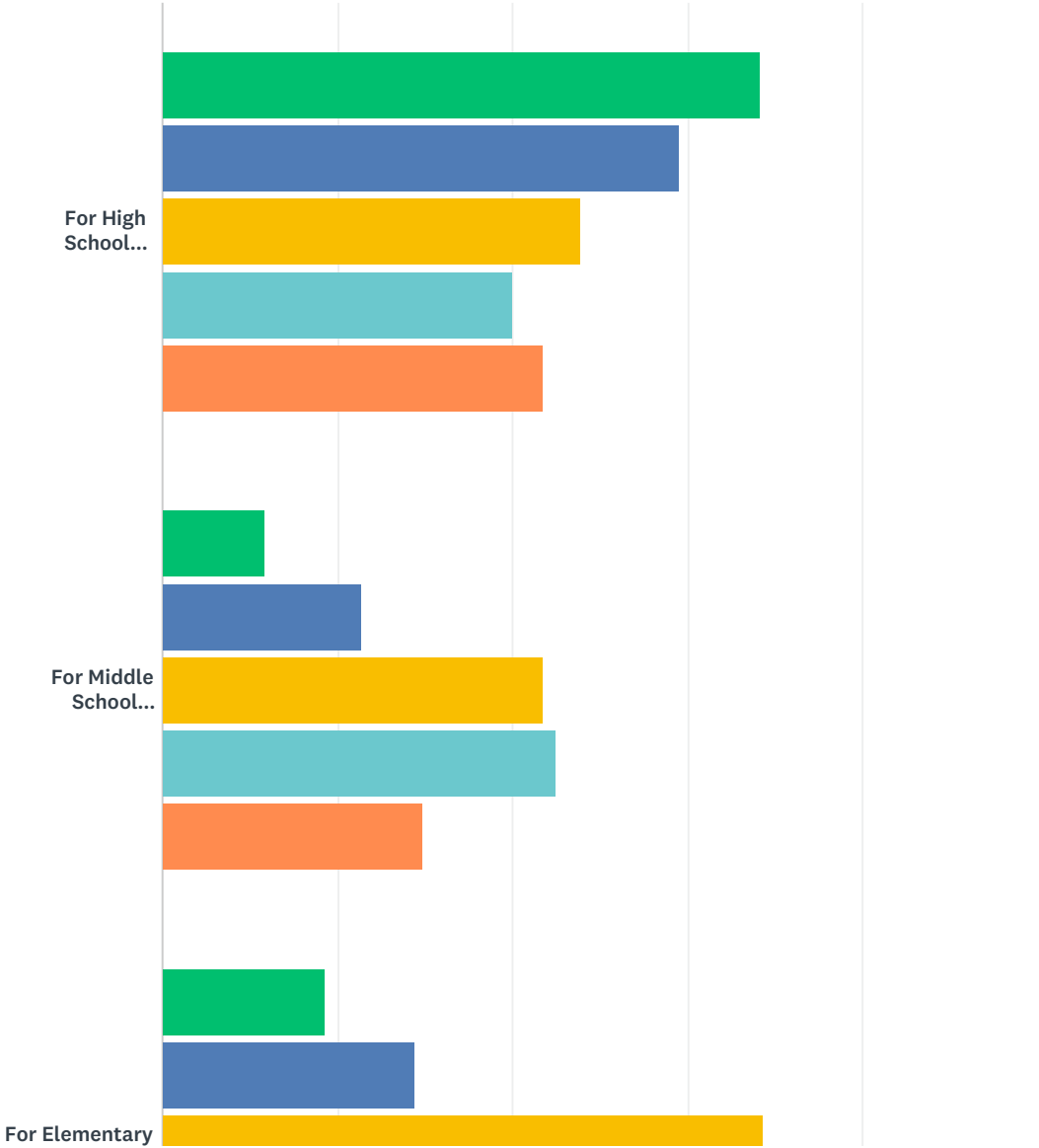
Answered: 1,697 Skipped: 0



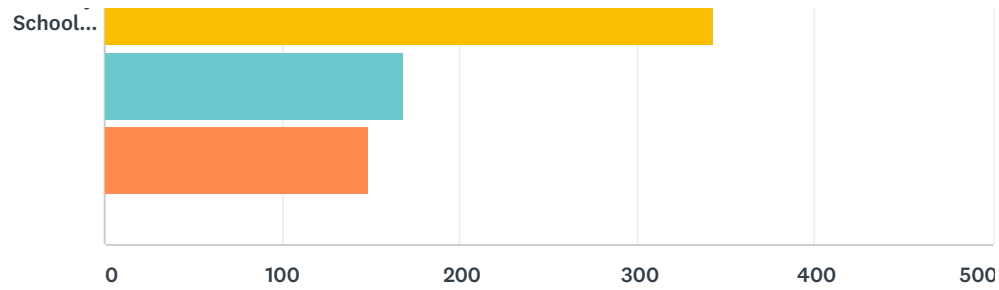
ANSWER CHOICES	RESPONSES	
I don't think it is a big factor in the learning and health of students.	25.81%	438
I am neutral and will support either of the two options that the Nyack School District has to offer.	24.45%	415
I think it is a big factor in the learning and health of students.	49.73%	844
TOTAL		1,697

Q18 Overall, what impact would the proposed change in bell schedules for Nyack Schools in the 2018-19 school year have on you and your family? Please check all that apply.

Answered: 1,697 Skipped: 0



Examining School Start Times for Nyack Schools: What Do YOU Think?



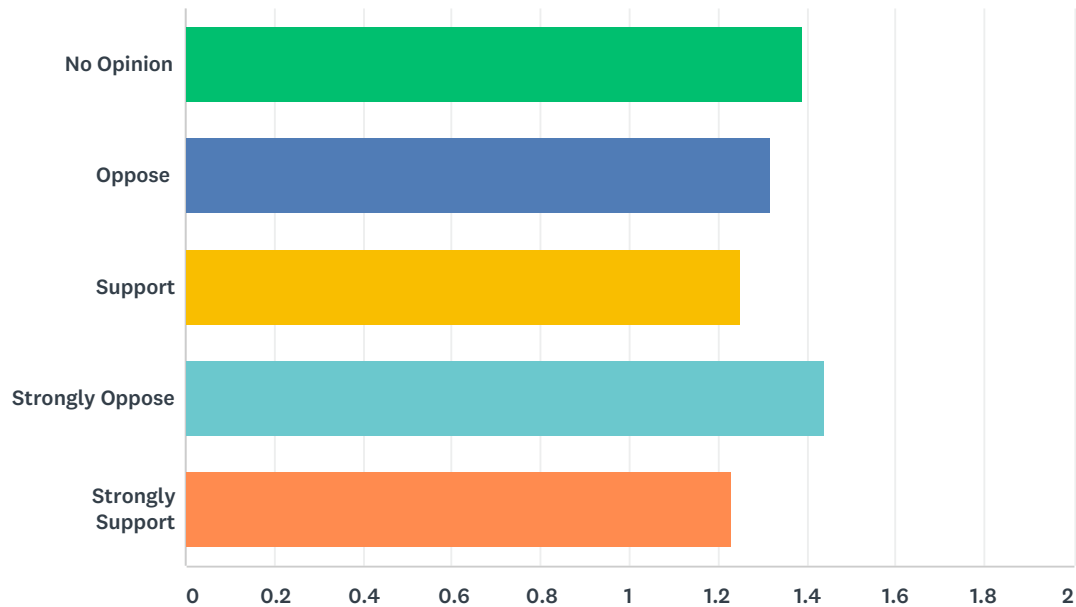
■ Very Positive Impact
 ■ Positive Impact
 ■ No Impact
 ■ Negative Impact
■ Very Negative Impact

	VERY POSITIVE IMPACT	POSITIVE IMPACT	NO IMPACT	NEGATIVE IMPACT	VERY NEGATIVE IMPACT	TOTAL	WEIGHTED AVERAGE
For High School Students/Family	26.39% 341	22.83% 295	18.42% 238	15.48% 200	16.87% 218	1,292	2.74
For Middle School Students/Family	7.71% 59	14.90% 114	28.50% 218	29.41% 225	19.48% 149	765	3.38
For Elementary School Students/Family	10.37% 93	16.05% 144	38.24% 343	18.73% 168	16.61% 149	897	3.15

Examining School Start Times for Nyack Schools: What Do YOU Think?

Q19 How strongly do you support or oppose the following proposed change in bell schedules:-
 Nyack High School would start at 8:19am (49 minutes later) and end at 3:05pm.- Nyack Middle
 School would start at 7:45am (20 minutes earlier) and end at 2:30pm.- Elementary Schools
 would start at 9:05am (15 minutes later) and end at 3:35pm.

Answered: 1,697 Skipped: 0



	I AM A PARENT/GUARDIAN	I AM A STUDENT	TOTAL	WEIGHTED AVERAGE
No Opinion	61.11% 121	38.89% 77	198	1.39
Oppose	68.29% 196	31.71% 91	287	1.32
Support	75.08% 238	24.92% 79	317	1.25
Strongly Oppose	56.48% 257	43.52% 198	455	1.44

Examining School Start Times for Nyack Schools: What Do YOU Think?

Strongly Support

76.87%
349

23.13%
105

454

1.23

Q20 If you could give one suggestion regarding this topic of the bell schedule for start and end times to Nyack Schools, what would it be?

Answered: 793 Skipped: 904

Q21 Please use the space below to submit any additional comments or concerns you may have on the topic of school start times.

Answered: 421 Skipped: 1,276