



# Nyack Elementary Lunch Menu

## February 2019

### More info...

Choice of 1% White Milk or Skim Milk served daily.

Fat Free Chocolate Milk available Tuesday and Thursday

All Milk is Hormone and Antibiotic Free.

Manage your student's account at:  
[www.mypaymentsplus.com](http://www.mypaymentsplus.com)

### More info...

All Breads and Rolls as well as breaded products offered are Whole Grain.

Alternative Meal of String Cheese, Whole Grain Bagel, and Yogurt Cup offered daily.

Student Lunch Price \$2.35  
 Adult Lunch Price \$3.80 plus tax

Part Time  
 Foodservice  
 positions available  
 call office for details  
 845-353-7152

1  
 Grilled Turkey and Cheese Sandwich  
 Cheese Pizza  
 Broccoli, Red Pepper Strips  
 Diced Peaches  
 Sliced Apples

4  
 Beef Nachos  
 Chicken Nuggets with Dinner Roll  
 Golden Corn, Baby Carrots  
 Fresh Orange, Fruit Cocktail

5  
 Cheesy Baked Penne  
 Cheeseburger  
 Green Beans  
 Red Pepper Strips  
 Fresh Apple, Diced Pears

6  
 Cheese Quesadillas  
 Turkey Hot Dog  
 French Fries  
 Zucchini  
 Diced Peaches, Fresh Apple

7  
 Mozzarella Sticks w/ Marinara Sauce  
 Chicken Tenders with Dinner Roll  
 Vegetarian Beans  
 Celery Sticks  
 Applesauce, Cantaloupe

8  
 Fish Filet Sandwich  
 Cheese Pizza  
 Sliced Cucumbers  
 Sliced Carrots  
 Diced Peaches  
 Sliced Apples

11  
 Grilled Cheese Sandwich  
 Chicken Nuggets with Dinner Roll  
 Zucchini, Grape Tomatoes  
 Fresh Orange, Fruit Cocktail

12  
 Macaroni & Cheese  
 Cheeseburger  
 Mashed Potatoes  
 Sliced Carrots  
 Fresh Apple, Diced Pears

13  
 Country Chicken Nugget Bowl  
 Turkey Hot Dog  
 Green Beans, Celery Sticks  
 Diced Peaches, Banana

14  
 Philly Cheesesteak  
 Chicken Tenders with Dinner Roll  
 Vegetarian Beans  
 Baby Carrots  
 Applesauce, Cantaloupe

15  
 Grilled Ham & Cheese Sandwich  
 Cheese Pizza  
 Broccoli  
 Sliced Cucumbers  
 Diced Pears, Sliced Apples

18  
**Mid-Winter Recess**

19  
**Mid-Winter Recess**

20  
**Mid-Winter Recess**

21  
**Mid-Winter Recess**

22  
**Mid-Winter Recess**

25  
 Chicken Soft Tacos  
 Chicken Nuggets with Dinner Roll  
 Grape Tomatoes  
 Celery Sticks  
 Fresh Orange, Fruit Cocktail

26  
 Chicken Parmesan with Spaghetti  
 Cheeseburger  
 Green Beans  
 Red Pepper Strips  
 Fresh Apple, Diced Pears

27  
 Meatball Sub  
 Turkey Hot Dog  
 Sliced Carrots, Zucchini  
 Diced Peaches, Banana

28  
 Mozzarella Sticks w/ Marinara Sauce  
 Chicken Tenders with Dinner Roll  
 Vegetarian Beans  
 Celery Sticks  
 Applesauce, Cantaloupe



This institution is an equal opportunity provider.