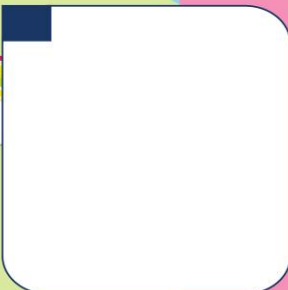




Nyack Elementary Lunch Menu

January 2019



2
 Cheese Quesadillas
 Turkey Hot Dog
 French Fries
 Zucchini
 Diced Peaches, Fresh Apple

3
 Mozzarella Sticks w/
 Marinara Sauce
 Chicken Tenders with Dinner
 Roll
 Vegetarian Beans
 Celery Sticks
 Applesauce, Cantaloupe

4
 Fish Filet Sandwich
 Cheese Pizza
 Sliced Cucumbers
 Sliced Carrots
 Diced Peaches
 Sliced Apples

7
 Grilled Cheese Sandwich
 Chicken Nuggets with
 Dinner Roll
 Zucchini, Grape Tomatoes
 Fresh Orange, Fruit Cocktail

8
 Macaroni & Cheese
 Cheeseburger
 Mashed Potatoes
 Sliced Carrots
 Fresh Apple, Diced Pears

9
 Country Chicken
 Nugget Bowl
 Turkey Hot Dog
 Green Beans, Celery Sticks
 Diced Peaches, Banana

10
 Philly Cheesesteak
 Chicken Tenders with
 Dinner Roll
 Vegetarian Beans
 Baby Carrots
 Applesauce, Cantaloupe

11
 Grilled Ham & Cheese
 Sandwich
 Cheese Pizza
 Broccoli
 Sliced Cucumbers
 Diced Pears, Sliced Apples


14
 Chicken Soft Tacos
 Chicken Nuggets with
 Dinner Roll
 Grape Tomatoes
 Celery Sticks
 Fresh Orange, Fruit Cocktail

15 Breakfast For Lunch
 Chicken Sausages with
 Pancakes
 Cheeseburger
 Green Beans
 Red Pepper Strips
 Fresh Apple, Diced Pears

16
 Pizza Sticks w/ Marinara
 Sauce
 Turkey Hot Dog
 Sweet Potato Fries
 Zucchini
 Diced Peaches, Banana

17
 Grilled Cheese with
 Bacon
 Chicken Tenders with
 Dinner Roll
 Vegetarian Beans
 Celery Sticks
 Applesauce, Cantaloupe

18
 Sloppy Joe Melt
 Cheese Pizza
 Broccoli
 Diced Carrots
 Diced Peaches
 Sliced Apples

21
 No School
 Martin Luther King Jr. Day


22
 Chicken Parmesan with
 Spaghetti
 Cheeseburger
 Green Beans
 Red Pepper Strips
 Fresh Apple, Diced Pears

23
 Meatball Sub
 Turkey Hot Dog
 Sliced Carrots, Zucchini
 Diced Peaches, Banana

24
 Mozzarella Sticks w/
 Marinara Sauce
 Chicken Tenders with
 Dinner Roll
 Vegetarian Beans
 Celery Sticks
 Applesauce, Cantaloupe

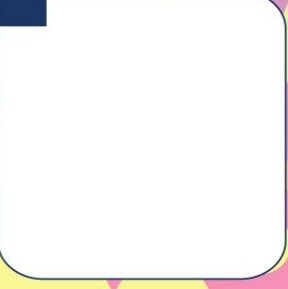
25
 BBQ Pork Rib Sandwich
 Cheese Pizza
 Broccoli, Baby Carrots
 Diced Pears, Sliced Apples

28
 Fish Bites
 Chicken Nuggets with
 Dinner Roll
 Golden Corn, Tater Tots
 Fresh Orange, Fruit Cocktail

29
 Popcorn Chicken Bowl
 Cheeseburger
 Cauliflower
 Sliced Cucumbers
 Fresh Apple, Diced Pears

30
 Jumbo Cheese Ravioli's w/
 Marinara Sauce
 Turkey Hot Dog
 Grape Tomatoes
 Celery Sticks
 Diced Peaches, Banana

31
 Beef Nachos
 Chicken Tenders with
 Dinner Roll
 Vegetarian Beans
 Baby Carrots
 Applesauce, Cantaloupe



More info...
 Choice of 1% White Milk or Skim Milk served daily.
 Fat Free Chocolate Milk available Tuesday and Thursday
 All Milk is Hormone and Antibiotic Free.
 Manage your student's account at:
www.mypaymentsplus.com

More info...
 All Breads and Rolls as well as breaded products offered are Whole Grain.
 Alternative Meal of String Cheese, Whole Grain Bagel, and Yogurt Cup offered daily.
 Student Lunch Price \$2.35



This institution is an equal opportunity provider.