



## **ARC of Rockland offers many services that will assist you in planning for your child's transition from school to adult life:**

**Planning for the Future** - We can answer questions about SSI, Medicaid and help you to obtain services for your child. Call us if you need help getting Medicaid. We offer **Free Guardianship training**

**Service Coordination** - Is a service for people with Medicaid. The Service Coordinator has the information and expertise to help the individual with a disability and his/her family to locate and receive services and supports in the community. They can help you through the transition process: finding the appropriate program, getting benefits and advocating for your child.

**Discovering Possibilities** - We offer the opportunity to become involved in the community, continue with basic life skills and learn new skills such as cooking, art, dance, and computers. **Franklin Square**, located in Pearl River is our new center for young adults and will also offer job training and placement. We also offer **Hemlock Hub** located in Congers that will meet the more intensive clinical and or medical needs of individuals who are leaving the school program.

**Recreation** – Individuals age 13 and up can participate in our weekly Recreation program with weekend activities including trips. The Friday night TGIF for teens to 21 is a fun dance and also offers the opportunity for parents to meet and join in with other parents on various subjects of their interest.

Our summer day camp provides a fun filled six-week program for those aged 9–12 and 13-21.

**Residential** – Our Residential Services provides comfortable professionally supervised homes in the community. We can help you plan for your child’s needs.

**Respite** – We have two respite houses (Children’s 4-15 and Young Adult 15-Adult) offering care from an afternoon to a week - up to 42 days a year FREE

**Sibling Support** – This group meets twice a month and provides fun activities for brothers & sisters of children with disabilities – the chance to focus on themselves.

**Family Reimbursement** – Is a program that offers reimbursement for goods or services not covered by insurance or other programs.

**If you have any questions regarding benefits or services or would like to visit our programs please contact:**

**Dale Fisher**

**735-5135**

**ARC of Rockland**

**37 Franklin Ave.**

**Pearl River, NY 10965**