

Nyack High Lunch

May 2018

More info...

Choice of 1% White Milk as well as Skim White Milk and Skim Chocolate Milk with each meal.

ALL Milk is Hormone and Antibiotic Free.

All Breads and Rolls offered are Whole Grain products.

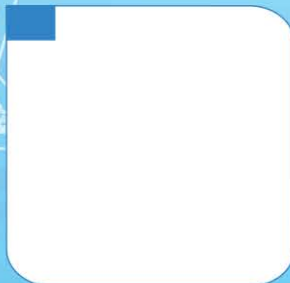
Manage your student's account at:
www.mypaymentsplus.com

More info...

Made to order Deli Bar features Boar's Head Premium Meats.

Fresh Fruit and 100% Juice offered Daily

Student Lunch Price \$2.55



1
Fish Sticks with Macaroni & Cheese
Chicken Bruschetta Melt
Golden Corn, Green Beans
Diced Peaches, Fresh Apple

2
BBQ Pork Riblet Sandwich
Chicken & Bean Burrito
Sweet Potato Fries,
Zucchini
Diced Pears, Banana

3
Mozzarella Sticks w/
Marinara Sauce
Chicken Parmesan Panini
Vegetarian Beans
Celery Sticks
Applesauce, Cantaloupe

4
Chicken Soft Taco
Chili Cheese Dog
Broccoli, Sliced Cucumbers
Apricots, Sliced Apples

7
Beef Quesadillas
Tex Mex Popcorn Chicken
Broccoli
Mashed Potatoes
Fruit Cocktail, Fresh Orange

8
Rotini with Meat Sauce w/
Dinner Roll
Chicken Tenders with
Breadstick
Red Peppers, Green Beans
Diced Peaches, Fresh Apple

9
Southwest Baked Potato
Spicy Beef Tacos
Sliced Carrots, Zucchini
Diced Pears, Banana

10
Meatball Sub
Cajun Chili Fries Bowl
Vegetarian Beans
Celery Sticks
Applesauce, Cantaloupe

11
General Tso Chicken &
Broccoli over Brown
Rice
Beef Nachos
Broccoli, Baby Carrots
Pineapple Tidbits
Sliced Apples

14
Beef Nachos
Grilled Ham & Cheese
Sandwich
Golden Corn
Mashed Sweet Potatoes
Fruit Cocktail, Fresh Orange

15
Chicken Mashed Potato
Bowl
Breaded Fish Melt
Cucumber Slices
Cauliflower
Diced Peaches, Fresh Apple

16
Cheesy Baked Penne
Chicken Quesadilla
Celery Sticks
Sweet Potato Fries
Diced Pears, Banana

17
Tater Bite Chicken
Nachos
Philly Cheesesteak
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe

18
Spicy Beef Tacos
Chicken Quesadilla
Broccoli, Red Peppers
Pineapple Tidbits
Sliced Apples

21
Mozzarella Sticks w/
Marinara Sauce
Chicken Fajita
Golden Corn, Green Peas
Fruit Cocktail, Fresh Orange

22
Grilled Cheese and Bacon
Chicken Parmesan
Sandwich
Red Peppers, Green Beans
Diced Peaches Fresh Apple

23
Orange Popcorn Chicken w/
Broccoli
Chicken Tacos
Sweet Potato Tots, Zucchini
Diced Pears, Banana

24
Chili Mac & Cheese
Chicken Tenders with
Breadstick
Celery Sticks
Vegetarian Beans
Applesauce, Cantaloupe

25
Beef Nachos
BBQ Pork Riblet Sandwich
Broccoli
Sliced Cucumbers
Pineapple Tidbits
Sliced Apples

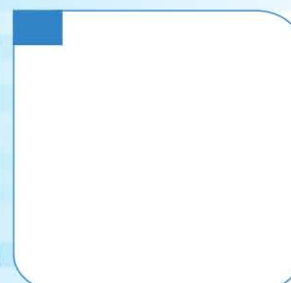
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HAPPY
MEMORIAL
DAY

29
Spicy Popcorn Chicken
Philly Cheesesteak
Mashed Potatoes
Sliced Carrots
Diced Peaches Fresh Apple

30
Penne with Tomato
Alfredo Chicken
Chili Dog
Celery Sticks, Zucchini
Diced Pears, Banana

31
Pizza Sticks with
Marinara Sauce
Sloppy Joe Melt
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe



This institution is an equal opportunity provider.