



Nyack Middle School Lunch Menu February 2019

**Made to order Deli Bar
features Boar's Head
Premium Meats.**

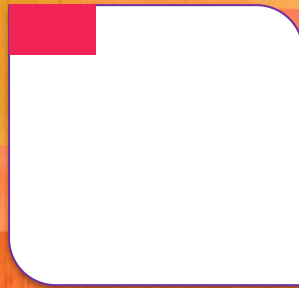
**Fresh Fruit and 100% Juice
offered Daily**

**Student Lunch Price \$2.55
Adult Lunch \$3.80 plus tax**

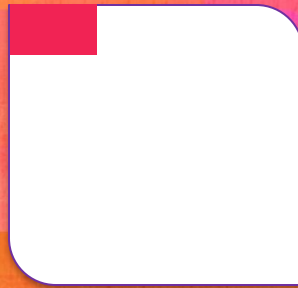
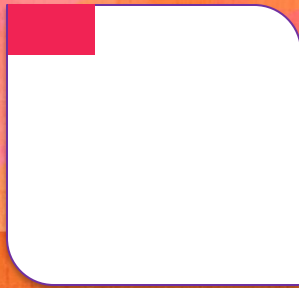
More info...

Manage your student's account at:
www.mypaymentsplus.com

If you have a FOOD ALLERGY please
speak with your Food Service
Director or Lead Server.



**Part Time
Foodservice
positions available
call office for details
845-353-7152**



1
Cajun Chili Fry Bowl
Grilled Turkey and Cheese
Sandwich
Broccoli, Red Pepper Strips
Diced Peaches, Sliced Apples

4
Meatloaf w/ Brown Gravy
Chicken Tenders w/ Roll
Golden Corn, Baby Carrots
Fresh Orange, Fruit Cocktail

5
Cheesy Baked Penne
Korean Beef Tacos
Green Beans
Red Pepper Strips
Fresh Apple, Diced Pears

6
Orange Popcorn Chicken w/
Broccoli over Rice
Cheese Quesadillas
Zucchini
Sweet Potato Tots
Diced Peaches, Banana

7
Mozzarella Sticks w/
Marinara Sauce
Chicken Ciabatta Bacon
Cheddar Melt
Vegetarian Beans
Celery Sticks
Applesauce, Cantaloupe

8
Chicken Bruschetta
Beef Nachos
Sliced Cucumber
Diced Carrots
Diced Peaches, Sliced Apples

11
Chicken Quesadilla
Grilled 3 Cheese Sandwich
Zucchini, Grape Tomatoes
Fresh Orange, Fruit Cocktail

12
Sweet & Macaroni & Cheese
Chicken Tenders w/ Roll
Mashed Potatoes
Sliced Carrots
Fresh Apple, Diced Pears

13
Country Chicken
Nugget Bowl
Grilled Cheese & Bacon
Green Beans, Celery Sticks
Diced Peaches, Banana

14
General Tso Popcorn
Chicken w/ Broccoli
Philly Cheesesteak
Vegetarian Beans
Baby Carrots
Applesauce, Cantaloupe

15
Chicken Ciabatta
Cordon Bleu
Fish Tacos
Broccoli, Sliced Cucumbers
Diced Pears, Sliced Apples

18
**Mid-Winter
Recess**

19
**Mid-Winter
Recess**

20
**Mid-Winter
Recess**

21
**Mid-Winter
Recess**

22
**Mid-Winter
Recess**

25
Chicken Nachos
Grilled Ham & Cheese
Golden Corn, Baby Carrots
Fresh Orange, Fruit Cocktail

26
Chicken Parmesan with
Spaghetti
Sloppy Joe Melt
Cauliflower, Cucumbers
Fresh Apple, Diced Pears

27
Chili Cheese Baked Potato
Meatball Sub
Sliced Carrots, Zucchini
Diced Peaches, Banana

28
Mozzarella Sticks w/
Marinara Sauce
Chili Cheese Dog
Vegetarian Beans
Celery Sticks
Applesauce, Clementine

