

Nyack **High School Lunch Menu** January 2019

Made to order Deli Bar features Boar's Head Premium Meats.

Fresh Fruit and 100% Juice offered Daily

Student Lunch Price \$2.55

More info...

Manage your student's account at: www.mypaymentsplus.com

If you have a FOOD ALLERGY please speak with your Food Service



Orange Popcorn Chicken w/ **Broccoli over Rice**

Cheese Quesadillas

Zucchini **Sweet Potato Tots** Diced Peaches, Banana Mozzarella Sticks w/ **Marinara Sauce**

Chicken Ciabatta Bacon Cheddar Melt

Vegetarian Beans **Celery Sticks** Applesauce, Cantaloupe Chicken Bruschetta

Beef Nachos

Sliced Cucumber **Diced Carrots**

Diced Peaches, Sliced Apples

Chicken Quesadilla

Ranch Chicken & Cheddar Panini

Zucchini, Grape Tomatoes

Fresh Orange, Fruit Cocktail

Macaroni & Cheese

Chicken Tenders w/ Roll

Mashed Potatoes Sliced Carrots

Fresh Apple, Diced Pears

Country Chicken Nugget Bowl

Grilled Cheese & Bacon

Green Beans, Celery Sticks

Diced Peaches, Banana

10

General Tso Popcorn Chicken w/ Broccoli **Philly Cheesesteak**

Vegetarian Beans **Baby Carrots** Applesauce, Cantaloupe 11

Chicken Ciabatta Cordon Bleu

Fish Tacos

Broccoli, Sliced Cucumbers

Diced Pears, Sliced Apples

14

Corn Dog

Chicken Soft Tacos

Golden Corn, Tater Tots

Fresh Orange, Fruit Cocktail

No School

Martin Luther King Jr. Day

Sweet & Sour Popcorn Chicken over Brown Rice

Fish Patty Melt

Green Beans Red Pepper Strips Fresh Apple, Diced Pears

Penne Alfredo w/ Chicken

Chicken Tenders w/ Dinner Roll

Sliced Carrots, Zucchini

Diced Peaches, Banana

17

Pizza Sticks w/ Marinara Sauce

Beef Nachos

Vegetarian Beans **Celery Sticks** Applesauce, Cantaloupe

Beef Lasagna w/ Breadstick

Chicken Cheesesteak

Broccoli, Baby Carrots

Diced Peaches Sliced Apples

Director or Lead Server.



Sandwich

Fresh Orange, Fruit Cocktail

Regents **Exams**

23

Regents **Exams**

24

Regents **Exams**

Regents **Exams**

21

Chicken Parmesan Ciabatta

Beef Quesadillas

Golden Corn, Baby Carrots

Spicy Popcorn Chicken Bowl

Philly Cheesesteak

Green Beans Red Pepper Strips

Fresh Apple, Diced Pears

30

Jumbo Cheese Ravioli's w/ Marinara Sauce

Chicken Tacos

Grape Tomatoes Celery Sticks

Diced Peaches, Banana

31

Beef Nachos

Chicken Tenders with Roll

Campfire Chipotle beans Baby Carrots Applesauce, Cantaloupe

This institution is an equal opportunity provider.