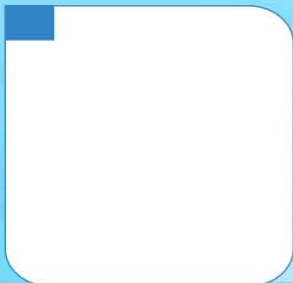
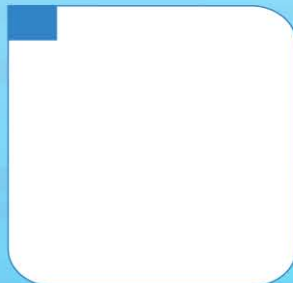
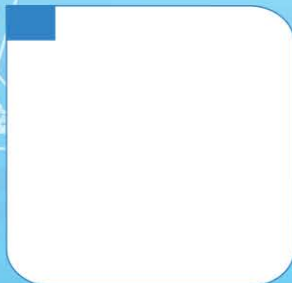


# Nyack High Lunch

## March 2018



**1**

Meatball Sub

Cajun Chili Fries Bowl

Vegetarian Beans  
Celery Sticks  
Applesauce, Cantaloupe

**2**

General Tso Chicken & Broccoli over Brown Rice

Beef Nachos

Broccoli, Baby Carrots  
Pineapple Tidbits  
Sliced Apples

**5**

Beef Nachos

Grilled Ham & Cheese Sandwich

Golden Corn  
Mashed Sweet Potatoes  
Fruit Cocktail, Fresh Orange

**6**

Chicken Mashed Potato Bowl

Breaded Fish Melt

Cucumber Slices  
Cauliflower  
Diced Peaches, Fresh Apple

**7**

Cheesy Baked Penne

Chicken Quesadilla

Celery Sticks  
Sweet Potato Fries  
Diced Pears, Banana

**8**

Tater Bite Chicken Nachos

Philly Cheesesteak

Vegetarian Beans  
Baby Carrots  
Applesauce, Cantaloupe

**9**

**Superintendent's Conference Day**

**No Classes for Students**

### More info...

Choice of 1% White Milk as well as Skim White Milk and Skim Chocolate Milk with each meal.

ALL Milk is Hormone and Antibiotic Free.

All Breads and Rolls offered are Whole Grain products.

**12**

Mozzarella Sticks w/ Marinara Sauce

Chicken Fajita

Golden Corn, Green Peas  
Fruit Cocktail, Fresh Orange

**13**

Grilled Cheese and Bacon

Chicken Parmesan Sandwich

Red Peppers, Green Beans  
Diced Peaches Fresh Apple

**14**

Orange Popcorn Chicken w/ Broccoli

Cheese Quesadilla

Sweet Potato Tots, Zucchini  
Diced Pears, Banana

**15**

Chili Mac & Cheese

Chicken Tenders with Breadstick

Celery Sticks  
Vegetarian Beans  
Applesauce, Cantaloupe

**16**

Beef Nachos

BBQ Pork Riblet Sandwich

Broccoli  
Sliced Cucumbers  
Pineapple Tidbits  
Sliced Apples

### More info...

Made to order Deli Bar features Boar's Head Premium Meats.

Fresh Fruit and 100% Juice offered Daily

Student Lunch Price \$2.55

**19**

Breaded Fish Filet Sandwich

Chicken Nachos

Green Beans, Red Peppers  
Fruit Cocktail, Fresh Orange

**20**

Spicy Popcorn Chicken

Philly Cheesesteak

Mashed Potatoes  
Sliced Carrots  
Diced Peaches Fresh Apple

**21**

Penne with Tomato Alfredo Chicken

Corn Dog

Celery Sticks, Zucchini  
Diced Pears, Banana

**22**

Pizza Sticks with Marinara Sauce

Sloppy Joe Melt

Vegetarian Beans  
Baby Carrots  
Applesauce, Cantaloupe

**23**

Spicy Beef Tacos

Breaded California Ranch Chicken Sandwich

Broccoli, Sliced Cucumbers  
Pineapple Tidbits  
Sliced Apples

**26**

Spaghetti with Meatballs

Chicken Nachos

French Fries, Broccoli  
Fruit Cocktail, Fresh Orange

**27**

Fish Sticks with Macaroni & Cheese

Chicken Bruschetta Melt

Golden Corn, Green Beans  
Diced Peaches, Fresh Apple

**28**

BBQ Pork Riblet Sandwich

Chicken & Bean Burrito

Sweet Potato Fries, Zucchini  
Diced Pears, Banana

**29**

Mozzarella Sticks w/ Marinara Sauce

Chicken Parmesan Panini

Vegetarian Beans  
Celery Sticks  
Applesauce, Cantaloupe

**30**

**Spring Recess**



This institution is an equal opportunity provider.