



# Nyack Middle School Breakfast Menu February 2020

A choice of 1% White Milk as well as Skim White Milk available each day for breakfast.

Manage your student's account at:  
[www.mypaymentsplus.com](http://www.mypaymentsplus.com)

All Breads and Rolls offered are Whole Grain products.

Fresh Fruit and 100% Juice Offered Daily

Student Breakfast Price \$1.25

Adult Breakfast Price \$2.25 plus tax

If you have a FOOD ALLERGY please speak with your Food Service Director or Lead Server.



This institution is an equal opportunity provider.

<p><b>3</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>4</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>5</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>6</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>7</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>
<p><b>10</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>11</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>12</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>13</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>14</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>
<p><b>17</b></p> <p><b>Mid-Winter Recess</b></p>	<p><b>18</b></p> <p><b>Mid-Winter Recess</b></p>	<p><b>19</b></p> <p><b>Mid-Winter Recess</b></p>	<p><b>20</b></p> <p><b>Mid-Winter Recess</b></p>	<p><b>21</b></p> <p><b>Mid-Winter Recess</b></p>
<p><b>24</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>25</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>26</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>27</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>	<p><b>28</b></p> <p>Roll with Chicken Sausage, or Bacon Egg &amp; Cheese</p> <p>Choice of Assorted Cereal</p> <p>Whole Grain Donut or Whole Grain Muffin</p>
<p><b>31</b></p>	<p><b>32</b></p>	<p><b>33</b></p>	<p><b>34</b></p>	<p><b>35</b></p>