



Nyack Middle School Lunch Menu March 2020

2
Mozzarella Sticks w/
Marinara Sauce

Chicken Tenders with
Dinner Roll

Mashed Potatoes, Broccoli
Fresh Orange, Fruit Cocktail

3
Chicken Parmesan with
Spaghetti

Corn Dog

Green Beans
Red Pepper Strips
Fresh Apple, Diced Pears

4
Chili Cheese Baked Potato

Meatball Sub

Grape Tomatoes, Zucchini
Diced Peaches, Banana

5
Beef Soft Tacos

Cheesy Baked Penne

Vegetarian Beans
Celery Sticks
Applesauce, Cantaloupe

6
Chicken Fajita

Honey Mustard
Chicken Melt

Spinach, Baby Carrots
Raisins, Sliced Apples

9
Nacho Pizza

Beef Nachos

Seasoned Fries
Grape Tomatoes
Fresh Orange, Fruit Cocktail

10
Nacho Pizza

Spicy Popcorn Chicken
Bowl

Cauliflower
Sliced Cucumbers
Fresh Apple, Diced Pears

11
Nacho Pizza

Chicken Hard Tacos

Baby Carrots
Celery Sticks

Diced Peaches, Banana

12
Nacho Pizza

Tater Beef Nachos

Vegetarian Beans
Sweet Potato Tots
Applesauce, Fresh Pear

13
Nacho Pizza

Cajun Chili Fry Bowl

Broccoli, Red Pepper Strips
Raisins
Sliced Apples

16
BQQ Pork Rib Sandwich

Meatloaf w/ Brown Gravy

Golden Corn, Baby Carrots
Fresh Orange, Fruit Cocktail

17
Sloppy Joe Melt

Chicken Nachos

Green Beans
Red Pepper Strips
Fresh Apple, Diced Pears

18
Grilled Cheese & Bacon

Orange Popcorn Chicken
w/ Broccoli over Lo Mein

Sweet Potato Fries,
Zucchini

19
Chicken Ciabatta Bacon
Cheddar Melt

Mozzarella Sticks w/
Marinara Sauce

Black Charro Beans
Celery Sticks
Applesauce, Cantaloupe

20
**Superintendent's
Conference Day**

**No Classes for
Students**

23
Country Fried Steak

Chicken Tenders with
Dinner Roll

Grape Tomatoes
Green Beans
Fresh Orange, Fruit Cocktail

24
Chicken & Waffle Sandwich

Macaroni & Cheese

Corn, Sliced Carrots
Fresh Apple, Diced Pears

25
Chicken Cheesesteak

Beef Tacos

Roasted Eggplant
Celery Sticks
Diced Peaches, Banana

26
General Tso's Chicken
over Brown Rice

Bacon Cheese Burger

Vegetarian Beans
Baby Carrots
Applesauce, Fresh Pear

27
Fish Soft Tacos

Penne Alfredo with Chicken

Broccoli
Cucumber Slices
Raisins, Sliced Apples

30
Beef Salisbury Steak with
Brown Gravy

Mozzarella Sticks w/ Marinara
Sauce
Mashed Potatoes, Broccoli
Fresh Orange, Fruit Cocktail

31
Grilled Cheese & Bacon

Sweet & Sour Popcorn
Chicken over Brown Rice

Corn, Sliced Carrots
Fresh Apple, Diced Pears

32
[Empty menu item]

33
[Empty menu item]

34
[Empty menu item]

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**Made to order Deli Bar
features Boar's Head
Premium Meats.**

**Fresh Fruit and 100% Juice
offered Daily**

**Student Lunch Price \$2.55
Adult Lunch \$3.80 plus tax**

More info...

Manage your student's account at:
www.mypaymentsplus.com

If you have a FOOD ALLERGY please
speak with your Food Service
Director or Lead Server.

